



What has become of this old grist mill?
See Mystery History page 11.



This story will warm your heart.
See Equestrian News page 8.



Downtown Havre de Grace.
See Daytripper page 13.



Maryland Express Girl's
Fast Pitch Softball
See Youth Sports page 15.

The Monocacy MONOCLE

Keeping An Eye On Local News

A Biweekly Newspaper

July 16, 2004

Volume 1, Number 9

White's Ferry

By Mary Ann Kephart
Special to the Monocacy Monocle

"Welcome to Historic White's Ferry," painted across a hospitable-looking gateway, invites us to a modern ferryboat waiting to take us, in our cars, across the Potomac to Virginia. Approaching the ferry, we pass an abandoned metal bridge, remnants of stone foundations of a granary, an old ferryboat named "General Jubal Early" that is parked high and dry, a building with flood-level markings on its wall, some picnic tables, a few small boats and canoes ready to be enjoyed.

White's Ferry is located miles west of Poolesville on Maryland Route 107, White's Ferry Road. The landing in Loudoun County, Virginia, is three miles from Leesburg on Virginia Route 65, also called White's Ferry Road, leading to Route 15.

As settlement in this northwestern part of Montgomery County was taking place, Loudoun County was being settled at about the same rate. In the late 1700s, travelers and commerce between the states depended on ferries to cross the Potomac River. Local residents crossing the river to visit families and friends used ferries

or small boats. When we travel across the river today, we are continuing this historic heritage.

The land at White's Ferry was once part of three tracts: Discord, Accord, and Concord. Along the Potomac River was Discord, a long, narrow strip patented by Isaac Hite (or Hyte) of Virginia in 1748 for 215 acres. Just east of it was Accord, also long and narrow, 400 acres taken up in 1732 by James Edmonston and William Cumming. Farther east was

Concord, a huge tract, patented to Daniel Dulaney in 1722 for 1106 acres.

It is said that in the Colonial period there was a ferry where White's Ferry is located today, but we cannot be sure. We do know that quite early someone decided it was an excellent location for a ferry across the Potomac River—deep enough to carry a boat, shallow enough for a man to pole a raft across, and where the river

— continued on page 4



Captain Steve Poger guides the ferry to shore.

Swim for Sarah

Have they been knocking on your door? For the second annual Swim for Sarah taking place on Wednesday, July 28, from 5:00 to 10:00 P.M., swimmers from the Poolesville Piranhas Swim Team, and other swimmers, have started collecting donations and pledges from sponsors.

Last year, over \$30,000 were raised in the first ever Swim for Sarah. While this outpouring of support was amazing, it's more - "It is a wonderful community event which is a lot of fun for everyone, and in allowing for some good to come of Sarah's tragic death, Swim for Sarah and the



The Piranhas are ready to Swim for Sarah Auer.

— continued on page 4

Editorial

This is the summer vacation edition of *The Monocacy Monocle*. This is also our ninth edition, which means nothing except that we have had eight editions before it. I tried for deep meaning for the number nine—the ninth inning, nine planets, nine lives, the Supreme Court—but they all seemed too final. We're ecstatic to be heading towards number ten.

We have slowed down for the summer in deference to the season, and our biweekly has temporarily devolved into a tri-weekly. Our next issue will be out four weeks after that. We will repeat that interval one more time into September, at which time we will resume—refreshed and invigorated—our biweekly publication schedule.

I love the summer months with great passion and like many of you I am appalled at how quickly the glorious weeks of summer elapse. I even hesitated to use the word September in a July edition. Can back-to-school be far behind? However, September will bring Poolesville Day, which I hope our not-from-Poolesville readers will consider. Poolesville is the (unofficial) seat of the Western

Upcounty, and convenient to Southern Frederick County, so Poolesville Day is truly a regional rather than just a town event—and worth checking out. *The Monocle* is in discussions with the powers-that-be to publish a special Poolesville Day edition—more on that when the August edition comes out. The Day should be an all-time event.

With regard to this edition of *The Monocle*, we know you will enjoy Mary Ann Kephart's piece on White's Ferry, which is truly a Monocacy region landmark and treasure. (Much better than another bridge in so many ways.) We hope you will enjoy waiting for each installment to see how it turns out.

We have also provided excerpts from the journal of a Montgomery County expatriate as he bicycles with his son through the Midwest and down the middle of this great country. He's out there now, so we don't know how it will turn out.

We also hope you enjoy Debby Lynn's article about the little donkey. In these stressful times please be assured that we will run an article about a cute little elephant as soon as possible.

We also have a question. On page

three we present a Poolesville poem, in all its saccharine glory, from the Poolesville Sesqui-Centennial of 1954. Two Poly Sci majors did the arithmetic and came up with 2004 as a Bicentennial. Is there something going on that we don't know about?

A final note, and an apology. We have published two fine photographs from local photographer Ed Lundsford without proper attribution. The first, in our April 16 edition was of a group enjoying a lecture on "The Trails of Jeb Stuart." The second was in our June 25 edition and featured the Poole Family reunion. We neglected to include a credit both times. Ed, if you're still talking to us, we love your work and want more of it. We promise to do better.

— by John Clayton

Rande(m) Thoughts

By Rande Davis

Remembering the Fourth

We just celebrated the Fourth of July, and once again my thoughts centered on two re-occurring themes.

First, it *really* is so wonderful to be living in this area. Think about it. We not only have the world-class Fourth of July festivities just down the road in DC but also up the road at the Baltimore Harbor. We also have locally super parades and celebrations in Rockville and in Frederick. We chose to go Frederick this year and got a free concert by five-time Grammy winner, B.J. Thomas. Even with the rain storm coming early, his "Rain Drops Keep Falling On My Head" is second only to "Don't Worry, Be Happy" among the light, good-time tunes that keep us smiling and whistling.

The second theme, of course, is the importance of taking this special time to remember the blessing of being Americans. To always remember that even in the "heat of this campaign" staying focused on the fact that neither John Kerry nor President Bush is THE ENEMY, and, finally, to make sure our prayers for the troops are for their purpose as well as their safety.

Just as I was trying to come up with something at least semi-profound to offer our readers my son, Major Sean Paul Davis (1st Calvary, Camp Taji, Iraq) emailed the following note from Colonel Lloyd Miles to the brave soldiers under his command. Army units have nicknames and theirs is "Warriors." For me,

Colonel Miles' note says it all. And, even though it is past the Fourth let me shout out a Happy Fourth of July to all our readers anyway.

MEMORANDUM FOR: Soldiers of the Warrior Brigade Combat Team
SUBJECT: Warrior Note #5

Today, sovereignty was transferred from the Coalition Provisional Authority to the new Iraqi government. Winston Churchill once wrote, "This is not the end. It is not even the beginning of the end. But it is the end of the beginning." His words, written during another great conflict several decades ago, are very appropriate to the events unfolding in Iraq today. You are forever a part of this nation's history now. Your personal sacrifice in this tortured land has enabled a new nation to be born.

In a few days, Americans all over the world will celebrate our own Independence Day. Like many of you, my mind is filled with the pleasant memories of past holidays... of home and family... of outdoor barbecues and baseball games. As Americans, we have so much to be thankful for: A land blessed with abundant resources; a country rich in people and cultures, and a nation that believes in the unalienable rights of man.

We should give thanks for the courage of our forefathers. During the first Independence Day, the Continental Army was engaged in a difficult struggle. The conditions were harsh; supplies were low; and the future of the new republic seemed to hang by a thread. By the grace of God and the determination of those patriots, their dream became a reality. Sometimes, I wish they could see what has become of their dream. I believe they would be impressed by the wealth of our country, the global strength, and the technological advances. I also believe, however, that they would be proudest of you, the American soldier, and the ideals that you represent to the rest of the world.

Dr. Martin Luther King once wrote, "The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy." If that is the true measure of a man, then for the rest of your life, you will be able to say that once upon a time, you stood in the storm and devoted your life in a noble cause.

A hundred years from now, when the history of America is written, we will be remembered as a great nation not because of our wealth or military strength. History will say that we were a great nation because of the principles and values that we hold so dear; that we gave of our material wealth to help countries that were less fortunate than our own; and that at times, the nation committed its sons and daughters to defend the cause of liberty and justice around the world.

So, as Independence Day approaches, I just want to thank you for your service to our nation. I am so proud to be counted among your numbers. In the challenging days ahead, remember to stay focused. Be tough. Be disciplined.

Warriors!

Lloyd Miles, COL, IN Commanding

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Keeping An Eye On Local News

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Family Album

Family Album is sponsored by Selby's Market Film Developing Service



Frederick's July 4th children's concert in Baker Park.



Adamstown residents celebrate during the Carroll Manor VFD Carnival.



B.J. Thomas at Frederick's July 4th celebration.



Dickerson's Kathy Viessmann and guests enjoy the Historic Medley Art Show held during the Montgomery County Heritage Days.



The Sagebrush Kid, Jebediah T. Green and Muad Dib stand ready at the Single Action Shooters Society State Championships hosted by the Izaak Walton League Wildlife Achievement Chapter.

Poolesville Sesqui-Centennial Celebration

1804-1954

"POOLESVILLE"

By the BENTZTOWN BARD (FOLGER MCKINSEY)

Not far away, old Sugar Loaf
Rears lofty to the skies,
And through Montgomery's rolling fields
The voice of beauty flies.
Not far away Potomac flows
And the old canal's asleep—
And every garden has a rose
And here the old dreams creep.

Old churches, gentle memories,
Schools, stores — and over all
The fragrance of the old estates
With stained and ivied wall.
Phantoms of wars long fought and done,
The saber's gleam, the shot—
And shadows of old village folk
None ever have forgot.

Oh, village 'mid the miles of wheat,
The corn, the rye, the grass,
No longer through your ancient road
The lumbering coaches pass;
But ever looking down on you
The mountains guard your rest—
Sweet Poolesville, with a rose to dream
Upon your quiet breast.

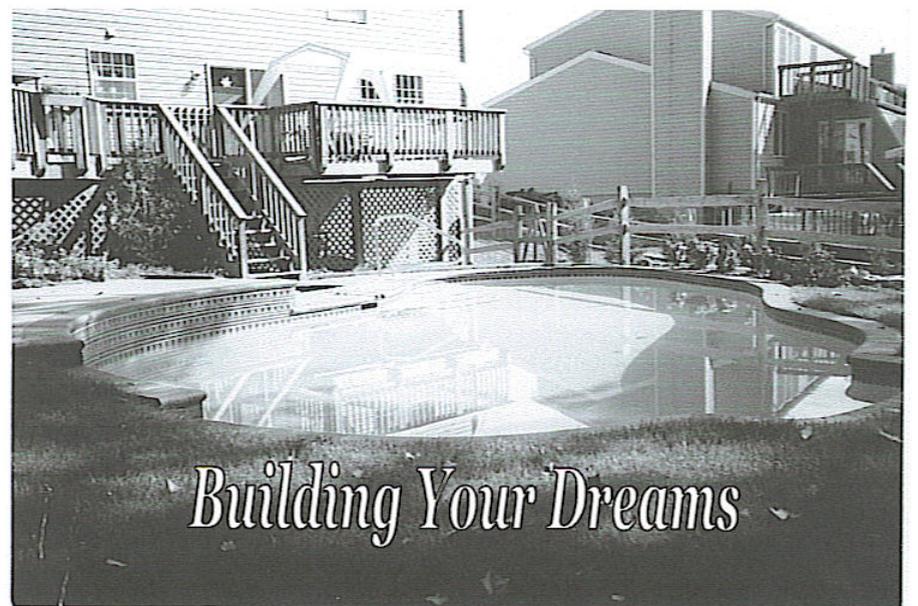
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White's Ferry continued —

was tranquil enough for a safe crossing.

As early as 1786 a man named Conrod Myers was operating a ferry at this location. He was in the county at the time of the 1776 census and was listed in Sugarland Hundred as Conrod "Mires," age 38, with his wife Margaret, age 45, and children John, 11, and Mary, 10. He served as a private in the Upper Battalion of the Maryland Militia in the Revolutionary War and the 1783 Maryland General Assessment for Sugarland Hundred notes that Conrod Myers owned no land in the county but has one male slave, age 14 to 45, valued at 70 pounds, and three horses, six cattle and other personal property worth 8 pounds, for a total worth of 95 pounds. At the time of the 1793 Montgomery County assessment of personal property, Conrod no longer had a slave.

Conrod Myer's ferryboat would have carried horses and riders, or a few cattle and pigs, six or eight passengers on foot, a wagonload of farm produce or a carriage. Owning no land, Conrod apparently rented or leased a small part of the tract Discord from Isaac Hite, as it was Discord which lay upon the river.

In November 1781 the Maryland

General Assembly (Ch. 22) enacted "An Act to Regulate Public Ferries." It was decreed that the justices of county courts were required to grant a license for a public ferry at any place then used as such, if they thought a ferry should be kept there and the person was a county inhabitant. Any persons keeping a ferry without a license was to forfeit five pounds for every offense and the court was to determine the price of ferriage for passengers, horses and carriages, what kind of boats were to be kept and "what number of able-bodied and skillful hands" were to be employed in the boats. A copy of the license and prices allowed for ferriage were to be set up in the most public part of the person's house. Every person obtaining a license was to post a bond of 50 pounds, with two sufficient sureties and "faithfully and diligently" keep the ferry from daylight from November 1 to March 1, and from an hour before to an hour after daylight for the residue of the year.

Editor's Note: This article was original published by the Montgomery County Historical Society, and will be serialized in The Monocle by permission of the author.

Swim for Sarah continued —

scholarships it supports help to keep Sarah's memory bright and provide our family with a measure of comfort in our loss," said Sarah's parents, Charlie and Doris Auer.

On December 3, 2002, Sarah Auer tragically lost her life in a car accident. Sarah had been a member of the Poolesville Swim Team for many years, then she was the head coach for four summers. She was also the coach of the senior group for the Rockville Montgomery Swim Club.

In the Monocacy area, the Poolesville Piranhas are the largest organized athletic endeavor ranging in ages from five-year-olds to high school seniors. Sarah had been involved with all facets of this group—she swam with them, laughed with them, played with them, and coached them. The loss of her vitality and spirit was felt throughout the area.

Originally, the Sarah E. Auer Memorial Fund benefited two graduating seniors from Poolesville High School. Ian Buckley went to Clemson, and Kyle Jackson attended the University of Maryland. Swim for Sarah is so successful that more scholarships have been established in Sarah's name. This year Katie Better from Poolesville High School (who will

attend UMBC) as well as one or more graduating seniors who swim for the Montgomery County Swim League will also receive college scholarships.

One of the highlights of last year's Swim for Sarah was the wildly popular silent auction—this year's will prove to be even more exciting. The donations to the auction are varied and interesting, encompassing items and services, but this year there will also be items autographed by multiple Olympic swimmers and national champions including Michael Phelps, Summer Sanders, Lenny Krazelburg, Megan Quann, and others.

Businesses and individuals who have items or services to donate are urged to contact Mary Beth Preuss at 301-349-5912 or Lisa Thompson at 301-349-3769. Swimmers of all ages are also encouraged to participate. It is not required that they be on the swim team. Last year, there were over one hundred twenty-five swimmers from the Poolesville Swim Team who participated, as well as more than sixty-five swimmers from other Montgomery County Swim League summer teams and the Rockville Montgomery Swim Club.



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Tributes

The Knights of Columbus are proud to announce that two first place winners of the annual Substance Abuse Awareness Poster Contest sponsored by the local council won the Maryland State Contest: Elizabeth M. Hayden, a rising seventh grader at John Poole Middle School for the 12 to 14 age group, and Tommy Lenz, a rising fourth grader at Poolesville Elementary School for the 8 to 11 age group. Each contestant wins a \$100 Savings Bond. Also, their posters will automatically be entered in the Knights of Columbus international competition.

In this contest, youths are encouraged to develop an original poster and slogan idea designed to discourage their peers from experimenting with drugs and alcohol. It is an annual competition with winning entries progressing to local, district, state and international levels of competition. Winning Posters at the international level serve as the basis for a series of anti-substance abuse posters, with creative credit going to their artists, to be distributed throughout the countries in which the Knights of Columbus is present.

The Knights of Columbus is an international, Catholic, family, fraternal service organization with more than 1.6 million members in nearly 12,000 local councils. Last year, Knights donated more than 55 million volunteer hours and \$111 million to charitable and benevolent causes, sponsoring projects to benefit the Catholic Church, councils, communities, families and youth. The local Knights of Columbus council sponsoring the contest is Our Lady of Fatima Council No. 6901 representing St. Mary's Catholic Shrine in Barnesville, Maryland and Our Lady of the Presentation Catholic Church in Poolesville, Maryland.

Don't miss a single exciting issue of The Monocle! Send a taste of home to friends, relatives, students, or Military. Annual subscription: \$20.00

Things To Do

July 16-18

Annual Shab Row Street Sale
Frederick City
All Day

July 17

Catoctin Zoo Children's Program
Baker Park - Frederick
7 p.m.

July 19 - July 22

Urbana Fire Department
Community Carnival

July 19-23

VBS Jerusalem Baptist Church
6:30 p.m. to 8:30 p.m.
301-349-5864

VBS United Memorial Methodist
Church-Poolesville
6:30 p.m. - 8:30 p.m.
301-831-8503

July 22

Poolesville Public Library
Tracy Eldridge Presents
Music, Story, Song Party
2 p.m.

July 24

Hyattstown Mill Art Project
Summer Outdoor Movie Night
"The Graduate"
Bring Snacks to Share
Starts at Dusk
301-874-2121

July 25

Concert in the Park
Whalen Commons Poolesville
7 p.m. to 8 p.m.
After Hours Band and
Stage Show

July 26-30

VBS St. Peters Episcopal Church
Poolesville
Experience a 29AD
Judean Market Place
4 p.m. to 6:15 p.m.
Pre-register 301-349-2037

VBS Barnesville Baptist Church
6:30 p.m. to 8:00 p.m.
301-407-0500

VBS Poolesville Presbyterian Church
9:00 a.m. to 12:00 p.m.

July 27

US Army Band Concert
Baker Park - Frederick
7 p.m.

July 28

Swim for Sarah
Western Montgomery
Recreational Pool
5 to 10 p.m. Community Event
Fundraiser and Silent Auction

July 29

Poolesville Library
MC Fair Program
Live animals "See and Pet"
2 p.m.

July 31

St. Mary's 129th Annual Fair and
Chicken Dinner
12:00 p.m. to 7:00 p.m.
St. Mary's Pavilion - Barnesville

Hyattstown Mill Art Project
Summer Outdoor Movie Night
Beatles Movie
Starts at Dusk

Carroll Manor Lions Club at
Buckeystown Methodist Church
Roast Beef and Sweet Corn Dinner
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The Pulse

Odd Fellows in Poolesville

By Herb White

Vice Grand, I.O.O.F. Lodge 97

Many people in Poolesville have noticed the "I.O.O.F." sign on the barber shop and beauty shop building in the middle of town. Most know that I.O.O.F. stands for Independent order of Odd Fellows, but I suspect a lot of folks have wondered who these odd fellows are, and just how odd are they?

They are actually a rather ordinary bunch, and in the past couple of years, "fellows" has been redefined a bit to include quite a few ladies. The "Odd" comes from the days of the founding of the Order in England, about 200 years ago. At that time, the forming of an association whose purpose was to "visit the sick, relieve the distressed, bury the dead, and educate the orphan" was an unusual or "odd" thing.

The first records of the Order in America date from formation of a lodge in New York in 1806. (The members were a rather odd mixture—three boat builders, a comedian, and a vocalist.) Odd Fellowship came to Maryland a few years later, when brother Thomas Wildey and several companions met at the Seven Stars Inn in Baltimore in April of 1819. The "Grand Lodge of Maryland and of the United States of America of the Independent Order of Odd Fellows" was founded in Baltimore in 1821 by Thomas Wildey. Under his leadership the Order grew rapidly to 155 Lodges and over 11,000 brothers.

With the development of various government programs the need for private efforts to aid the sick and distressed, educate the orphans, and bury the dead has diminished in the United States

Today, the larger portion of charitable Odd Fellow's work in America is devoted to enriching the lives of the elderly, supporting medical research, and assisting

students. Lodge # 97 provides two scholarships of \$1000 each to graduating seniors at Poolesville High School, defense bonds to four students for work in the schools' community service programs, and bonds to two Monocacy Elementary and two Poolesville Elementary students. American Odd Fellows support orphanages in several foreign nations.

Pleasant Hill Lodge (Lodge #97) was established in Darnestown on February 13, 1858, later moving to Poolesville around the turn of the century. The Grand Lodges of the various states are governed by the Sovereign Grand Lodge at the national level. Charitable efforts are carried on by individual lodges, and at state and national levels.

So, what has that to do with barber and beauty shops? Odd Fellows are not in the barber and beauty business, although one barber, Whitney Staver, is a member of Lodge 97. Lodge 97 owns the building, and the proceeds from renting the shops and upstairs apartment provide much of our funding. We also hold a fruit sale around Christmas time, and a raffle on Poolesville Day in September.

Two of our most fun community activities in Lodge 97 are the Summer Picnic and the Christmas Party. These are for widows and widowers and other seniors of the community, and are attended by about sixty to seventy guests, as well as lodge members and spouses. There is entertainment and at Christmas, a visit from Santa with candy and gifts for all.

The "New Kids," Patriot Lodge 2, was founded about two years ago, and is growing rapidly. They do not yet have the financial resources with which Lodge 97 has been blessed, but they are a very active group. Several of their members devote a lot of time and energy to the Order's activities at the state level, as well as local projects.

Odd Fellowship is an excellent way to make new friends, learn some things about your town, help the community, and have some fun too.



The Oddfellows # 97 had over 100 people attend their semi-annual widows and orphans picnic at Owens Park.

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**19601 Fisher Avenue (next to the Meadow Lark Inn Restaurant)
Poolesville, Maryland**

Big Board

"Emeralds" – A Teen Night Club

The owners of the Meadowlark Inn are hoping to address the perpetual angst of teenagers in our area— "There is nothing to do in Poolesville." Every Friday evening through September, the restaurant will host a "Teen Nite" filled with music, dance, food, and fun. Emerald's is the name for this special venue at the restaurant located on Fisher Avenue.

Patrice, the in-house DJ, will play music from 9:00 p.m. to 12:00 p.m. There will be a \$5.00 cover charge and those attending have to be from 14 to 20 years of age. Both owners will be there as well as a full adult staff. Of course, this is a fully alcohol-free evening. Food, snacks, sodas and floats will be available for purchase.

Black Rock Summer Concerts

At 8:00 p.m. on Saturday nights Black Rock Center for the Arts (12901 Town Commons Drive, Germantown) will be having their summer concerts on their stage. July 24 has the New Orleans Cajun sound of the Crawdaddies and on July 31 get ready to sing along to the 50s and 60s sounds of "American Song."

Free Fun Family Events

There is a bunch of fun for the whole family coming up in the next few weeks. The free summer music concerts starting at 7:00 p.m. at Whalen Commons have begun and on July 25 local band After Hours provides an energetic stage show with strong lead vocals. Then get ready on August 8 for a foot stomping, finger snapping good time. "Oh Susannah!" puts on a show great for the younger kids with life-sized puppets performing everything from the Charleston to the tango! Then on August 15 the five-piece group Half Shell Band comes to town with many of your favorite classic rock, blues, and pop hits. The summer season will end on August 29 with the Dixieland tunes of "Village Jazz".

PACC Upcoming News

The Poolesville Area Chamber of Commerce is getting ready for their 3rd Annual Golf Tournament on August 6 at the Poolesville Golf Club. To check on the details call 301-349-5743 or email info@pacc.cc. You may also want to mark your calendar for September 4 which is the PCAA's "Clean Up for Poolesville Day" and for the PACC Poolesville Day 5K on September 11.

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Equestrian News

Hannah's New Home

By Debby Lynn

Special to the Monocacy Monocle

Little Hannah got off to a rough start in life. She was born weighing 20 or so pounds. Sounds like a lot, but not if you are a miniature donkey. After she arrived, things got worse. Her dam was too sick to nurse her well. At three days old, Hannah had gotten very little nourishment. Worse yet, she had been injured in her pasture. Her hind legs were painful and swollen.

Enter Dr. Haley Kostinas, who had been called on to attend Hannah's dam. Sadly, it was too late, and the dam died. Her death left a weak baby with special needs. Hannah needed 'round the clock care and lots of medical support if she were to survive.



Little Hannah, only three days old.

Exit Dr. Kostinas, in her Ford Explorer, Hannah huddled in the passenger seat, resting her chin on the armrest. As Haley drove, she made phone calls, gathering all the help she would need to pull Hannah through. Shortly, she arrived at Pheasant Hill Farm, where she and her friend, Pat Douglas, set up a makeshift emergency room in Pat's tack room.



"Are we there yet?"

Hannah was thin and dehydrated. Haley started her on an IV right away, to restore her fluids. She also got immune boosters to replace the precious, antibody rich colostrum she had missed. Things began to look up for little Hannah.



Dr. Kostinas' gentle bedside manner.

The little long-eared donkey became the focal point of Pat's life for the next couple of weeks. Pat rearranged her life to accommodate Hannah's frequent feedings. Haley's vet practice, Ridgeview, generously donated the medicines and special supplements Hannah needed.

Amazingly, the baby donkey rallied. She gained weight steadily, and grew stronger. Soon, Hannah was scampering after Pat while she did her farm chores. In the absence of her real mother, the donkey imprinted on Pat, and became totally bonded to her. Now, if Pat goes out of Hannah's sight, the air is rent with Hannah's mournful "He-he-he-hee, HAW! Pat cannot resist Hannah's imploring call, and often finds herself dropping what she is doing to go play with her new charge.

Hannah does not yet know she is a donkey, and feels perfectly comfortable trotting into the house with Pat. Greta, the resident German Shepherd, thinks she is a funny looking dog. Hannah thinks she is a fine looking human!



"So, how was your day?"

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In the Garden— Act 1 Scene 2

By Maureen O'Connell
Contributing Writer

I view my garden as the external extension of the rooms in my house. With our mild climate, it is often possible to enjoy the outdoors from May to October. Many wonderful English gardens capture this "room look" with high stone walls. You get the actual feeling of walking from room to room within these enclosures. I have not yet convinced my husband that my gardens need stately stone walls, so I must compromise by giving each garden area a distinct personality. My garden is divided into Lower Garden, Middle Earth, Upper Garden, and Side Gardens

As with the rooms in your house garden rooms need periodic cleaning. All flowering plants have a blooming cycle. Some are one-season bloomers and others are repeat bloomers. Spring kicks off the season with flowering bulbs such as tulips, hyacinths and daffodils. Early May, well into late June, the Hybrid Tea, Old Roses, and David Austin roses take center stage. The weather is still usually cool and the bugs are not yet too hungry. The annuals are nicely filling in gaps and the perennials are peaking. Then comes July. It is not quite the Dog Days of August, but the garden starts to need some serious house-keeping chores.

You should be daily checking for signs of insect and disease damage. The voracious Japanese beetles have arrived in our own area early this year. They usually appear around the Fourth of July, but I spotted them on my roses as early as mid-June. With the constant wet weather and high humidity fungal diseases have also attacked the plants at an earlier date. So spray with systemic insect and disease control as often as necessary. With our climatic conditions, an every two or three weeks spray schedule does not do much good.

Another chore that should be done regularly is deadheading. Removing the spent flowers gives the garden a neater appearance and it also saves the plant energy to produce more flowers. Don't be afraid to shear back such plants as dianthus, petunias, snapdragons, and phlox. Remove spent lily flowers before seed can be set. Do not remove excessive stem growth as this will weaken the plant and discourage future flowering, also fertilize after flowering.

Early July is when I take a good look at my roses. They have had their spectacular display in May and June and now we are down to the difficult days. Some get too leggy; some have diseased branches; and the bugs are here heavy duty. Prune heavily to remove any problem areas. The plants are hardy and this will encourage new growth. Don't forget to fertilize your roses and all other plants every three weeks and water deeply if there is a lack of rain.

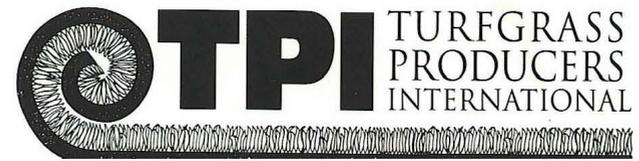
Now is the time to thin out the perennials that have become invasive. I have two that need constant thinning. Tradescantia Virginiana is a very hardy herbaceous plant that shares various characteristics of the daylily. The common name for this plant is spiderwort. It was thought to be a cure for the bite of a poisonous spider that later proved to be harmless. This is a wonderful disease and pest-proof plant as long as it stays put—but it does not. It will take over the entire garden if you don't ruthlessly dig up unwanted wanderers.

Another quick spreader is Physostegia Virginiana. Its common name is Obedient Plant, but it does not live up to its name. I constantly pull up stalks to keep within bounds. But come September when most other plants are dragging or completely shut-down, physostegia is just beginning to bloom with eight to twelve inch particles of large snapdragon like flowers in great abundance until late fall.

Around this time of the season I visit the garden with my notebook and distribute report cards. The plants should be at their first bloom peak, so you can evaluate their performance. I check to see if some have to be relocated due to changing light or too much wind exposure. Others should be divided, some pruned and some ripped out. It is hard for me to pull out a healthy specimen but if it is not working in your garden it has to go. I had two large David Austin roses in the garden. They were very prolific bud-wise but they were also very susceptible to fungal diseases. They also shaded out the more vigorous roses. So I got the tractor out in May and pulled them out with a chain. The garden is more attractive and healthy without them. The moral of the story is don't be afraid to drastically rip out or prune. A garden is a constantly evolutionary process. It has to be full of changes or it stagnates and eventually withers into a messy overgrown piece of earth. Next: Structure in the Garden.

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Focus on Business

This is about a woman who doesn't give up easily. It has been over twenty years since she started her quest to get us all healthy and in shape, and, she intends to keep pushing her fitness message until it finally sinks in.

The focus this issue is on Terrie Daniels, the owner of Healthworks Fitness Center in Poolesville, located in what was for many years the old Selby's supermarket. Ironically, as the interview took place, we were sitting in what was the old butchers section where the idea of "cutting out the fat" had a completely different meaning.

In the early 1980s, Terrie decided to use her experience as a YMCA fitness instructor as a launching pad to develop her own entrepreneurial venture. Back then she concentrated on aerobic classes in local schools and churches. Her years of ballet as a girl turned out not only to benefit her choreography of aerobic classes but inspired her to add ballet lessons as an important part of her current business.

Her original company, Great Shape, Inc., moved around in the beginning from churches to schools and it wasn't until she finally set up in the upstairs offices of what is today Network Services Corporation in the strip mall next to St. Peter's Church that she found a semi-permanent home. Expanding to five instructors and finding more time to teach other classes, she was able to pursue her vocation outside of the area. A chance opportunity in a D.C. class gave her the opportunity to teach one of her specialties—Tai Chi, an oriental "slow moving" meditation technique used for relaxation, balance, strength and coordination. What made this class

special was that she was the fitness instructor for White House employees in the new Executive Office Building in Washington, D.C.

Terrie's twelve year journey of experimentation of various classes and locations finally brought her to the multi-faceted, full service fitness and health center of today. The center seemingly has everything that anyone interested in improving his or her health would need. All the basics are there, from treadmills to dead weights. There is a good selection of the most up-to-date fitness equipment, giant balance balls, pilates rooms with special cushioned flooring, and for those who push themselves to their limit, massage by appointment.

HFC has a clientele that extends throughout the entire demographic spectrum—young and old, men and women, persons in shape and those trying to get there. She seems proudest of the great participation in her seniors program. The in-house day care facility is perfect for the busy parent who needs someone to watch the kids while exercising.

While programs of functional assessment, holistic approaches to exercise, certificates from the Institute of Aerobic Research (Dr. Kenneth Cooper, Dallas, Texas), and full certification as a personal trainer from the National Academy of Sports Medicine is impressive, what it still comes down to is the concern and personal interest shown by Terrie and her staff.

We wanted her to provide some insight and advice to others who may be starting out small like her. Her primary motto is "don't ask how, ask who." The "go-to" people in business will prove essential. She claims two

Healthworks

key things led to her success. For advice in running a business, she leans heavily on her managers, Kate Lee, Marilyn Walker, and Sarah Collin. Learning to "let go" is very important and she finds that not being a micromanager is essential.

The other key to success is not so easily obtained. In fact, it is something that you cannot "get" but can only "receive." That is the blessing of support from the people most important in your life. Terrie's husband, Jeff, passed away just one year ago. But, his total support inspired

her continually along the way (he even let her "steal" the name of his self-created computer software program called Healthworks). Terrie's father not only provided the moral and financial support that helped get her into her current location but she named Austin's Café, HFC's in-house coffee shop, after him. She relies on their inspiration even today. Having close personal support remains important to her and this secret to success is sure to be her with in the years ahead since her son, Ryan, and her Mom live in Dickerson as well.



Fitness instructors Sarah Collin, Kate Lee, Marilyn Walker, and owner Terrie Daniels.

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Mystery History

By Rande Davis

As an imaginary traveler, go back to the 1800s when horse drawn wagons could leave Frederick Road (Route 355) to reach the gristmill in Hyattstown to load up white corn meal flour. Back then, the location of the mill offered significant advantage to traders, and for that reason the mill's economic importance to the surrounding area grew. It was a bustling enterprise that served many of the area's farmers.

Fast forward to the 1940s and our imaginary traveler would have had found that the old mill was making airplane parts for the war effort. The 1794 Miller's house just above the mill would be much as it is today. Right across the street from the mill would have been what remained of a carriage house. It's hard for us to say exactly what condition the carriage house would have been in the 1940s, but it is safe say it would have been in much better shape than the partial foundation that remains today.

Fast forward one more time to the early 1990s and the northbound traveler would have reached the mill site only by making a wrong turn, because there was no reason to travel up this road. The old mill (built in 1798) was clearly on its last legs. Dilapidated, leaking and overgrown by weeds and vines, the mill was quickly deteriorating.

There was hope when the property, through the efforts of the Maryland National Capital Park and Planning Commission, became part of Little Bennett Regional Park back in 1965. A new vision for the mill and property began to emerge thanks to some modern real life "travelers," Mike Dwyer and Bob and Cindy Donovan. The Donovans were originally from Bedford, Massachusetts. Bob Donovan studied art at American University at the Swain School of Design. The couple saw the building through artists' eyes and teamed up with Montgomery County Historical Resources Manager Mike Dwyer to give the old mill new life. As they like

to put it, the inspiration came from Mike and the perspiration came from the Donovans.

The old mill was soon to become a new center for the arts right in the middle of small town Hyattstown. The Donovans moved into the nearby Miller's house and through the years and a lot of sweat, the house has become a home. The original late Eighteenth century kitchen fireplace, uncovered after being hidden behind plaster, has become the hearthside centerpiece of the home.

The restoration of the mill was formidable but after painstakingly



Cindy Donovan, Mike Dwyer, Linda Tetans, Tom Barse and Bob Donovan.

removing the overgrowth and weeds from the millrace (a trough that brought the water from a nearby pond to power to the mill's grindstone), replacing the badly damaged roof and interior walls, and putting up new joists, the authentic beauty of the building was returned. During the historically accurate restoration process many boards and joists came from other mills long past their restoration time.

Give a decaying building purpose and you give it life. The purpose for the abandoned gristmill/airplane parts factory was to become the Hyattstown Mill Art Project (HMAP). The Donovans were joined by other area artists like Linda Tetans of Maple Grove Studios and resident sculptor Tom Barse. Local artist and sculptor Mike Shaffer joined in and became President of HMAP; artists Scott Brouard and Dan Burgess are on the Board of Directors. Today HMAP offers area residents a true local arts and cultural center that can be appreciated by every member of the family.

The center offers impressive art shows of paintings, drawings, photographs, and sculptures. HMAP hosts the *Artist and Writer Group*, an association of artistic individuals who meet regularly to discuss the arts and their literary endeavors. They share their work with each other and provide entertaining speakers and presentations in a relaxed atmosphere. Additionally, each summer HMAP hosts the Maryland Institute of College of the Arts (MICA) Environmental Sculpture classes. This six-week summer college course uniquely presents the rewarding experience of associating the natural environment as an inspirational resource for artists pursuing sculpture and painting. Using only natural resources from the landscape and plant-life, artist create sculptures and paintings that are shaped to blend with the intent and spirit of the surrounding woods.

— continued on page 12.

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The grist mill, art gallery, and summer movie screen.

Mystery History continued –

HMAP's primary mission is to enhance and celebrate the artistic and cultural achievements of area residents. Its goal is to align artists, businesses, government and the regional community in appreciation of our cultural heritage. HMAP is a terrific center for fun things to do that brings all sorts of people and families together to share the fun and excitement of the arts. Their varied pro-

grams include a *Summertime Movie Festival* that offers great old movies projected onto the outside of its building in a natural amphitheater-like setting. It also offers the *Song Circle*, a group that meets each Saturday night to join in song, play banjos, guitars, fiddles, drums, and "things to shake."

For artists, beginners, and others HMAP sponsors the *Drawing Group*, a

small gathering for those interested in drawing two-dimensional images of live models. Periodically, HMAP sponsors field trips to other galleries and museums and poetry readings.

HMAP also brings the community holiday programs like special movie nights on Halloween and a sing-along on St Patrick's Day. (*The Monocle* will keep our readers posted throughout the year on special happenings at the

old mill.) This non-profit organization would love to have many new members, and the cost of family or individual memberships is very low. Many of us appreciate the Monocacy area for its close proximity to the cultural resources of Washington and Baltimore. Now we can appreciate the cultural fun and opportunity that is right in our own backyard.



One of 20 sculptures on the HMAP trails, this one is by HMAP President Mike Saffer.

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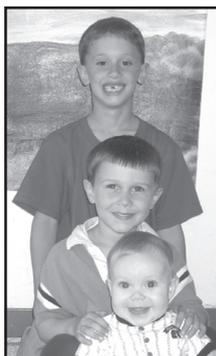
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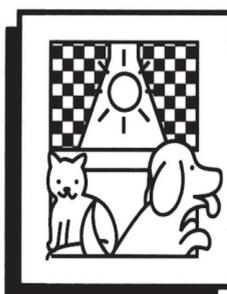
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Day Tripper

By Brice A. Halbrook,
Guest Writer and Poolesville resident

Take a one-day trip to historic Havre de Grace—the name says it all, “Harbor of Grace.” Did you know that Havre de Grace, Maryland, which is strategically situated at the top of the Chesapeake Bay, fell one vote short of becoming the Nation’s Capital? Why did our forefathers, in one tie-breaking senatorial vote, select Washington, D.C.? As it turns out it is because it just happens to be down the road from Mt. Vernon – the home of one of D.C.’s finest. And the rest is history.

Located mid-way between Baltimore and Wilmington, five minutes off Interstate 95 (exit 89), and at the intersection of the Susquehanna River and the top of the Chesapeake Bay, Havre de Grace is one of Maryland’s picturesque and inviting small towns.

(Editor’s note: Mr. Halbrook revealed that the native pronounces it HaverdeeGrace. Say it fast.)

I grew up in this small town of 12,000 residents, which is similar to Poolesville in many ways. Havre de Grace High School is a small school of around 600 students and is a National School of Excellence. A majority of the students are involved in sports, theater, and community service. What sets the high school students apart from others are their close-knit, enduring ties to the community.

In the past twenty years, the local government reinvented its fledgling economy by focusing on tourism. The city constructed The Promenade, a boardwalk that hugs the southeast corner of town where the Chesapeake Bay and Susquehanna River meet. You can walk from the beginning of the boardwalk at Tydings Park to the end at Concord Point Lighthouse in 30 minutes while taking in the sights and sounds of the Bay along the way.

Tydings Park is named in honor of U.S Senator Millard Tydings, whom Havre de Grace hails as a native son. The park overlooks the northern most point of the Chesapeake Bay with beautiful vistas of distant bluffs from southeast to southwest. The marina at Tydings Park houses boats of all sizes from skiffs to yachts.

Havre de Grace

The Concord Point Lighthouse is the oldest continuously operating Lighthouse on the east coast built in 1827 and manned by war hero John O’Neill and his family for three generations. The townspeople gave Mr. O’Neill the job of lighthouse keeper after his heroic efforts, fighting off the Brits in the War of 1812 on the Chesapeake Bay bluffs. The single cannon that he fired against their mighty warships in the bay still stands as a memorial.



Concord Point Lighthouse.

Havre de Grace is the decoy capital of the world. Along the Promenade, near the Lighthouse, sits the Decoy Museum where you can

take in the history of the duck decoy carving industry. Some of the Havre de Grace carvers are world renowned like Madison Mitchell, Harry Jobe, Jimmy Pierce and Patrick Vincenti. They are among the giants in this exclusive craft. A Madison Mitchell decoy from the 1950s is a coveted item among collectors and is commensurately valued.

But you cannot visit Havre de Grace without thinking of seafood! As my brother, Curtis Cohen, an avid fisherman and Havre de Grace resident says, people visiting Havre de Grace plan their day around restaurants, and there are lots of them in town. Places like the Tidewater Grill, the Crazy Swede, MacGreggor’s, and Coakley’s provide tourist with the local flavor. Tidewater Grill has some of the best crab imperial and cakes that I have ever had. But for the best crab cakes in town, visit the Bayou Restaurant located on Route 40 on the outskirts of town. The Bayou is where the locals feast on simple but perfectly made crab cakes.

If you are fortunate to visit early enough in the day to catch a sunrise

— continued on page 14

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Day Tripper

Havre de Grace continued—

over the bay you absolutely must stop in at Goll's bakery in the middle of town. They have been in business since the 1920's and have the best cherry and apple turnovers on the planet. You have to get there early, because once they sell out, Bobby Goll will not make any more until the next day.

For dessert after an evening dinner, a walk to the south end of town will take you by Bomboy's Candy and Ice Cream Shop where you have to purchase a souvenir of

totally homemade delicacies crafted right there in the house by the River and Bay. When I say walk, you CAN walk everywhere in town and doing so certainly adds to the experience, but there is ample parking everywhere for those who would rather drive around.

A favorite spot of the locals, for sit down dinner or carryout is St John's Gourmet on Main Street. The chef/owner brings a touch of avant-garde cutting edge cooking from his training in the highly regarded Baltimore restaurant scene.

A fifteen minute drive north of the town is the Susquehanna State Park where you can discover and tour the Steppingstone Museum and Old Grist Mill. The trip to the park is more

than worth the price of admission (free). On the way to this beautiful riverside park you will pass many old historic farms and places full of wildlife and tree shaded streams and creeks.

There are other nearby places of interest including the Aberdeen Proving Ground with its Ordinance Museum, the Cal Ripken Museum, and new AA Baseball stadium home of the Aberdeen Iron Birds.

Havre de Grace is about an hour and a half northeast of Montgomery county in Harford County Maryland, one of the fastest growing places in Maryland. There are several excellent websites to visit that will help you in planning your trip including www.havredegracemd.com and

www.hdgtourism.com. A summer-time trip in August should be planned around the annual arts festival at Tydings Park. Take a trip to visit this little gem of a town on the shores of the northern bay.



Skipjack Martha Lewis.

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Maryland Express: Building Champions

The Maryland Express is a fast pitch traveling softball league for girls in three levels. They have teams 12 and up, 14 and up, and 16 and up. This Frederick County league plays no home games as it moves from tournament to tournament primarily throughout the region. It can best be described as a Tournament League, in that they play teams as far away as Pennsylvania, Ocean City and, even Virginia Beach. In fact, one of the key attraction to players who join a Maryland Express team is that they get to play in tournaments near the beaches during the summer break!

The goal of the league is to provide an educational environment for the development of young players based on hard work through dedication to good sportsmanship that exemplifies individual leadership, teamwork, integrity and character all within the framework of competitive fast pitch softball. This league wants to instill a team-spirited experience in their players that will help them become successful as athletes and as individuals.

The 12 and up Team is coached by Mandi Chaiyabhat, a fifth year ASA/NSA coach, Co-President of the League, and a Montgomery County Public School teacher. Her husband, Whit Chaiyabhat assists both in coaching the team and in being the other Co-President of the league. With competition coming up in Sterling, Virginia, the team is gearing up for the NSA World Series in Ohio and Illinois at the end of July.

The 14 and up team is coached by John Monroe who is in his first year as U14 Head Coach for the Maryland

Express Softball Organization. Coach John's daughter, Justine Monroe, played her first year of tournament softball with the Maryland Express U12 team last year and was awarded two game MVP awards in the NSA 2003 Pennsylvania Summer Finale Tournament. Coach John is passionate about the game of softball. He thrives on the opportunity to train his players about the skills and winning attitude required for success as athletes and individuals. He was a fast pitch hurler in his own right and we think he even looks like the King and his Court's Eddie Feigner. (You probably have to be at least 50 years old to know about this Globetrotter-like, four-man traveling softball team of the 60s) Coach Monroe is employed as the Manager of an Automotive & Auto Body shop located in Poolesville.

The league is a great opportunity for the players to get to know girls from other area schools. On the 16 and up team, there are girls from local high schools such as Poolesville, Urbana, Musselman, Tuscarora, Linganore, Thomas Johnson, and Boonsboro. The Head Coach is Trish Taylor who is assisted by Frank Husson. While some of the players are from high schools just outside the Monocacy region there are many girls from our region: Tuscarora HS having three players (Leslie Howard, Sara Husson and Heather Wickett), Urbana with three players (Cheryl Taylor, Emily Tolbert, and Bianca Rodriguez), and Poolesville with one player (Madison Howard).

This competitive, advanced- play team has had many players become multi-year varsity players going on to start in college as well.



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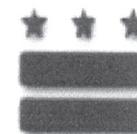
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Travels with Ray and Bryan

Editor's Note: Ray Clark is a former Rockville resident and Wheaton Knight who now lives in Southern California. He and his twelve year old son Bryan traveled to Fargo North Dakota so they could bicycle south through the Midwest and beyond. Ray is a hiker and bicyclist, a repeat veteran of the Appalachian Trail and has bicycled cross-country a number of times with and without his two sons. These are excerpts from his e-mails.

(June 9) I'm in a library in Aitkins, Minnesota, pop. 1964, which makes it one of the bigger towns we've seen since Fargo. Minnesota has over 12,600 lakes, which have more shoreline than California, Florida, and Hawaii combined. We've managed to sleep on the shore of one of these lakes every night. We love the sound of loons. I guess I told you that Bryan, who just turned twelve, is with me on this one. The wood ticks have been particularly fond of him.

(June 14) We're taking the day off in St. Croix Falls, Wisconsin (pop. 2000). We're actually staying in Dresser (pop. 734) but SCF is where the action is

(June 21) We're in Mercer, Wisconsin, (pop. 1734) in the Northwoods area of Wisconsin. We've camped among lightning bugs and lightning strikes, with loons in our lakes and coons in our food. Mercer is the self-proclaimed Loon Capitol, and they have a twenty-foot loon in the center of town to prove it. Yesterday, we found four bald eagles gnawing on a dead deer. The doe was stretched out on its back, as Bryan put it, "as if she were doing snow angels."

We were interviewed by a small paper in Cumberland, a couple of days ago. Wisconsin has been such a beautiful state, people sightings are getting fewer and fewer as we near Michigan and the Upper Peninsula (north of Lake Michigan).

Bryan's been quite energetic, running around camp every night, despite cycling fifty miles per day. He always looks forward to our camp fires (the little pyro), and loves scouting around for wildlife. Life is good.

(June 22) Bright orange Indian paint brush spatter the edges of our narrow, windy road. Bryan and I inhale the sweetness of the balsam fir as we cruise through the fern filled forest, pointing out deer to one another.

Suddenly: WHAM! We run face first into Boulder Junction, Wisconsin.

Our first tourist town! This is something akin to lying on the backyard chaise sipping your favorite drink, only to have a nearsighted ER resident run up and thrust the paddles onto your chest. "CLEAR!"

There must have been at least a thousand people on the streets of this tiny three block town. You know you're in a tourist town when you can walk into a place called A Little Bit Amish and hear Phil Collins blaring on the stereo.

This is not to say that we don't enjoy tourist trappings from time to time. We blended right in — in spirit, if not in smell — as we perused the antique shops, art galleries, and grab bag stores.

Then, just like that, we steal back into the forest. Our camp at Star Lake is a short twelve more miles by country road, but it seems much further by heart. I stand in my fleece where the water meets the woods, wondering if I should put on another layer. Bryan strips to his cycle shorts and jumps into the lake. Just watching him frolic in the frigid water brings back that feeling. "CLEAR!"

There is a family with four kids at the lake. Bryan has young playmates for only the second time in three weeks. It is the kind of evening every camper dreams of: rain ten minutes, dry ten minutes, rain ten minutes, dry ten minutes...under the tarp, out by the fire, under the tarp, out by the fire...Such is life. "Clear" for now,

(June 28) The other day, just outside of Conover, Wisconsin, we saw foot-and-a-half long snapping turtles laying eggs in the soft shoulder of the road. The funny thing was that they were doing this within 100 feet of the Wisconsin River. Turtles generally lay eggs in the banks of rivers, lakes, etc., so this seemed strange.

When we got to The Northwoods Cafe, which pretty much IS Conover, I inquired about the sharp-beaked maternity ward. Nobody seemed to know what a snapping turtle was, much less that the local road was lined with them. How could they miss the divots with the saucer-shaped protrusions, that looked like an alien invasion gone wrong. The people in the diner looked at me as if I was from the planet Los Angeles.

Finally, a truck driver with a three foot beard and three inch glasses put forth a theory, though he admitted he hadn't seen them either. He thought that maybe the excessive recent rains had risen the Wisconsin to such

heights that the turtles were forced to take it on the road.

I talked with the trucker for a while, but everything I talked about after the turtles reminded him of some beer hall.

I noticed a small roadside sign that read: "If you were to die today, where would you spend eternity?" As I stared at the sign, I fell off the road. Now, this thing had been repaved at least three times, so the thud took me by surprise. I was now skidding across the gravel shoulder out of control, when I banged back into the lip of the road. Just as I was about to abandon ship to the rough gravel, I regained control and rode on. Something to think about.

Our last night in the Northwoods was spent on the Brule River, among huge white pines. We were a mere quarter mile from the Michigan state line by road, or fifty feet as the fish swims. I had to start a campfire to get rid of the black flies that are just coming into season. The Brule River meandered slowly along, in no hurry, and going in no particular direction. Like us.

The next morning we crossed the river into the Upper Peninsula, or U.P. as the locals call it. It's the part of Michigan for which the mitten part is

reaching. The instant we crossed the Brule, the Indian paint brush we had been seeing for over a week just disappeared, as if the tax advantages for beautiful flowers were better in Wisconsin.

We saw our first black bear. It just sort of lumbered out of the forest, across the road in front of us, and into the woods on the other side. We gave each other a high five as it disappeared from view. It always relieves a lot of pressure to get that first bear under your belt.

People in the Upper Peninsula refer to themselves as Yoopers (as in U.P.ers). Here's how to talk like a Yooper:

1) When talking to more than one person, use the plural form of the word "you", which is, of course, "yous".

2) Turn any statement of your choosing into a question simply by adding "eh?" to the end. "Yous are on a long trip, eh?"

3) Replace "th" with "d". "Da dog is down dere."

Don't ask me about inflections. I'm an amateur and these people have had years of experience.

— Another installment in our next edition.

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