

The Monocacy MONOCLE

Keeping An Eye On Local News

A Biweekly Newspaper

April 7, 2006

Volume III, Number 3

Inside the Monocle



Two best friends pony-ing in the park. See Equestrian on Page 18.



South African children line up for a meal provided from our area. Page 24.



Lights Camera, Action? At Lewis Orchards? Local News Page 10.



Meet Stephanie Egly on Page 7.



Artists at Monocacy Elementary School making museum pieces. Read School News on Page 15.

Swick Made Athletic Director at PHS

By Rande Davis

Long-time Poolesville High School coach, Fred Swick, has accepted the appointment to become the school's new athletic director. He will be replacing Mike Riley who announced last winter his decision to go to the new high school in Clarksburg as its athletic director. With this announcement being widely praised, many school sport supporters have made an almost audible sigh of relief that the school's highly respected sports program, which has grown in stature throughout the county, will now be in the hands of the man who has been assistant athletic director for nine years.

In making the announcement, principal Deena Levine stated, "We are just thrilled with his acceptance, he is such an experienced coach. The school is delighted that he will become our new athletic director."

Jacob Perkins, president of the Poolesville Booster

Club, the parental group that helps support athletics at the school, stated, "He is well respected in the community by the athletes and the parents, and he knows the school's sports program and its needs, and he will do a great job." Former A.D., Mike Riley, called the announcement "a great move for the school. He will do a really fine job because he has such experience, knows the community, and he has

been the assistant A.D. for nine years. He will do great because he has such a strong handle on the job."

Athletic Director Swick joined the PHS sports program in 1983 and the faculty as a physical education teacher in 1988. He has coached baseball, football, boys' basketball, and girls' basketball. He has a nearly unparalleled commitment to the community by being a town resident for over twenty-seven years.

"It was not an easy decision by any stretch of the imagination. I just thought for the good of athletics that we needed somebody who was familiar with Poolesville, familiar with the athletics, and so I just thought I would give it try, see how I will do. I had a lot of mixed emotions to deal with in making the decision," added Swick, "because making this move meant that I had to give up coaching. That was the hardest part above everything else."

In asking about coaching assignments at the school, the big question marks center on



Fred Swick in action before his move to the front office.

—Continued on Page 12.

One Day at a Time

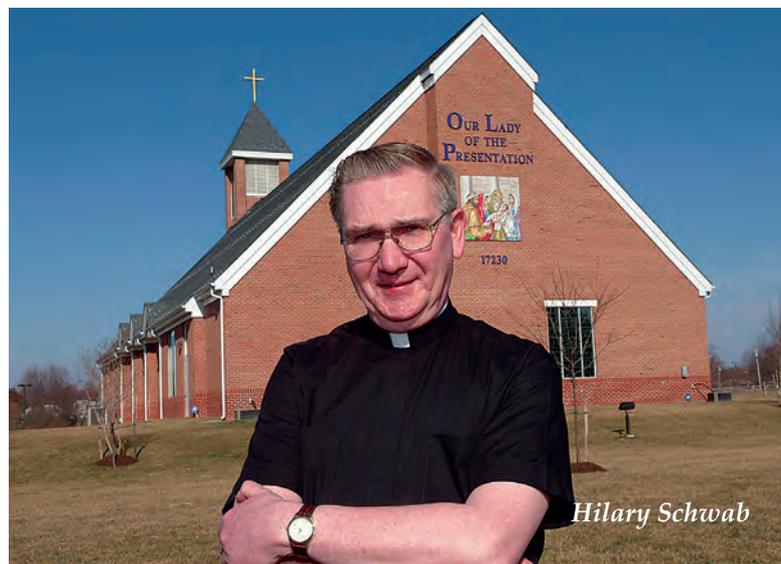
By Dominique Agnew

"I never thought I'd be back in Poolesville. Sixteen years in the city, and I'm in Poolesville." Father Herbert's first, and what he thought would be his last, visit to Poolesville was when he drove a friend, Richard Fazio, from New York to Poolesville High School for a job interview in 1974. At that time, though, no one called him Fr. Herbert, and little did he know that anyone ever would.

Reverend G. Paul

Herbert, Father Herbert as his parishioners at Our Lady of the Presentation Catholic Church in Poolesville call him, would be the first to say that he had not planned on becoming a priest. Somehow, his good friends already knew. They were just surprised he had waited so long. "They already had my life laid out for me," he says.

Born and raised in Buffalo, New York, Father Herbert describes his childhood as somewhat indescribable. It was a poor neighbor-



Reverend G. Paul Herbert

Hilary Schwab

—Continued on Page 13.

Family Album

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Local News

Town Meeting Results in Decision on the Old Town Hall

By Rande Davis

The Town of Poolesville's Commissioner meeting on April 3, 2006 resulted in the finalization of a historic decision regarding the iconic old town hall building in Poolesville. After many years of quandary as to what to do with the old town hall, the commissioners voted in favor of selling the 1904 bank building to the Historic Medley District, Inc., a historical and preservation group in the area. The selling price of \$150,000 was contracted with covenants that require HMD to maintain the façade of the building, restore the building, and to grant the town the right of first refusal should HMD decide to sell the building within twenty-one years. The time frame reflects current Maryland law restricting right-of-refusal clauses in real estate contracts.

Additionally, HMD will pay the settlement costs (settlement is scheduled for July 2, 2006) and will put

up a \$25,000 line of credit to ensure the work required on the building is completed in the specified one-year period. HMD expects to have the exterior painted and spruced up on or before Poolesville Day in September. One of the primary uses of the building will be as a museum of local historical documents and artifacts.

Flag Flown in Iraq Presented to the Town

Major Billy Harmon, PHS class of 1990, had an American flag flown in honor of the town of Poolesville on November 11, 2005 in Ramadi, Iraq. Major Harmon is currently serving in Iraq with the United States Marine Corps. The flag was presented to the town commissioners at the April 3 meeting in appreciation for the support shown for the troops in Iraq by Bob Chapman and William Poole of the local American Legion, Post 247. In accepting the gift from Major Harmon on behalf of the town, Commissioner Jerry Klobukowski, after brief remarks of gratitude to Major Harmon for his service to the country, presented a certificate of presentation to Major Harmon's mother, Carol Harmon of Poolesville. In an emotional and tearful statement of acceptance, Mrs. Harmon thanked the commissioners for their thoughtfulness.



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Andrew S. Gilmour, Poolesville

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St. Peter's Episcopal Church

- 8:00AM Holy Eucharist • 9:15AM Family Service
- 10:30AM Easter Egg Hunts
- 11:15AM Festival of the Holy Eucharist

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Editorial

Facts Versus Conjecture

By Rande Davis

When it comes to enjoying a good mystery, the *Monocle* takes a back seat to no one. After all, our Mystery Photo and Mystery History prove our commitment to intrigue. Mystery and news, however, do not always mix well. There is a time and place for everything, but Mystery Budgets is not one of them.

When we read in another newspaper in town about wild and reckless town government spending commitments, plans for an expensive police force, plans to raise taxes between sixty and one hundred percent, and a two million dollar town hall with plush office space for the commissioners, we are mystified. Such reports are the very definition of hyperbole.

At a recent town meeting, Commissioner Roy Johnson challenged the editor of the *Western Montgomery Bulletin* as to the veracity of the figures on the budget and assorted items which are published in the paper — repeatedly — over and over again. In the opinion of Mr. Johnson, these figures

have very little basis in fact. For the most part, we think Mr. Johnson is right.

We think a charge that the town has a \$5.5 million plan locked for streetscape changes is truly irresponsible. The planning commission, for example, has, indeed, tried to project the expectations for infrastructure needs for the town, and in a responsible and coordinated manner, they have tried to envision potential developments so that decisions today will not needlessly add to costs tomorrow. Such forward-thinking conjectures, even with some being a bit “out there,” are beneficial even if the possibilities do not actually materialize. While the town does plan to spend up to \$200,000 a year for road maintenance and repair over the next five years, these normative maintenance costs hardly explain a \$5.5 million program. Most other possibilities are dependent on grants, which, if not gained, will not be developed by the town.

The budgetary process spearheaded by Commissioner Roy Johnson incorporates a five-year look down the road so that a reasonable perspective of future spending needs can be weighed while actually making decisions on the current budget. To report

such projections as “money spent” before we have it is misleading at best. We might even say it is reckless and irresponsible.

The cost of any new town hall will most likely change as the process develops. As it now stands, the town is expecting to expend around \$1.25 million to complete the project. The town sits with over \$800,000 earmarked for the project from impact fees that can only be spent on the town hall. It now has gained a grant from the state of \$150,000 toward its development with potentially another \$125,000 due in subsequent years. By selling the old town hall to Historic Medley District,

Inc., the town can gain additional money and savings toward a new town hall. While estimates of the cost can change and might even be expected to rise, claiming it to be a \$2 million project at this stage is pure hyperbole.

A good example of the exaggeration can be illustrated in the issue of Whalen Common, the park in the center of town. The commissioners have often been attacked for spending nearly \$1.5 million on the park. The truth? The land valued at the time of around \$300,000 was donated to the

—Continued on Page 12.

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The Monocacy MONOCLE

Keeping An Eye On Local News

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Romans 12: 5

Holy Week Schedule

April 9:

Palm Sunday of the Lord's Passion
4:00 - 4:45 pm (Saturday) – Confession
5:30 pm (Saturday) – Mass
8:00, 10:45 am – Mass

April 10:

Monday of Holy Week
8:30 am – Mass

April 11:

Tuesday of Holy Week
8:30 am – Mass

April 12:

Wednesday of Holy Week
8:30 am – Mass

April 13:

Holy Thursday
8:00 pm – Mass of the Lord's Supper
Until midnight – Adoration

April 14:

Good Friday
12 noon – Stations of the Cross
8:00 pm – Liturgy of the Lord's Passion

April 15:

Holy Saturday
11:00 am – Blessing of Food for the
First Meal of Easter

4:00 - 4:45 pm – Confessions
8:00 pm – Easter Vigil

April 16:

Easter Sunday
8:00, 9:30, 10:45 am – Mass

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MLS#MC5555585.
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MLS#MC5565283.

Barnesville, MD: Valley View Farm: . Sitting on a prominent knoll on 27 acs. of secluded privacy, this contemporary rancher home features 3 BRs, 2 BAs, LR, DR, remodeled kitchen, den. An abundance of glass brings the outdoors inside. Amenities include oak HWFs, central vac, all new: hot water heater, water filtration system, central a/c unit. Exterior features include: new vinyl siding & gutters, flagstone patio, paved driveway, a 3-stall barn w/ elec., water & hav storage. fenced pasture. nond & mature oak trees



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COMUS/SUGARLOAF MT.: Mature trees & tasteful landscaping complement this gracious colonial sitting on 2+/- acs. in Hunt country. Enter the property from a circular driveway & into an inviting center hallway. The main lvl features a LR, DR, kitchen, family rm w/ FP, his & her studies, laundry rm, powder rm. The upper lvl boasts an Owner's suite w/ full BA, walk-in closet & dressing area, 3 more BRs & hallway BA. The basement lvl is unfinished w/ outside entrance. Enjoy pastoral views from the backyard deck.

LOTS AND LAND

Poolesville: Surrounded by farmland with pastoral views, this 13.5 ac. building lot has an approved sound mound perc to service a 5 bedroom residence. Partially wooded with a stream, this lot is approx. 5 miles from the Town of Poolesville, and 14 miles from Potomac Village. MLS # MC5528055. Offered at \$750,000.00

Barnesville/Dickerson: This 6 ac. building lot offers the best of both worlds: a totally private, wooded setting with a stream and close proximity to the MARC train station and State Route 28. Approved sound mound perc to service a 5 bedroom residence. MLS#MC5547275. Offered at \$550,000.00

Dickerson: Wooded 4 ac. building lot with 700 acs. of parkland. County approved perc test. Well on property. MLS#MC553488. Offered at \$299,000.00

Dickerson: 18.71 acs. currently being utilized as a tree nursery, this property consist of 2 lots with one approved perc. Lovely homesite on a high elevation Easily accessible to the Frederick area and Gaithersburg/Rockville. MLS#MC5308569. Offered at \$550,000.00

Dickerson: 5.85 ac. non- buildable lot conveniently located of State Route 28. Potential uses include hunting and numerous recreational uses. Offered at \$125,000.00

Poolesville: 25 ac. building lot with County approved septic system for a 5 bedroom residence. Surrounded by farmland, this level lot is within and mile of State Route 28 and approx 7 miles from White's Ferry and the C & O Canal. MLS#MC5389405. Offered at \$750,000.00



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2006 HOLY WEEK SCHEDULES

BAPTIST

Poolesville Baptist Church
17550 West Willard Road
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Website:
www.poolesvillebaptist.com

April 9: Palm Sunday

9:15 am Sunday School/
Bible Study
10:30 am Worship
Sermon Title:
"What A Donkey Can
Teach Us."

April 13: Maundy Thursday

7:00 pm Worship

April 16: Easter Sunday

9:15 am Sunday School/
Bible Study
10:30 am Worship
Sermon Title:
"He Is Not Here."

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St. Peter's Episcopal Church
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301-349-2073
E-mail: stpeters387@verizon.net
Website:
www.saintpetersepiscopal.org

April 9: Palm Sunday

8:15 am Solemn Eucharist
10:30 am Palm/Passion Sunday
Festival Eucharist

April 13: Maundy Thursday

6:30 pm Seder Dinner
Reservations:
301-349-2073

April 14: Good Friday

4:30 pm Children's Walk Through
Holy Week
7:30 pm Good Friday Liturgy

April 16: Easter Sunday

8:00 am Solemn Eucharist
9:15 am Family Eucharist and
Egg Hunt
11:15 am Festival Eucharist
and choir

www.saintpetersepiscopal.org

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Website: www.pmumc.org

April 2: Sunday

11:00 am Cancel Choir cantata,
"A Tale of the Three Trees"
5:30 pm The Colors of Easter
(children's program)
6:30 pm Celebrating Grace
(contemporary worship)

April 9: Palm/Passion Sunday

11:00 am Service

April 13: Holy Thursday

7:30 pm Communion Service

April 14: Good Friday

7:30 pm Service

April 16: Easter Sunday

6:30 am Ecumenical Easter
Sunrise Service
East Overlook/
Sugarloaf Mountain
8:30 am Communion Service
11:00 am Communion Service

www.pmumc.org

PRESBYTERIAN

**Poolesville Presbyterian
Church**
17800 Elgin Road
Poolesville, MD 20837
301-972-7452
Website: www.poolpres.com

April 9: Palm/Passion Sunday

9:45 am Sunday School (all ages)
11:00 am Worship
(brief, dramatic
presentation and
communion)

April 13: Maundy Thursday

7:30 pm Worship
(family-oriented service
incorporating the
elements of a Seder)

April 16: Easter Sunday

9:30 am Potluck Breakfast
11:00 am Worship
Choir cantata,
"The Resurrection
According to Nicodemus"

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April 9: Palm Sunday of the Lord's Passion

4:00 - 4:45 pm (Saturday)
Confession
5:30 pm (Saturday) Mass
8:00, 10:45 am Mass

April 10: Monday of Holy Week

8:30 am Mass

April 11: Tuesday of Holy Week

8:30 am Mass

April 12: Wednesday of Holy Week

8:30 am Mass

April 13: Holy Thursday

8:00 pm Mass of the Lord's
Supper Until midnight
Adoration

April 14: Good Friday

12 noon Stations of the Cross
8:00 pm Liturgy of the Lord's
Passion

April 15: Holy Saturday

11:00 am Blessing of Food for
the First Meal of Easter
4:00 - 4:45 pm Confessions
8:00 pm Easter Vigil

April 16: Easter Sunday

8:00, 9:30, 10:45 am Mass

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...so we, though many, are one body

in Christ and individually

parts of one another.

Romans 12: 5

Tributes

Poolesville High School Graduate Lands National Scholarship

By Rande Davis

Salmana Diallo, a graduating senior at Poolesville High School, has been named a Ron Brown Scholar, a program named in honor of the former Secretary of Commerce who



Ron Brown Scholar Salmana Diallo

was killed in a plane accident in 1996. Ms. Diallo has won one of only twenty national college scholarships awarded annually by the CAP Charitable Foundation (USA) to outstanding African American high school students.

"The Ron Brown Scholar Program looks for students who have the potential to make significant contributions to society," says Michael A. Mallory, Executive director of the program. "We look for students who have demonstrated academic excellence, leadership potential, social commitment, and financial need." Mr. Mallory further states that Ms. Diallo "has achieved a first-rate school career." She is a 2004 recipient of the Maryland Senate's Laureate of the State of Maryland award. She is fluent in French, Spanish, and African Fulani. She not only has tutored fellow students in languages, but she has been a volunteer at the Randolph Road Nursing Home. She has represented Maryland in London, Paris, and Brussels at the International Summit of the People to People Foundation.

Ms. Diallo will not only receive \$10,000 a year for four years, but she will also be able to attend the program's triennial Leadership Conference where Ron Brown scholars have interacted with such luminaries as Secretary of State Condoleezza Rice, columnist William Raspberry, and former FCC chairman, Michael Powell.

Welcome

Smell the Roses with Stephanie

By Marcie Gross

Can you smell the roses? Beginning April 6 you sure can! Right here on Poolesville's Fisher Avenue, we are happy to welcome Stephanie's Secret Garden.

Stephanie Egly is the new owner of the shop at 19900 Fisher Avenue, behind the dry cleaners and next to the antiques shop. She says, "Just look for the bright purple door and you've found us!" Stephanie's Secret Garden will offer not only fresh flowers for all occasions, but also dried flowers, herbs, wreaths and arrangements. Seniors, check out Stephanie's when it's time to get your prom date's corsage or boutonniere.

Stephanie's Secret Garden will offer flowers that everyone has heard of such as roses and carnations, but will also give you a chance to experience

more exotic flowers. The shop will be open Wednesdays from 10 a.m. to 2:30 p.m., Thursdays and Fridays from 10 a.m. to 6 p.m. and Saturdays from 10 a.m. until 2:30 p.m. There will be extended hours before holidays. Remember, Mother's Day is around the corner. You can also call to talk about an upcoming event by appointment. You can reach Stephanie's Secret Garden at 301-349-4050.

So the next time you're looking to brighten your home with flowers or want to surprise a loved one look for the bright purple door and meet the newest local woman-owned business in Poolesville!

A subscription to *The Monocacy Monocle* costs \$30.00 a year plus tax, or \$31.50. Act now and your loved ones out of the area won't miss another word.

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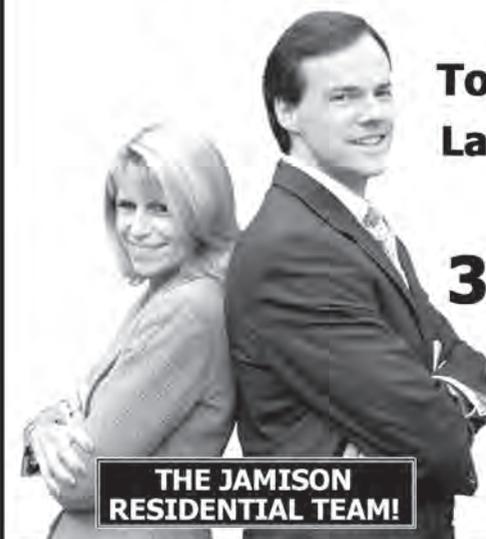
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In the Garden

Confessions of a Vegetable Gardener

By Maureen O'Connell

This column is not for everyone. If you can answer "yes" to any of the following statements, continue reading. If you can say "no" to any or all, read something else; you

are a better vegetable gardener than I.

1. You are a novice or veteran vegetable gardener. Every spring you entertain delusions of grandeur for your cornucopian plot called your garden.
2. You inform your wife, husband, or friends, that they will not have to buy

any vegetables at Selby's, Giant or local stands this summer; your garden will provide for all.

3. It's Saturday morning at the garden center. You load up your cart with six-pack after six-pack and seed packages of all types of vegetables, for which you have no space or appetite.

4. The soil is fine. It is a little rocky and clay-like, but it doesn't need much extra digging or organic help. I'll throw a little peat moss here and there.

5. Mid-May, early June. Working in the garden is fun and good exercise. It is cool early in the morning, bug-free and a delight to be outside.

6. Early July- This garden work is getting a little tedious. The heat, humidity and gnats have taken over. I'll weed tomorrow.

7. Mid-July - I can't see the vegetables

for the weeds. I know they are here someplace.

8. A few days later - The garden is too far gone. Besides, Lewis's, Kingsbury's and Selby's sell very nice vegetables.

Since I can answer "yes" to all of the above, I shall continue my article. Keep reading.

This year, I resolve to break this annual pattern of irresponsible vegetable gardening. I am going to show you and me how to lay out and care for a simple, relatively low maintenance vegetable garden. Mind you, this is experimental, so we shall have to assess our results in the fall.

Location and Size of Garden

Vegetables love sun; they require at least six hours of full sun each day. Before you choose the garden's location, observe it and its relationship with the sun at various times of the day. Don't plant too near a tree. Young seedlings will lose all their nutrients to the greedy roots of the tree. Row direction isn't critical, but it is good to run rows east to west. Plant taller crops on the north end, to prevent shading the short guys. I have found that planting flower and vegetable gardens close to the house discourages rabbits, raccoons, deer and other unwanted visitors from sampling your potential harvest before you

do. I have come to this philosophy regarding sharing garden vegetables: plant enough for Mr. Peter Rabbit and family and don't get too stressed out if he gets more than you do. If this goes against your thinking, surround your garden with some type of fence or enclosure. It can also serve as a trellis for beans, peas, tomatoes and other crops that need support. The closer the garden is to the kitchen door, the more chance there is to use the vegetables. In rainy weather or on lazy days, I have often forgone fresh herbs and grabbed dried ones from the shelf.

Vegetables are big drinkers. Place the garden near an available source of water, so you don't have to feel like a fireman dragging hundreds of feet of clumsy hose to water the garden.

A good-sized garden for a beginner or pro can be as small as ten feet by sixteen feet. A rule of thumb is four feet by four feet for one person, so the above size could provide vegetables for a family of four for the summer. My garden is about that size and it is quite manageable. You can expand your growing area with a couple oak barrels or other wooden containers. Cherry tomatoes, radishes, spring onions, lettuce, spinach, short-rooted

—Continued on Page 14.

The Horizon

Brightwell Crossing

By: Marcie Gross

"This is definitely an exciting time," says Tom Kettler, co-owner and vice-president of Kettler Forlines Homes. This family-owned and operated business just completed the purchase of a portion of the Elgin family property between Route 109 and Jerusalem roads here in Poolesville.

Kettler Forlines Homes will design and build Brightwell Crossing. This will start as 79 single family homesites on 1/3 acres of land. By the time of its completion Brightwell Crossing will encompass 177 homes from 1/2 to 3/4 acres. Last fall, Kettler Forlines Homes got the preliminary approval with the Town of Poolesville. The company and the Elgin family drilled on the Elgin property and found that a well can exist there.

Currently, the Town of Poolesville is going to the State of Maryland to get a permit to use the well. Kettler Forlines and the Elgin family will donate the well to the Town to be tied into Poolesville's water system.

Kettler, a history buff, got the name for the community while doing some research at the Montgomery County Historical Society. Richard Brightwell owned a lot of land in the county in the late 1600s near what is now River and Seneca roads.

Brightwell Crossing will not only be a new housing neighborhood in our community. Kettler Forlines will construct a town park on the site and donate the land to the Town of Poolesville. There will be a lot to

look forward to with activities for the entire family. Brightwell Crossing will also be home to a high school-size soccer field, a basketball court, a playground designed for children of all ages, two picnic pavilions, restroom facilities, and parking all at the access to Poolesville residents. Kettler previously built the Tama neighborhood, and this will back up to the Woods at Tama. He says, "Brightwell Crossing will be more like an extension of Tama. Residents will have more than one way in and out of the neighborhood."

Kettler recently put in a bid to purchase an old covered bridge in Thurmont. He thought it would add some more allure to the community and plans to place it near the soccer fields and park.

The Kettler family is proud to be developing and building this new community in Poolesville. Tom enjoys Poolesville's small-town charm and feel and says, "I've built thousands of homes all over the area, and I chose to live right here in Poolesville."

In a related matter, Charles W. Elgin, Jr. announced on behalf of the Elgin family that in conjunction with the completion of the sale of a portion of the Elgin family property to Kettler Forlines Homes, the Elgin family, in December of 2006 will present the Town of Poolesville with a check for \$50,000. This is one half of the amount which the family pledged in January of 2001 for a water and sewer allocation request to be used toward the sanitary sewer plant expansion. The remaining \$50,000 of this same pledge will be presented in the year the remainder of the property is sold.



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Local News

Hollywood Comes to Peach Tree Road

By Rande Davis

Driving by Lewis Orchard on Monday morning April 3, there appeared to be a major accident that had taken place just east of Route 28. It was a scene right out of the movies. Then again, it was a movie, or at least a TV pilot, for a new ABC network TV show called *60 Minute Man*.

When Linda Lewis was first approached for the rights to film on the Lewis property, she thought it was just for the use of a parking lot. Then she found out that it would be a stunt scene depicting a near collision of a tractor trailer going east on Peach Tree Road (which they renamed Tyson Road for the film). Let us set the scene: As the action hero is speeding toward Route 28 in his sports coupe, he pulls out into the passing lane to go by a slow-moving piece of farm equipment on the road only to come face to face with the tractor trailer. Then, in true Hollywood fashion, the driver averts certain disaster by swerving into the auxiliary parking lot of Lewis Orchard and into a complete spin, causing the

road dust to fly high. The driver was in a hurry since he had (so the story line goes) just buried a body on the Beall Farm and decided it was not a good idea to stick around. We don't know for sure what was to become of the driver in the show, but we spotted a duplicate to his sports car completely covered from front to back in mud, hidden behind the Lewis building.

Coordinating the stunt scene for film director, Jon Anvet, was one of Hollywood's legendary stuntmen, Buddy Joe Hooker. Mr. Hooker has not only done stunts for over one hundred and fifty films, but he has done countless TV shows. He even has done stunt doubles for Clint Eastwood. His more recent films of renown are *40-Year-Old Virgin*, *Vanilla Sky*, and *Lethal Weapon 4*. For those who have seen *Star Trek*, *Magnum P.I.*, or *Charlie's Angels* on TV, then they have also seen his work. For the true film trivia nut, it is interesting to know that Mr. Hooker also played Chester (pal to Wally) on *Leave It to Beaver*. As they say, he has been around.

The crew came in the dark at 4:30 a.m. to set up and get everything ready for the accident scene. Now we know why the credits are so long after

—Continued on Page 20.

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"Fred Swick" Continued From Page 1—

his replacement as the girls' basketball coach and who will replace coach Larry Hurd for football and the boys' basketball team. Before going there, he emphasized the strength of the existing coaching staff. "We have a lot of good coaches in place already who will continue with Poolesville. For the most part, we are in good shape. My top goal is to find good people. That's where it starts, and if you have good coaches, it makes everybody's experience more rewarding. Then the kids are happy, the parents are happy, the administration is happy, and then I am happy."

One of the things that will make the challenge more difficult is that Swick prefers to find coaches who "will be in the building." This refers to finding coaches who will also be teachers at PHS. Although it is too early to ask him to make predictions concerning PHS sports, we couldn't resist getting his take on the NCAA final four. We wanted to know if he thought George Mason could go all the way. His answer: "Sure, why not? If they can continue to play well together and not make a lot of mistakes, sure." So there you have it. If GMU is still in it at the time of your reading this report, put your money on them, and while you are at it, put your money on the new athletic director at PHS, Fred Swick.

Police Blotter Past and Present

By Jack Toomey
Present

The Montgomery County Police released the results of their St. Patrick's Day saturation patrol. On St. Patrick's Day evening twenty two people were arrested for DUI, forty seven citations were issued for underage drinking, and eleven people were arrested for other criminal charges.

Montgomery County Police are warning citizens of a lottery scam. Typically a resident will receive a letter in the mail indicating that they have won a large amount of cash. Enclosed in the letter is a check that is supposedly a portion of the winnings. The recipient is then instructed to call a phone number where an "agent" is waiting who tells the "winner" that they can deposit the check but first they must wire an amount of money to pay taxes on the winnings. Of course this is a scam and the recipient of the letter never sees his cash again. Citizens have lost thousands of dollars in this criminal scheme. If you receive a letter or email indicating that you have won such a lottery *do not respond!* These are all fraudulent no matter how tempting! Report all lottery scams to the Federal Trade Commission at 202-326-2502. Lottery scam emails can be

forwarded to 419.fcd@uss.treas.gov.

March 16. 25400 block of Old Hundred Road. A seventeen year old juvenile, of Dickerson, was arrested and charged with a burglary that had happened earlier at a residence in the 25400 block of Old Hundred Road.

March 18. 17300 block of Brown Road, Poolesville. Residential burglary. Forced entry to a home, nothing taken.

March 20. 19400 block of Wasche Road, Dickerson. Residential burglary, forced entry to a home, property taken.

March 23. Shady Grove Metro Station parking garage. Police said that a thirty three year old North Potomac man boarded a southbound train forgetting his seven month old infant daughter who was in the back seat of his car. When the man realized his mistake he returned to the station by train but the fire department had already arrived and taken the baby

— Continued on Page 22.

"Facts" Continued From Page 4—

town only for park use and the town spent just short of \$250,000 of town money on the project. The rest came from park and recreational funds from the state, and the total cost never exceeded a million dollars.

We think the debate about the park, about a potential police force, about a new town hall, about economic development, and about taxes are essential and healthy. There are good points to be made on both sides of all these issues. Sticking to the facts at hand and veering away from pure conjecture are what we plan to do. We think we will stick to Journalism 101 by keeping our opinion on the editorial pages not the news reports and by making sure that conjecture is not reported as accomplished fact.

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**"Father Herbert" Continued
From Page 1—**

hood, but everyone took care of each other. "The whole community was so close," he says. The fathers all worked together, and the children all went to school together. His own parents were first generation Americans with his grandparents coming from Ireland, Germany, and French Québec — this was typical of his neighborhood. He also adds, "We didn't have a lot, but what we had, we appreciated."

Father Herbert earned his associate's degree in business management after which he worked as a credit manager in Buffalo. He looked for a similar position in the Washington, D.C. area because many of his friends lived in the area. After some exploration, he found a position at Georgetown University Hospital. It wasn't until he had been at Georgetown for five years that he made his change of profession, so to speak.

In 1980, Fr. Herbert entered a seminary in Kentucky. There, he studied pre-Theology, twelve hours of religious studies and eighteen hours of philosophy. For his second year, he found himself in Connecticut where he finished his undergraduate work in Religious Studies. During his third through sixth years, he worked on his graduate studies, earning a Master's of Divinity. This was not an easy journey. During his first year at seminary, Fr. Herbert says, "I had the idea that I wanted to leave." He didn't. In 1986, Father Herbert was ordained a priest in the Archdiocese of Washington, D.C.

For the next six years, Fr. Herbert worked in various parishes throughout the archdiocese from Rockville to Greenbelt to the St. Matthew's Cathedral downtown before he arrived in Poolesville in 2002. However, during those years since his ordination, his days have been filled with more than just what was required of him as a

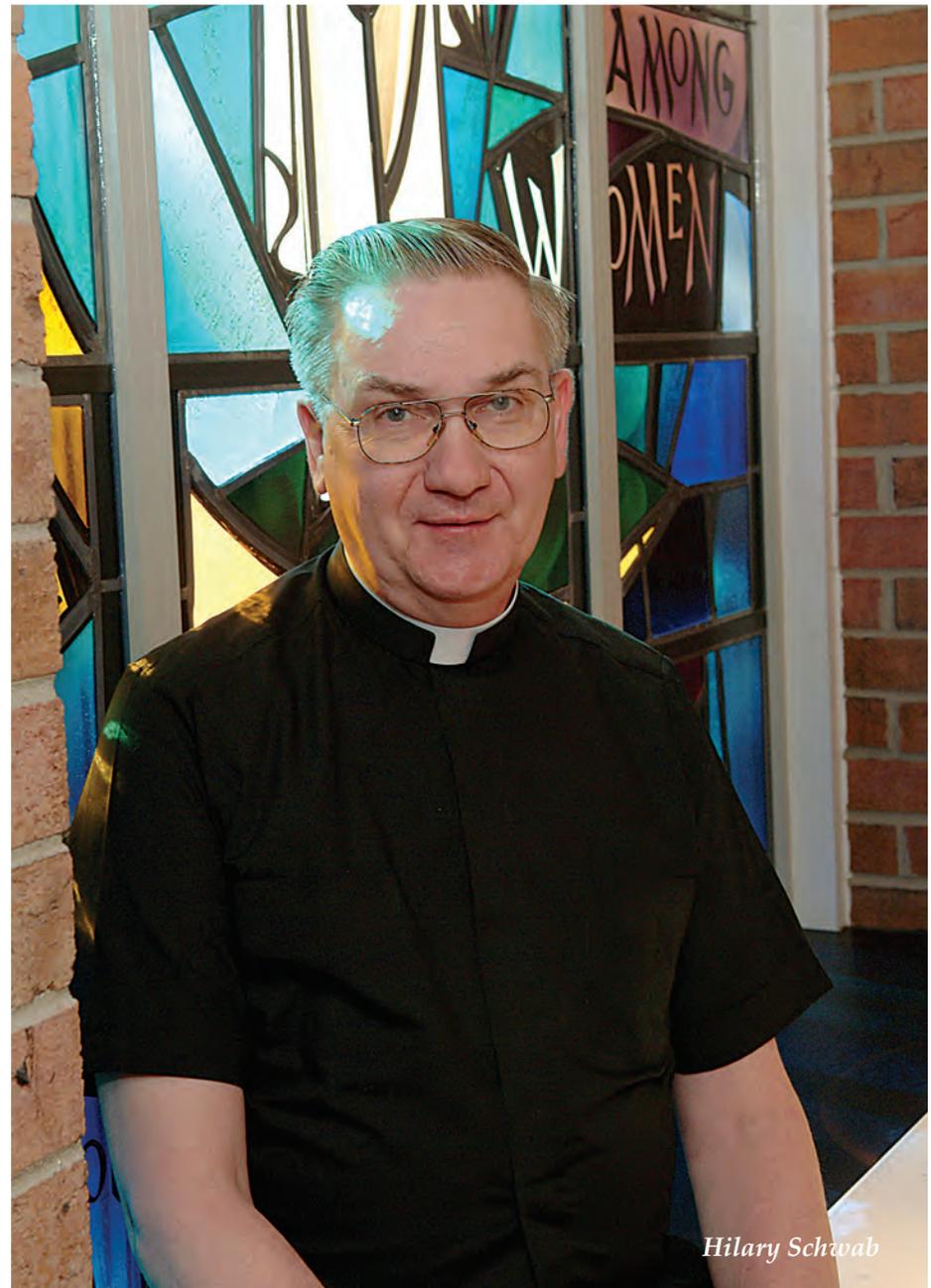
parish priest.

To begin with, during his seminary years, he spent each summer at a different military base having entered the chaplain candidate program in 1983. This experience, he says, was an "opportunity for me to use the summers for pastoral experience." In 1987, Fr. Herbert was re-commissioned in the reserves and commissioned as a chaplain. He currently serves at Bolling Air Force Base with the 11th Wing.

That's not enough to keep a priest busy. In 1988, while he was at St. Patrick's in Rockville, Fr. Herbert began working part time at the Tribunal, church courts similar to the civil courts except they deal with church law. In 1990, Cardinal Hickey asked him to pursue studies in Canon Law. Fr. Herbert spent the following two years at Catholic University of America earning his degree in Church Law, so now Fr. Herbert spends one day per week downtown on business. Senators and others on Capitol Hill know him — "It doesn't mean anything," he says.

What is the day in the life of a priest like? Of course, he has the two days out of the week devoted to his obligations at Bolling Air Force Base and to the Tribunal, but it may not be so much the things that he does as a priest as how he looks upon everything with a sense of calm. "You deal with each day as it is," he says. "Each day is a blessing." There is daily contact with people — "always to the good." Sometimes, there arise misunderstandings. Fr. Herbert says, "You can't get excited over it." You have to hope the misunderstanding will turn itself around.

More than the day in the life of the priest, there is the week in the life of Fr. Herbert. He celebrates daily mass, and on Sundays, he celebrates two masses. He sets aside time for daily prayer: the liturgy of the hours,



Hilary Schwab

Father Herbert of Our Lady of the Presentation

the breviary, and the rosary. He performs marriages and baptisms, as well as funerals; he visits the sick and the infirm in the hospital or at their homes, and he helps those that come to him in need, whether it be of a spiritual nature or of a material nature. That covers what one would expect of a priest. Fr. Herbert also

takes care of the administrative details of the parish. There are bills to be paid, publicity for the parish and its events, financial audits, the school of religion, contracts with the county. Is that it? Priests eat and live, too. Fr. Herbert does his own grocery shopping (trying to get the best deal),

Continued on Page 18.

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"Confessions" Continued From Page 9—

carrots and herbs are great choices for container gardening.

Soil Preparation- Your vegetable garden will only be as good as the soil in which it grows. It needs a good loamy, well-drained soil; there should be no standing water puddles after a rain storm. Most of the soil in Monocacy country is anything but loamy; it is clay-like and shaly. It needs a big, helping hand. For starters, double and triple dig your garden plot if it is new. This should not be done until the ground has begun to dry up and we have passed all spring frosts. A simple test is to squeeze a handful of soil into a firm ball. If it easily crumbles apart under pressure, the soil is ready for digging. If it tends to remain a sticky mess, wait until it dries out. An addition of aged manure, compost and peat moss will help lighten the soil. Colony Supply on River Road in Poolesville sells bulk and bagged Leafgro, which is excellent. Unless the soil is in good condition from previous applications of fertilizer, four to five pounds of complete fertilizer, such as 5-10-5, per one hundred square feet should be broadcast and raked in before planting. You should also go over the soil surface with an iron-footed rake to remove all small stones and debris. Leave it as smooth and level as possible.

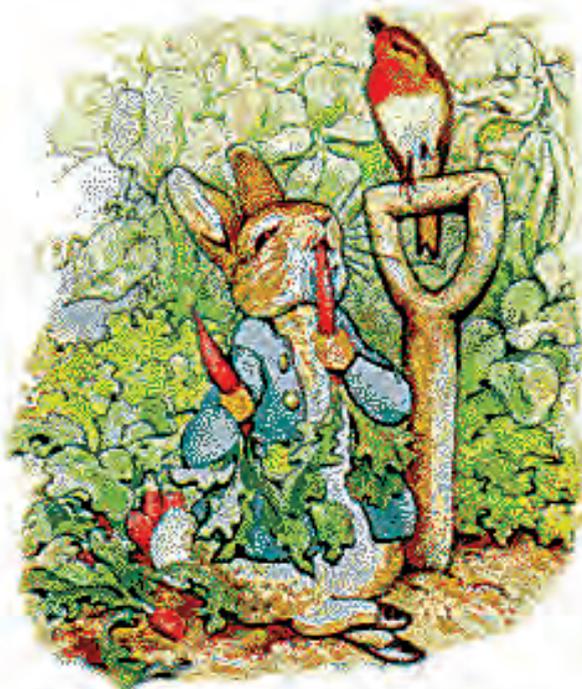
Plants and Seeds – What vegetables should I grow in a small garden? In answering this question, several things should be considered. How small is the garden? What vegetables does my family like? How much time

do I have to devote to the garden? Don't grow broccoli, okra, turnips, beets and eggplant because the plant is pretty, but your family refuses to eat them. What crops do well in Monocacy country? Our area is of a moderate climate, so many of the common vegetables will grow well here. Most of them, such as tomatoes, beans, carrots, spinach, lettuce, broccoli, and onions have high yield and require the least amount of growing space. Keep in mind that our growing time for cool weather crops, lettuce, spinach and spring onions, can be very short. Our climate very often goes quickly from cool to super hot. If you are going to be on vacation a good part of late July and August, don't plant too many vegetables that mature during that time. That might be good for your non-gardening neighbor whom you allow to reap the harvest of your early, spring work, but not for you. When sowing your seeds and planting your young plants, leave space between rows where you can walk and cultivate the plants, without stepping on every other vegetable.

Weed Control – One of the biggest reasons that a lot of people give up on vegetable gardens is that they too often lose the battle with the weeds. When it is ninety-five degrees in the shade, the humidity is almost one hundred percent and the gnats and Japanese beetles have set up residence in your garden, it is very easy to throw in the trowel or the towel. Every year I promise myself that I shall get up early and weed every morning while it is still relatively cool. I am afraid that my will power in this

area is quite lacking. If you dare to leave your garden unattended for a few days and it rains, I believe that the weed gods feed your garden steroids. The weeds are beyond control. Last year I bought garden fabric to cover the soil and smother the weeds, but I never found the time to put it down. This year I am going to experiment and use the stuff. When using weed control sheeting, it is easier with established plants. Lay the cover, make a slit and insert the seedling plant. It is a little more time consuming with seeds, but it is doable. Make a long, several inch wide slit and carefully insert the seeds.

— Continued on Page 18.



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School News

Art Work from Monocacy Elementary Students Chosen for Museum

Twelve students from Monocacy Elementary School (MES) were honored to have their original artwork selected for a special exhibit at

the Ward Museum of Wildfowl Art in Salisbury, Maryland. Last fall, the students painted wild fowl pictures after observing and studying birds of

the Chesapeake. The students used oil pastel and watercolors representing the colors of the Chesapeake.

This spring, when MES art teacher, Ms. Dayle Duffy-Cavaliere heard about a special exhibit entitled "Colors of the Chesapeake" to be held at the Ward Museum, she submitted the work done by her students for consideration in the exhibit. Monocacy Elementary School was the only school in Montgomery County to have work selected for this honor. Catherine Dawson, the director of education at the museum, was very pleased with the submissions and chose to feature them in a central panel which displayed the paintings beautifully.

The local artists from MES were: Sophia Coates, Devin Peelman, Olivia McAleer, William Warf, Mitchell Poe, Ben Carr, William Durr, Jonathan Hart, Brian Habib, Daniel Hooper, Ashlyn Karns, and Rebekah Chittenden.



Monocacy Elementary School Artists and their work.

Things to Do

April 7 to 9

Sugarloaf Craft Fair. MC Fairgrounds 10:00 a.m. to 6:00 p.m.

April 10 through April 17

MC Public Schools: CLOSED

April 12 through April 17

FC Public Schools: CLOSED

April 14 to 15

Weinberg Center for the Arts

10th Anniversary Performance

Alice in Wonderland

Fri.: 7:30 p.m. Sat.: 2:00 & 7:30 p.m.

April 15

15th Anniversary Celebration

Poolesville Library

Punch and Cookies. 10:00 a.m.

April 20

Twosomes. Poolesville Public Library

Stories, fingerplay, music

10:30 a.m. and 1:30 p.m.

April 21 to 23

Quilters Craft Show

Montgomery Co. Fairgrounds

12:00 p.m. to 8:00 p.m.

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April 25

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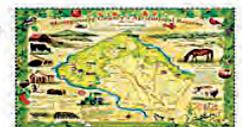
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Local News

Fatal Tragedy at White's Ferry

The general manager of White's Ferry (officially referred to as Commanding Officer), Garey Flury, age 49, was the victim of a freak accident on March 14, 2006 while doing some



Garey Flury

springtime branch removal. While in the process of clearing some branches, Mr. Flury was hit on the side of the head by a three- to four-inch-thick

tree branch which had become loose, and it knocked him unconscious. The force of the blow put him into a coma, and on Tuesday, March 28, Mr. Flury passed away.

Malcolm Brown, proprietor of White's Ferry, expressed the deep remorse felt by the entire staff in stating that it was "such an incredible tragedy. Everyone here is in such a state of shock." This is the first fatal accident at the ferry since it reopened in 1946.

Mr. Flury's funeral was at his hometown of York, Pennsylvania. He became the GM of the operation in the spring of 2001 and has lived on the grounds with his wife, Rachel. Mrs. Flury is also an employee of White's Ferry, operating the store during the warmer

seasons. Three grown daughters, Brook, Corrine, and Jen, survive Mr. Flury.



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Photograph by Hilary Schwab Shapiro

Tributes

A Neighbor and a Friend

By Maureen O'Connell

At the end of March, Barnesville bid God speed to one of its longtime residents, Shirley Ricketts. After living here for forty-two years, she is returning to her hometown, Lynchburg, Virginia. Shirley and her husband Milton moved here in 1964, when Milton accepted a job at Bazy Tankersley's Al Marah Arabian Horse Farm on Peachtree Road. A few days before Shirley left for Lynchburg, she and I sat at her kitchen table and did some reminiscing.

Growing up in Lynchburg, Shirley considered herself a "city girl." It was much smaller than it is today, but it was not the country. She recalled that it was a very close community, both figuratively and literally. She lived so close to her neighbors, she said, she could almost hear them snore. She loved Lynchburg and knew that it would be quite an adjustment to move, but it was a good opportunity for Milton. So she left her family and her friends and headed for Barnesville.

She first lived in a "ranch" house at the farm; she then moved to the white clapboard house on the property that is now the Potomac Hunt Club. Shirley wasn't used to looking out her kitchen window and seeing cows and horses. She never had a dog in Lynchburg; she was scared of them. Soon after moving here, her sister-in-law Bazy gave her a dog, a

Dachshund. Her first words when seeing the dog were, "gee whiz." So, aptly, the dog's name became "gee whiz." She remembers that day vividly; it was the day in November that President Kennedy was shot in Dallas.

Milton and Shirley grew to love Barnesville and its people. She took Whiz everywhere with her, and she learned to ride a horse. She admits that she was terrified the first time she got on a horse, but that soon passed and she became an avid trail rider. For twenty-five years, she commuted to her job with Sears in Bethesda. Barnesville was different then than it is today. The area was mostly farms.



Shirley Ricketts bids farewell to some good friends at The Barnesville School.

The first impression she recalls about her new "town" was how friendly the people were. It didn't make any difference what your job was, farmer, policeman, fireman, plumber, farrier, doctor or lawyer. There was a common bond there, a love of the land and the many animals living here. Friends were always there to help you in time of need.

Shirley and I discussed how she felt Barnesville has changed over

the years. Yes, there is more traffic, especially on Barnesville Road early in the morning. There are more million dollar plus homes and fewer homes for middle income people. The density and large tract housing developments of Clarksburg, Germantown and Urbana are closing in around our Agricultural Reserve sanctuary. Even with that said, Shirley and I both agreed that Barnesville still has that wonder-

ful bond, wonderful camaraderie that make our area unique in the greater Washington area. She will miss this the most.

Anyone who lived in Barnesville in the sixties knew what is now The Barnesville School as the Arabian Horse Museum. If you look at the façade of the building today, you can still see traces of Arabian architecture in the archways above the doors. In 1969, as an education alternative for her daughter Tiffany, Bazy Tankersley turned the museum into the Barnesville Primary School. It was very small, with grades pre-K to third grade. Over the years, the School has seen many changes. It is now a very well regarded school with grade pre-K through eighth grade.

In 1977, Milton and Shirley moved to the sage green colored house to the

left of the school. They both did volunteer work at the school, and soon it became an important part of their lives. They both loved working with the children and sharing with them their love of the country and its many animal residents.

After retiring from Sears, Shirley worked for a publishing company in Rockville, and later a telecommunications company. But Shirley never fully retired. There were always projects to attend to. Of course there were Shirley's wonderful, warm sing-alongs at Christmas time.

Milton and Shirley were quite the pair. He was the lean, suave-looking cowboy who had a wonderful way with horses, loved to tease and loved to eat. Shirley was the quiet cheerleader whose favorite response was, "Oh, Milton." They loved to party. And party, they and all their Barnesville friends did often. At a going-away fete for Shirley at the Potomac Hunt Club on March 19, Bruce Wooden recalled some of the grand times they all used to have with Milton and Shirley. I remember many Sugarloaf Riding Club trail rides. All of the riders always felt a little more secure knowing that Milton and friends Woodie Waddell and Archie Magaha were riding with us.

Milton became ill in the late 1990's and died in 2000. The Barnesville School staff and children were very helpful during this difficult time. Shirley fondly remembers the children bringing Milton a hot lunch every Thursday. She called it "meals through the fields."

After Milton died, Barnesville School's Principal, Jeri Hough, called Shirley and said, "you need to come and work with the children." So she volunteered every Thursday. She loved working with the children and they loved her. They were very sad to hear that she was moving away from Barnesville. In March the entire school honored Shirley at an assembly and luncheon. They then crossed the field adjacent to their school and planted in Shirley's garden a dogwood tree in honor of Shirley and Milton. Attached to the tree's limbs were "leaves" for

—Continued on Page 24.

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"Father Herbert" Continued From Page 13—

cleans his own house, and cleans the church every other week. Ultimately, responsibility for everything rests on his shoulders. Fr. Herbert says, "It's being a homeowner on a grand scale." He also has help through parishioners. There are a secretary and a part-time bookkeeper helping in the office, someone who cleans the church on the off-weeks, a good finance council, and the parish council — "good resource people."

More than the day or the week, there is the life of a priest — its inherent transience. "Your life is not your own," says Fr. Herbert. If he gets a call at 8:30 a.m. from the cardinal asking him to go, he goes. He likens it to the military, you can't ask to go tomorrow. He adds, "Sometimes, you don't know what's asked of you when you go."

Fr. Herbert quotes his hometown pastor who said, "The kid from the ghetto made it." Fr. Herbert claims he doesn't know what that means, but maybe those whom he serves understand. He has met a lot of people, and he has done a lot of traveling. "I've done whatever that was asked of me."

Each day is a blessing.

"Confessions" Continued From Page 14—

Don't think you have to sow every seed in the package. Carefully deposit in the soil the number of seeds for as many plants as you want. But keep in mind the old anonymous quote: "One for the rock, one for the crow, One to die and one to grow." This will save you hours of thinning seedlings and the plants will be spaced the proper distance from the start. I prefer woven landscape fabric to plastic sheeting. Unlike the latter, it allows air and water to pass through, while keeping out weeds. On the top of the fabric, lay a cover of wood chips or shredded bark. Another reason against plastic sheeting is that mulch will easily slide off it.

I have covered all aspects of establishing and maintaining a small vegetable garden. Give or take the vagaries of our weather, I shall try this year to keep my vegetable garden alive and "pretty to look at" past mid-July. No guarantees here, though. We can all compare garden notes in October. Oh, and there still is Selby's.

Shall I weed the lawn or say it's a garden?

Anon



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Equestrian

Time to Get Fit!

By Debby Lynn

Spring is here at last, and visions of sun-dappled trail rides or horse shows are dancing in your head, but, alas, your equine partner has gotten a little soft over the winter.

Now is the time to structure a fitness program for your horse. A fit horse is healthier, happier, and less prone to injury. Structure is the key word here. Any successful fitness program has to start with a sensible plan. Once you have a plan, your results are only as good as the execution of that plan.

Your horse needs more than muscle fitness. A complete fitness program will address bone, tendon, ligament, muscle, and organ (heart and lung) fitness. There are a couple of different conditioning methods which you will need to incorporate in your plan: long-slow-distance (LSD) training, and interval training.

LSD is a low-stress method of training. Interval training selectively stresses your horse to produce increased fitness. The more work you

can do slowly, the less chance of injury. Depending on the level of fitness you want to achieve with your horse, LSD may be all you ever need.

Anaerobic vs. Aerobic

Metabolism is the process of changing fuel into energy for the muscles. There are two types of metabolic processing: aerobic and anaerobic. As you might expect, the first uses oxygen to turn fuel into energy, the second does not.

If your horse is exercising within his aerobic capacity, most of his metabolic processing will use oxygen. In this situation, the lungs are keeping up with oxygen demand, and minimal lactic acid is produced. Lactic acid is a muscle toxin produced when energy is converted into fuel in the absence of oxygen (anaerobic metabolism). Lactic acid buildup is what causes muscles to burn and fatigue. Horses can produce aerobic exercise for much longer periods than anaerobic exercise. LSD training uses duration to increase fitness rather than intensity. It is aerobic exercise. Interval training uses brief periods of intense (anaerobic) exercise interchanged with periods of slower, aerobic training. During the aerobic phase, lactic acid created during the anaerobic phase is cleared from the system. This reduction of lactic acid enables the muscles to produce another burst of anaerobic exertion without undue fatigue.

Where to Start

First, make a general assessment. What do you want to do with your horse, and what condition is he in now?

If you want to trail ride for a few hours at a time once or twice a week, you will need a moderately fit horse. If you want to do a three-day event, you will need an extremely fit horse. Every horse should be at least moderately fit. Fitness helps prevent pasture injuries, improves the immune system, and makes it easier and more pleasant for him to do what you ask of him. You will have a better time if your horse is having fun, too.

Plan for the Moderately Fit Candidate

No matter what you want to do with your horse, if he is unfit, you have to make him moderately fit before you continue. Fitness is progressive and should always start at the bottom. To skip steps or rush ahead is to invite injury and setbacks.

Before you start, your horse should be sound, not too thin, properly shod, and wormed. Horses can start a fitness program if they are overweight or a little light. I put my

off-the-track horses to work before they have gained optimal weight. As long as they seem cheerful and energetic and are gaining slowly and steadily, I see no reason to delay their fitness program while waiting for weight gain. In fact, I feel it benefits them to gain weight more slowly and do relaxing LSD work to settle their minds.

The old adage about walking before you run certainly applies to getting your horse fit. If you are starting with an unfit horse, walking is where you need to be. I begin my fitness programs



by walking my horses on hard surfaces. Roading increases bone density while slowly improving cardiovascular, tendon, ligament, and organ fitness. Plus, it teaches them to be road safe.

If they are unaccustomed to working on roads, I start by ponying them off an older, trusty horse. If you have a road-safe horse available, it is an invaluable asset in bringing along a green

horse. You can usually teach them to pony together easily, especially if they are pasture or stable buddies. Keep the ponied horse on your right, and keep its head right by your knee. That way, you are in a leverage position if he should decide to go a different way. Use a ten-foot heavy cotton rope to lead, and a poly-rope western style halter on the horse you are leading. Regular stable halters can pull over the head too easily. Plus, correctly adjusted, a knotted rope halter is a control device. It goes without saying, you must have a quiet country road with a safe berm to do this. Please, don't try this on Route 28.

For any given amount of exercise, the more you can split it up, the greater the benefit. In other words, two one-hour trail rides are more beneficial than one two-hour trail ride. I start my horses with one training or exercise session per day, six days a week. For a very unfit or green horse, the session is only twenty minutes to begin, but it's every day. Sometimes I'll do two twenty-minute sessions per day for a week or two, then go to one session per day and increase the amount of time under saddle by half an hour or so per week.

Once they are walking on trail or the roads for about an hour and a half or two hours once or twice a week, with other light schooling sessions the rest of the week, they are ready for trot work.

Now you are ready to try some interval training. Start with walking, as usual, to warm up. Warming up slowly allows the metabolism to remain in aerobic mode as intensity increases. You will get to a higher level of exertion still in safer, less fatiguing aerobic mode. If you do not allow sufficient warm up time,

—Continued on Page 27.

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Profiles

Country Lawyer

By Rande Davis

Dickerson's R. Edwin Brown has always been someone who looks toward the future, and at eighty-five years old, that hasn't changed a bit. In fact, he just recently built a new law office on his farm on Peach Tree Road so he can cut down on his daily commute to Rockville—a commute he has been making for sixty-four years. Ed

Brown has honed the role of country lawyer to the level of perfection, and along the way, has also become one of the area's most renowned businessmen.

His uncle, lawyer John Oxley, inspired him to go right from high school to South Eastern University law school. This soft-spoken and very shrewd lawyer was just twenty-one when he hung up his shingle, but just as he was getting started, something very big got in his way and brought his budding legal career to a temporary but very definite halt. That something big was World War II.

"Hollywood" Continued From Page 10—

movies since the crew, including caterers, police, etc., numbered nearly fifty just for this special one-scene take.

We had a chance to talk to the show's producer, Harry Bring, about the pilot and the plans of the day of shooting in our area. *60 Minute Man* tells the story of a man who loses consciousness of his surroundings for

Peach Tree Road was being shot only a few hundred yards away from her near-fatal accident last year when a truck actually did run off the road and hit her as she was mowing her lawn.

"They really couldn't have been nicer to us," Linda reports. "I have been really impressed on how friendly and nice they have been throughout. When they needed more room on the property and in the parking lot, we were happy to comply and Buddy Joe Hooker has just been wonderful and



Daniel Lewis, Buddy Joe Hooker and Linda Lewis.

sixty minutes only to discover later the high-action and remarkable things he has done (sometimes quite unsavory). It reminds us of the storyline of the *Incredible Hulk* or any of the *Dracula* movies. Mr. Bring has been part of nearly fifty films with the *X-Files* high on his resume of experience.

We talked to Dickerson's Linda Roberts about the experience to find out how everything was going. She was still quite excited about such an unusual event coming to her property. She didn't seem bothered by the fact that the filming of a car flying off

so incredibly friendly. I even got a kiss on the cheek!"

The show centers on Washington, D.C., and scenes were shot there and in Georgetown last week. After filming the accident on Peach Tree Road, or should I say, Tyson Road, they headed over to the Beall Farm, where the big plan was to "bury a dead body" to complete a plan to commit the perfect murder.

It's too early to report the dates for the showing of the pilot show, but Linda Roberts promises to keep us posted on the date.

Ed Brown joined the Army Air Corps, but he had some difficulty breathing at the higher altitudes, so this enlistee became a non-commissioned officer. In 1942, he found

himself in England as a sergeant in charge of base facilities for the famed Mighty Eighth Air Force whose mission was bombing Germany on nearly a daily basis. It was there that Ed



R. Edwin and Winsome Brown.

Brown met a young lady at some church dances named Winsome Drage. Winsome caught his attention, and he fell for, in his own words, "the flower of the village."

Winsome was cautious, though, because there were many horror stories surrounding the over sixty thousand war brides who made their way to America. Many of them came to America to meet their beaux only to find no one there to greet them. Winsome needed for Ed to be absolutely sure, so, as the war came to an end, she insisted that Ed return to America without her, telling him, "You've got to think about this." He left in November of 1945 but returned in June of 1946 to marry her. The wedding became "the greatest feast in the village

—Continued on Page 21.



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"No Job Is Too Large or Too Small"

"Browns" Continued From Page 20—

in over six years."

Winsome Brown came from a dairy farm in the small town of Bozeat. Expecting only big things from America, she was surprised to discover that her little hometown was bigger than Poolesville. When she took the Poolesville taxi (yes, there really was a Poolesville taxi back then) from Union Station through Chevy Chase and Rockville, her expectations of Poolesville only got bigger. It was not until the taxi owner/driver, Mrs. Ward, whose husband ran a local garage about where the Getty station is today, announced that they had just gone through Poolesville that Winsome realized how small Poolesville was.

After a couple of years and a couple of kids, they began looking for the home that would not only be their first home, but the last one as well. "We looked at what seemed like three hundred homes," before deciding on the fifty-two-acre farm on Peach Tree Road. It must have been the right decision since they have lived their whole lives together there.

Leaving her parents and five siblings across the sea made her lonely at first. "What saved me was St. Peter's Church. If it hadn't been for Dots Elgin and Florence Van Emon, I don't know what I would have done." Enmeshed in teaching Sunday school and the women's group, Winsome made herself a new home and a new American family. With Ed working seventy hours a week, the couple looked for things they could do in the precious time they had together. They chose the very thing that brought them together in the first place. They danced. The area was a hotbed of adult dances back then, and the Browns, joined by John and Kay Moore, went from Olney to Thurmont and back to dances on the weekends. Winsome wistfully and almost philosophically laments, "People don't dance like they used to."

Through the first ten years together, Ed never took a vacation. Even Sundays were very busy. A typical Sunday had pro bono clients knocking at the back door looking for "lawyer Brown's help" on cases in Rockville scheduled for the next day while his paying clients were knocking at the

front door hoping he would see them because they didn't want to drive "all the way to Rockville" just to meet with him. With the courthouse open even on Saturdays in those days, his law practice and business venture kept him on the move. Then, just about their tenth year together, Winsome packed up the kids and went to England for a month-long vacation. Ed got lonely and decided to visit them, and they took a slow boat home



The Brown clan on their boat.

across the ocean. When he discovered he had his best year yet even while taking a vacation, he decided that taking time off wasn't a bad idea. It was in 1956 that they first started a life-long passion of boating.

Boating was something learned while working his way through law school, and that experience led them to buy an antique boat. He and Winsome restored it, showed it in boating parades, and even won many awards at boating events on the east coast. Today, they still have a fifty-foot cruiser docked in South Carolina.

As the years went by, Winsome expanded her volunteer work at the church and also was a founding member of the Historic Medley District.

Ed developed his general law partnership with Rex Sturm as defense attorneys specializing in condemnation law. He is no fan of the recent Supreme Court ruling on eminent domain, referring to it simply as "a most dreadful decision."

With his current partner, Dennis Ettlin, the firm has had some landmark decisions in its favor with a great victory coming from a twenty-two million dollar award in one case.

Through the years, while Ed continued to defend property owners, he also continued to look for new business ventures. This brings us full

circle in our story by returning to his early years and his very first business venture.

We would like to imagine the young Brown, fresh from the war, standing on his front yard dreaming of his future and looking down the long, long road ahead. There, right in front of him, stood his life's vision. At twenty-six years of age, along with four other men, he looked at a business that had been ravaged by floods,

whose best days seemed more in the past, and whose future had lost a lot of promise. Mr. Brown saw his future—he was looking at White's Ferry. With little commerce on the other side of the river, a barge that handled only three cars at a time, a fare that would not command more than fifty cents one-way, and facilities that regularly flooded, these gentlemen saw something others failed to see. They bought the business and its ferry license. White's Ferry was licensed in 1782 and is the very last one on its kind still in use. Today, while the floods still come periodically, the barge now holds more than fifteen cars, the facility attracts fishermen and boaters, and the grounds hold picnics, both large and small.

We started this report on the Browns of White's Ferry by saying they still look to the future. In fact, they are in the process of updating White's Ferry's marketing brochure believing that its allure as an entertainment center for people, families, and even businesses is on the upswing.

They say successful people know how to focus, how to "keep their eye on the ball." Winsome and Ed Brown prove the point. I rest my case.

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"Police Blotter" Continued From Page 12—

Vandalism – Hate Crime – Swastikas and racial slurs were painted on a school under construction. Five large cans of paint were also poured on the floors of classrooms.

March 24. 3000 block of Tudor Drive, Adamstown. Frederick County deputies responded to the area of Tudor Drive for the report of a prowler. They found that Mark A. Garonzik, age 34 of Frederick, had been detained by a homeowner. Garonzik was arrested and charged with going to the house for the purpose of looking into the bedroom window of a twenty two year old woman.

Past

April 12, 1966. Rioting erupted at the Glen Echo Amusement Park in Glen Echo when thousands of fun seeking youths poured out of the park and into the streets of lower Montgomery County. Buses, cars, and homes were stoned as the youths walked towards their homes in Washington. Over one hundred Montgomery County police officers and the Maryland State Police struggled to control the crowd. The Glen Echo shopping center also suffered damage.

April 12, 1924. A charge of murder was lodged against J. Lawrence

Burdette, amateur baseball pitcher, of Montgomery County growing out of the death of C. M. Griffith, a well known citizen of the upper section of the county. Burdette, who was one of the mainstays of the Boyds baseball club, was arrested by Sheriff Clay Plummer. Burdette is said to have admitted that Griffith's death followed a fight between the two men.

April 13, 1977. The Montgomery County special weapons and tactics team was sent to a farmhouse in rural Poolesville in response to reports that shots were fired at officers who attempted to serve a warrant on a man who lived there.

April 13, 1921. A judge saved a man after an outbreak occurred in the Frederick County courthouse when Charles Dorsey was acquitted of the charge of an attack on a young woman of the county. Spectators pounced upon defendant Dorsey beating him with their fists. They also used ink wells and water glasses that were thrown across the room.

April 20, 1928. Fanned by the wind, a brush fire started by unknown persons, ravaged over one thousand acres between Halpine and Rockville.. Firemen from the Rockville, Kensington, and Bethesda Volunteer fire companies finally extinguished the fire that threatened to burn the

countryside.

April 23, 1907. Bradley Ward, aged fifteen years, the son of Mortimer Ward, one of the best known farmers of the Barnesville district was injured, possibly fatally in a runaway accident.

**Focus on Business
Caprine Heaven**

By Alicia Agnew

Imagine walking into your kitchen and there, waiting for you, is a delicious, ready-made meal. You don't have to worry about its nutritional value. Why? It's already computed for you. You can't overeat and the food is great. How is this possible? It's possible if you're a goat at Cherry Glen Farm. These goats have an Automated Feeder System. The system was originally designed for cows, but then farmers reasoned that cows knew how much they needed (not true, by the way, as there are some cows who are complete pigs!!).

Diane Kirsch and Wayne Cullen, the owners of Cherry Glen Farm, have just installed the new feeding system, and it is quite a sight to see. Each goat has a blue box with a computer chip on its collar. When the goats walk into the narrow pens of the feeder, a scanner reads their chips and gives them their allotted food. A computer

While attempting to get back into the vehicle, the colt that he was driving took fright and started off at a lively rate and young Ward's legs became entangled in the front wheels.

records the information and also prints out a list of goats that didn't eat- a possible symptom of illness. Ms. Kirsch says that the system saves them hours of work. Before, they had to feed the goats in a feedlot which wasted food, and they had no way of knowing if all the goats were receiving the proper amount of food. The only problem so far has been that a few goats refused to enter the system. Others have taken to it readily, but the computer only allows them their portion so they sneak in after others are done to look for crumbs. Talk about goats who eat everything!

Cherry Glen Farm is a dairy goat farm in Boyds, within the Agricultural Reserve. Hidden from the road, most people are unaware of Cherry Glen Farm's existence. The farm is large with close to two hundred beautiful goats. Goats are known for their intelligence and personalities, and the goats here are no exception. When they see you, the goats run up to the fences, and they love to get scratched behind the ears.

Diane Kirsch and Wayne Cullen have been raising goats for close to thirty years. Ms. Kirsch fell in love with goats after a visit to France when she saw a goat herder with his goats. Cherry Glen Farm is nationally known for its prize-winning goats. In July 2005, Ms. Kirsch and Mr. Cullen traveled to Spokane, Washington where the American Dairy Goat Association's Annual Show was being held. They did extremely well with their two goat breeds, Alpines and Toggenburgs. Goats have breeds just like dogs and horses and other animals. Shows are divided into age classes: milking does (female goats) are called seniors, while kids and nonmilking yearlings are juniors. Cherry Glen Farm won Reserve Grand Champion and Junior Champion in the Alpine breed and Grand Champion and Reserve Junior Champion in the Toggenburg breed.

The farm now has a new milking parlor and cheesemaking facility. At the farm, goats are milked twice a day, 6:00 a.m. and 6:00 p.m. The milking parlor is sparkling clean. The facility can milk twelve goats at a time which is a blessing when there are so many to milk. There is also a system pro-

—Continued on Page 23.

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Special to the Monocle by Jessica Cates-Bristol

(As told to Jack Toomey)

Wow, since I last wrote to my friends and readers of the *Monocle* things have really been busy! As you remember I work for Grassroot Soccer and our purpose is to educate the children in Africa about the AIDS epidemic. The need is so great and the opportunities to help are endless. I have been in Zambia for quite awhile and the last time I wrote I was out in the countryside teaching children in a very rural setting. Recently I have returned to the city and started a program called *Soccer Reaching Out to Street Children Project*. The program takes place at a drop-in-center for street children here in the capital city, Lusaka, which is a city of about two million people. The center is designed for street children to drop in to eat breakfast and lunch, wash their clothing, bathe and talk with the outreach workers.

The project has been a challenge but very rewarding. The street children live a lifestyle that is unorganized and unbelievable. Sometimes it is a big hard to handle emotionally. Nearly all of these children are boys and are orphans with no relatives willing to take them in, or can't afford to do so. Others were kicked out of their families simply due to financial constraints, and since boys can't be used for prostitution they are seen as invaluable. All of these children are at-risk for violence and drug abuse, as well as other behavioral disorders. They spend their days begging in the middle of the street or at traffic lights. Their daily goals are to find food, find money for glue sniffing, and to find shelter. They don't go to school, and lack any supervision to structure in their lives. I wish the government could do more for them.

For my project we use a small group of former street children who were trained to be peer educators about the HIV/AIDS epidemic and other general health concerns. We have partnered with a medical organization in Lusaka which will be setting

up a clinic at the drop in center specifically designed for street children. These kids face numerous roadblocks including lack of education, money, and overwhelming discrimination from the medical community. We are



Jessica and a friend.

hoping that by using our Grassroot curriculum these children will be empowered to take care of themselves and will have the means to do so.

Besides working long hours I am still playing basketball with a local Zambian team. I walk twenty minutes, three times a week to practice. Usually on my way I stop at a street stand buy a piece of maize that has been roasted over a small charcoal fire. Boy is

it tasty! Sometimes I like to munch on groundnuts, which are quite like peanuts and look just the same but taste differently. The local markets have been full of ripe tomatoes, onions, bananas, and numerous types of greens.

We have a mango and an avocado tree in the front yard but with the end of the rainy season approaching the fruit is not quite ready to be eaten. I can't wait!

Lately I have been noticing a lot of interesting things especially with Zambian English. For example if you ask for directions a native speaker will always respond, "just there", even if they don't know where to go, and point in any direction. Then they will say "oh, left, just here", and point to the right. It's much like the scarecrow in the Wizard of Oz and it has definitely created some funny situations! My roommate and I have learned some of the Zambian terms such as saying "ehh" instead of "yes" and if someone tells you something surprising you reply, "ooohhhhhh" with an inflection in the middle. It's fun! You can have a whole conversation with simple sounds they will know exactly what you are saying.

I will be heading back out into the countryside to a refugee camp in about two weeks so I will be in touch with the *Monocle* as soon as I can.

"Caprine" Continued From

Page 22—

grammed to automatically rinse and clean the milk lines so everything is clean before milking starts. The milk is taken to a tank where it is refrigerated; then it is moved to a big vat where it is pasteurized. A culture is then added, and the cheese making begins. The result is lots of soft cheese and whey, a byproduct. The cheeses are put into fifty pound bags and hung to let the whey drain. Afterwards, the cheeses are put into a large freezer (a room kept at -20 degrees Fahrenheit) until trucks arrive to pick them up. The cheeses are basic cheeses so buyers can season them and produce their own specialty cheeses. They taste heavenly. Eventually, Mrs. Kirsch and Mr. Cullen hope to hire a full time cheese maker. Then they can produce their own specialty cheeses and market them.

Goat cheese is different from cow cheese because of their different compositions. Goat milk also has more calcium than cow milk and is digested more easily than cow milk. Many people who have allergies to cow milk can drink goat milk without problems except in cases of lactose intolerance.

Goat Milk is whiter than cow milk because goats digest carotene (an orange pigment) differently. Goat milk and cheese are eaten all around the world and are become more popular in the US.

Goats aren't the only animals at Cherry Glen Farm, though. There are a few pigs in the back that drink whey. Whey is high in protein and is great food for pigs. It also partially solves the problem of what to do with so much whey. Another group of animals on the farm is the Percheron horses Mr. Cullen raises. These huge horses are truly "gentle giants". They are trained to pull carts and do work on the farm. One of their main jobs is to pull the manure wagon to spread goat manure over the fields where Ms. Kirsch and Mr. Cullen grow their own hay. In this way they can recycle. There are also a few cats who keep mice out of the barns, and chickens in a little chicken coop. Whether you love animals, great cheese or both, Cherry Glen Farm is the greatest place- a caprine heaven.

If you wish to find out more information about Cherry Glen Farm, visit <http://cherryglenfarm.com/index.htm>.

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The Pulse

Poolesville Group Returns from South Africa

By Rande Davis

A group from St. Peter's Parish completed a missionary trip to Richmond, South Africa in March, where the church in Poolesville has been

instrumental in helping to assist the underprivileged, in general, and to help establish a food kitchen for youth, in particular.

St. Peter's has partnered with two churches in Richmond, South Africa, St. Mathew's (Anglican) and the Dutch Reformed Church, in projects to help the imper-

ished population. The members of the church in Poolesville who made this trip were Barbara Andreassen, Jonathan Warner, Joel Tjornehoj, Teresa Kraegel, Jane Bupp, and Stephanie Bupp Miltimore.

While one part of the group spent time with a ministry dealing with HIV/AIDS by visiting with patients and caregivers, another group observed the work being done on a sewer system and the repair and painting of

homes. A good part of their time was spent helping to make sandwiches at a soup kitchen set up to feed youths which St. Peter's has helped sponsor. Most of the children only get two meals per day, and the soup kitchen provides the second meal of the day for them.

Barbara Andreassen reports, "Poverty there is unlike anything most of us have seen. Can you imagine living in four walls made of scraps,

tied together with string and a prayer, with rocks on the roof to keep it from blowing away? There is no plumbing, and cold water is available down the road at a faucet."

The church will be sending another team over in the fall, and they will report back on plans for dealing with the health issues, improvements needed to the squatters' camp, improvements needed at St. Mathew's in Richmond, an update to the soup kitchen, and other projects including a plan to bring grassroots soccer to the kids.



Stephanie Bupp Miltimore and Barbara Andreassen help prepare the second, and for most, the last meal of the day.

"Shirley Ricketts" Continued From Page 17—

each class; each child signed their name. It will always be "Shirley and Milton's" home for the students of Barnesville School. Last year the school bought the property, and in July the new school principal, John Huber, and his family will move in. When meeting John and his family, Shirley wished them much happiness in their new home.

The Barnesville School was an important part of Shirley's life. All schools should be so fortunate to have the help and love of such a person. People like Shirley and Milton are what make Barnesville such a unique place to live. I moved here in 1980, and I count myself lucky to have know so many wonderful, caring people over the past twenty-six years.

We will all miss Shirley. As she enters another phase of her life, we wish her God Speed. She hopes that the hospitality of Barnesville will be matched in Lynchburg. Knowing Shirley, I am confident that it will be.

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Big Board

Bluegrass Can Be Angry?

Rhonda Vincent and the Rage appear at the Weinberg Center for the Arts Saturday, April 8 at 8:00 p.m. Ticket prices range from \$25.00 to \$35.00. Call the box office at 301-228-2828 or visit www.weinbergcenter.org for more information.

A Single Opening Reception

The Hyattstown Mill Arts Project (<http://hyattstownmill.org>) presents its first exhibition of the 2006 season, March 18 through April 23: Susan Due Percy, showing drawings and prints. The opening reception for her exhibition "A Single Thing" will be Saturday, April 8 from 2:00 to 4:00 p.m. at the Mill Gallery. The gallery is open week-ends and by appointment. Information about the artist is at <http://countrysideartists.com/artists.htm>.

You're Invited to an Easter Egg Hunt

Children eleven years and under are invited to an Easter Egg Hunt at Boyds's historical Maughlin House on April 9 from 2:00 p.m. to 3:30 p.m. Sponsored by the Boyds Civic Association and the Boyds Presbyterian Church. Go to <http://www.marlo.com/find/085/14/2027045.html> to view the invitation and reply.

Local Young Musician at Blues Alley

Matthew Conley of Poolesville will be performing with the St. John's College High School Band (Youth Jazz

Big Band) at the legendary Blues Alley on Monday, April 10. Many other local high school jazz bands are featured at the Blues Alley on different dates. Visit www.bluesalley.com for details.

Lions Springtime Blood Drive

The Monocacy Lions are having their quarterly blood drive on April 11 at St. Peter's Church from 3:00 p.m. to 8:00 p.m. If the last time you gave blood was at least before February 11, then you should call Peter Gallo at 301-972-4317 for a time reservation.

Poolesville Area Chamber of Commerce Logo Contest

PACC announces a contest to design an official logo. The winning logo will be used for all PACC marketing materials including website, emails, magazine advertisements, newsletters, and printed materials. The designer of the winning logo will be given \$50 and recognition on the website and in next year's Community & Business Directory. Information on rules can be viewed on-line at www.pacc.cc, and all entries must be emailed to laura@homesinpoolesville.com by April 15.

Curiouser and Curiouser

Other Voices, Inc.'s production of Alice in Wonderland will be showing at the Weinberg Center for the Arts on April 14 at 7:30 p.m. and April 15 at 2:00 p.m. and 7:30 p.m. The production features the highly-acclaimed Dance Unlimited Repertory Company as well as actors from the tri-state region. Tickets are \$12.00. Call the box office at 301-228-2828 or visit www.weinbergcenter.org for more information.

information.

Bowl for Good Cause

The Relay for Life of Poolesville continues to progress toward the big fundraising event on June 10 benefiting the American Cancer Society. Groups of ten to fifteen people form relay teams that will join with over four thousand relay communities nationwide. Each team member gets sponsors for the overnight walk-a-thon at Poolesville High School. You can also benefit Relay for Life by bowling at Bowl America (on Clopper Road) from 3:00 p.m. to 5:00 p.m. on April 23, 2006. Twenty-five percent of all proceeds will go to Relay for Life. For fifteen dollars, participants will receive shoe rental and two games of bowling. For twenty-five dollars, they also provide a pizza and soda. Look for even more information on Relay for Life in the April 28 issue. In the meantime, you may call Chontelle Hockenbery at 301-972-7867 for more information.

The Strange Case of Dr. Jekyll and Mr. Hyde

Brought to the Weinberg stage by the world-class touring company, Aquila Theatre Company, this classic is brought to life by the finest stage actors of New York and London with original music and choreographer. April 23 at 3:00 p.m. Ticket prices range from \$25.00 to \$35.00. Call the box office at 301-228-2828 or visit www.weinbergcenter.org for more information.

information.

Local Artists Sought for Exhibition at Poolesville Library

The Poolesville Library is seeking local artists from Poolesville and surrounding communities to display their artwork for a special exhibit as part of the 15th Anniversary Celebration of the Poolesville Library. The exhibit will be on display during from May 10 through May 23. This exhibit will be part of several activities planned for the anniversary celebration starting April 15 and culminating with a special ceremony on May 16 at 7:00 p.m. Interested artists should contact Mary Ann Powell at 301-407-2121, before April 29. For additional information, call the Poolesville Library at 240-773-9550.

Memories Are Made of Music

Mark your calendars for Thursday, May 25 for the return of Sandy Cameron to her alma mater, Poolesville High School, where she will perform for the community in her third benefit concert. This time, she's bringing friends from New York, and other special guests from the Poolesville area. All proceeds from the concert and silent auction will go towards the music programs of schools in the Poolesville cluster. The Sandy Cameron Music Benefit Fund continues to seek corporate sponsors for the upcoming event. You may contact Roger A. Hayden at rah22222@netscape.net if you would like to step forward as a sponsor or donor.

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Youth Sports

Roger Torres

By Dominique Agnew

Poolesville High School senior Roger Torres has made a name for himself in wrestling in the county, in the region, and in the state. Since his sophomore year, he has placed fifth or better in those three championships. In both his sophomore and junior years, he won the region championship, and he barely missed it this year, earning second place after losing his bid for first place in double overtime. In counties, as a sophomore, he placed fifth, as a junior, he placed second, and this year, he won first place. He is one of only five PHS wrestlers to ever win counties. At PHS, he holds the no-one-even-comes-close record of 133 career wins.

It should come as no surprise then that he made the all-county wrestling team. For years, Roger would see the wrestlers who made the all-county team, and, he says, "I considered them way above me." Now, he's one of them.

Coach Eric Britton says, "Roger Torres had a great career. He's definitely one of the best wrestlers I've ever coached." He remarked that to get to Roger's level, wrestlers need to wrestle in the off-season at open mats, clubs, or camps.

Besides wrestling, Roger plays football in the fall and baseball in the spring, making him a three-letter athlete. He has also had a successful academic career in the Global Ecology Program maintaining a high grade point average and earning high marks on his SAT scores. He has not yet made a decision on which university he will attend, but he says he will probably wrestle at that level, as well.

PBA Champs: Undefeated

The Poolesville Basketball Association Varsity Boys won their first Mid-Maryland League Class A tournament Championship by beating rival Oakdale, 17-7. After losing to Poolesville twice by increasing margins during the regular season, Oakdale tried something different



The Undefeated PBA Varsity Boys

during Monday night's championship game. The Eagles decided to hold the ball to keep things close and then try to win it in the end. The strategy paid off for the most part as Poolesville held at most a three-point lead for most of the game.

Things slowly came apart for Oakdale in the final period as Poolesville converted turnovers and missed shots into made free throws and buckets. The Varsity Boys slowly pushed out to a larger lead as Oakdale found itself to be a victim of their own early game strategy. With a small advantage on the scoreboard, Poolesville ran their own ball control offense—with Kevin Cabrejas orchestrating the action to perfection—to close out their awkward but satisfying 17-7 championship game win.

"The most impressive thing is that we played their game and we still beat them by double digits," said Coach John Weber. "The boys were patient

and finished strong when they had the opportunity and that was the difference in the game. They showed a lot of maturity tonight for 8th graders, and I think it's going to be a lot of fun watching them at the next level over the next few years."

The Falcon's Brendan McFall hit for six points in the final period and finished with eight points total. Poolesville's Kevin Baker scored four points in the win and brought home the tournament MVP trophy based on his game against Oakdale as well as his effort in the tournament opener against Brunswick.

The victory captured Poolesville's first Boys Mid-Maryland Championship in eleven years of league competition and completes the first Varsity undefeated season (19-0) in the last five years (and only the fifth undefeated Varsity season in the thirty-four year history of the Mid-Maryland League).

Welcome

Safe and Secure in Poolesville

By Marcie Gross

Have you ever locked your keys in your car? Well, you don't have to experience that sudden angst of panic any longer. Poolesville has a new family-owned business. Pro-Tech Safe and Lock will be opening its doors this month. Owners Gary and Gibbie Harney are coming to our area from Fairfax, Virginia where Gary is retiring from the sheriff's department.

Pro-Tech Safe and Lock is located next to the hardware store. Gary has had this business part-time for the past twenty-five years and is excited to be relocating it to our area as a full time shop. Gibbie will run the shop, and Gary plans to run the calls. They'll also be running the shop with Gary's brother Paul, a Poolesville

Continued on Page 27.

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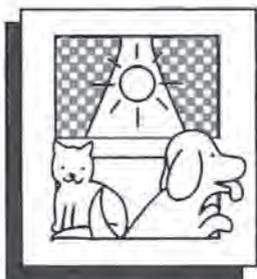
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**"Safe and Secure" Continued
From Page 26—**

resident. This is a security lock business offering a variety of services from



Gary and Gibbie Harney

locksmith and home security surveys to protective windows. They will offer a high-impact window film and will be involved in both commercial and residential properties. Gary also plans to offer talks to civic associations and groups about safety and security.

Gary wants the community to know that this business is not just a storefront. The Harneys plan to be a face in our community and will become involved in the town of Poolesville.

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**"Conditioning " Continued From
Page 19—**

the metabolism does not ramp up and switches to anaerobic mode at a lower level of exertion. I walk for at least ten minutes before starting to trot.

Your first trots should be fairly brief. I start by trotting for five minutes, then walking for three to let the horse recover. Three trot/walk sets are enough. Then, I finish with at least a ten-minute cool down period. This is as important as the warm up. It is during the cool down period that the muscles are cleared of lactic acid. A sudden cessation of exercise invites toxic build up in the muscles which can cause pain and stiffness. In extreme cases, these muscle toxins can cause your horse to tie up.

Two ten-minute walks and three trot sets work out to a forty-five-minute ride. If you have a busy work and family schedule, this may be all you can do, but if you do just this much twice during the week, with a nice long, slow trail ride on a weekend day, you will have a moderately fit horse who will reap the benefits of your program in improved health and vitality.

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Easter Ham with Honey Dijon Glaze

Seared Tilapia in Mediterranean Sauce

Free Range Chicken Stuffed with Corn Bread Dressing

Shrimp Display on Carved Ice

Seasonal Fruit Display

Plateau du Fromage (Assorted Cheese Plate)

Assorted Salads:

Exotic Green Salad

Potato and Pecan Salad

Crab and Corn Salad

Asparagus Gratin

Potato and Mushroom Torte

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Apple Smoked Bacon

Assorted Fresh Vegetables

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