

The Monocacy

MONOCLE

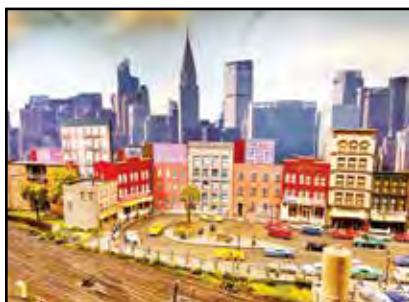
Keeping an Eye on Local News

A Biweekly Newspaper

March 3, 2023 • Volume XIX, Number 1



When the lights dimmed, the party and music began. Check out the Heart 'n Soul Valentine's Gala put on by the Poolesville Seniors on page 2.



The NYC Chrysler Building skyline overlooking a railyard is not what you think—promise. Check out why on page 15.



Sam Stempler ended his high school wrestling career marking 100 wins! Check out his and the team story on page 16.



This abandoned old smokehouse in Beallsville has a mystery within a mystery. You will be amazed at what you learn when you begin to peel back the onion on page 17.

Commissioners Pass Chicken Ordinance, Move Ahead With Testing Filtering Technology for PFAS

By Link Hoewing

At their February 6 meeting, the Town of Poolesville Commissioners adopted the Backyard Chicken Ordinance and moved ahead with a project to test filtering technology to remove PFAS from town water.

In moving to adopt the Backyard Chicken Ordinance, Commission President Jim Brown said he viewed the compromise ordinance as “Poolesville Centric,” meaning it does not simply move to adopt existing county rules. He also added that residents must “get proper approvals and a permit” in order to raise chickens in their backyards. This includes siting coops far from backyard boundaries and attaching a covered run to the coops, so chickens can’t wander near fence lines.

Commissioner Jeff Eck again expressed opposition and continued to voice concerns that the new ordinance

would be “enforced by citizens” and “favors some residents over others.” Commissioner Martin Radigan pointed out that there are many uses that are not feasible or allowed depending on the size of a backyard, such as installing pools, and this ordinance is not out of line when viewed in the broader context.

The final vote to approve passage was four to one, with Commissioner Eck the only “nay” vote.

With regard to PFAS or so-called “forever chemicals,” Town Manager Wade Yost said that the town, working with the Maryland Department of the Environment, had been considering a number of options to begin testing systems that could eliminate PFAS. The idea is to do a “pilot test” on Well #2 that has had low levels of the chemical present to see how effectively it works.

At the same time, Well #3, which has also had low levels of PFAS, will be started back up. The reason for this is to keep PFAS from migrating. Town consultant Kathy Mihm has developed modeling that suggests the chemicals might migrate to Well #9. That well, however, already has a filtration system that should eliminate the PFAS. This will be tested as well during the trial period.

The proposed approach suggested by Yost would use technology built by Tetrasolv Filtration that uses granular-activated carbon. The system can be rented and be online within a few weeks. The total cost of the testing process is estimated to be \$95,000. Yost and Town Attorney Jay Gullo iterated that Poolesville is far ahead of almost all jurisdictions in working to come up with workable solutions to the existence of PFAS.

Continued on page 10.

Martinsburg Cemetery: Uncovering A Proud but Forgotten Past

By Kenny Sholes

Shortly after the conclusion of the Civil War, free blacks, many of whom had been previously enslaved, purchased land to establish the Martinsburg community (a few homes and shops already existed in the area, but the community really took shape following the war). One of the first structures built by the community was a small church which sat off of Martinsburg Road (near the current site of Calleva Farm). Around the church, a community cemetery was developed, serving as the final resting place for many of the Martinsburg community’s early leaders and residents.

In the 1870s, the congregation used logs and oxen to move the church from its initial location to the current site at the intersection of Martinsburg and White’s Ferry Roads (approximately one mile). While much of the community

activity was centered around the intersection of these roads, the initial cemetery remained active through the nineteenth and much of the twentieth centuries.

Over the years, much of the cemetery became overgrown with vegetation, as most of the Martinsburg community has moved out of the area and is no longer present to maintain the site. Recognizing the cemetery’s

significance, a small group of local leaders and preservationists (Chuck Copeland, Link Hoewing, Glenn Wallace, and myself) recently worked to organize a cleanup of the site.

On the morning of February 18, approximately forty to fifty volunteers gathered in the historic Martinsburg Church at the Warren Historic Site.

Continued on page 7.



More than four dozen volunteers joined to uncover important local history.

Family Album

*2023
Poolesville
Seniors'
Heart 'n Soul
Gala*



Local News

Poolesville Community Mural Contest

The Upcounty Prevention Network (UPN), in partnership with Riverworks Art Center, is sponsoring a Poolesville community mural contest. This mural project will team young people and adults in the Poolesville community in designing and painting a town mural illustrating the theme: Mindful of the Past, Hopeful for the Future.

The first stage in the project involves choosing a student-created design accomplished through a contest. The contest is open to young people in grades six through twelve who attend Poolesville High School (PHS) or John Poole Middle School (JPMS) or live in the PHS attendance area.

Winners will be chosen by a panel of residents and will receive cash prizes: \$500 for first place, \$250 for second place, and \$150 for third place.

Contest rules: All entries must be submitted by 3:00 p.m. on Sunday, March 26. Submit the entry with the application form to:

- Mail: UPN, P.O. Box 383, Poolesville, MD 20837, postmarked no later than March 25.
- Dropped off at Locals Farm Market, 19929 Fisher Avenue, Poolesville.
- Email: contact@RiverworksArt.org

Entries are to be full-color designs for a mural in landscape orientation. They may be accomplished by hand or by computer. No text or logos may be included, but images that relate to Poolesville's heritage and culture should be emphasized. Artists are encouraged to take inspiration from the idea of the Sankofa bird, which symbolizes taking from the past what is good and bringing it into the present to make progress in the future.

Questions about the contest may be addressed to Lynne Stahl Rolls (lynnerrolls@aol.com) or Tara Middleton (tara@aldenfarm.net).



The Sankofa Bird: Mindful of the Past, Hopeful for the Future.

Monocacy Critters

Serendipitous Pet and Animal Pictures*



A male pileated woodpecker looking for a snack.

By Terri Pitts

*Do you have an unusual or funny picture of a pet or animal? Mail or email the picture to editor@monocacymonocle.com or P.O. Box 372, Barnesville, MD 20838



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Rande(m) Thoughts Getting it right? We Shall See

By Rande Davis

Will they, or won't they? The intrigue and anticipation have been almost too great to handle. It's not that the lingering concerns about the pandemic, the war in Ukraine, or the ever-expanding debt have not been enough to fill our plate of worries. It's just that I can only handle so much at one time as it is, so waiting on the commissioners to finalize a decision on chicken coops was starting to really drag me down.

Then, suddenly, relief came just like that with a 4-1 vote to approve the birds and pens. As I indicated in my February column, I approached the issue with much trepidation. This is not the first time my initial concerns on a public decision ultimately gave way to approval. Chalk up another one in praise of the process. One other time was when the skateboard park first got raised as a possibility. I thought, here we go again, another short-term project that won't have the legs to support its purpose. Then the public spoke, followed by discussion and informative debate, adjustments, and compromise, and in the end, I supported the final vote to build it. It's not that none of my concerns didn't emerge. Things like graffiti, trash, and at times inappropriate behavior have come about. It's just that the shortcomings do not outweigh the benefit.

In my last column, I spoke of how the job of the commissioners in approving this new ordinance would require their coming up with the restrictions that could make it work well. Well, they did a good job of this. I particularly like the requirement that permit seekers are required to be certified through an educational program

on how to properly raise chickens for eggs. I never thought of that one, and this requirement is best for the benefit of the property owner, neighbors, and most assuredly, for the chickens.

I think the very process of getting a permit and a certification will filter out the people who spontaneously buy a cute little chick at Tractor Supply in spring unaware of exactly just what it takes to raise them.

Jeff Eck voted no and in so doing raised an extremely fair and important point. His concern was about enforcement. Who exactly is to enforce this ordinance for these backyard farmers? The fact is the town will only act upon a complaint when one is made, and we all know almost all complaints are going to come from another resident, most likely a direct neighbor. I have lived next to people who had no idea how to be a responsible neighbor. They never mowed their lawn, picked up trash, even to the point of not understanding that their backyard was not a mini dump—a wonderful view from one's deck that unavoidably overlooks the neighbor's yard. When a live animal and its care and welfare are the focus, matters will get even more intense.

Still, I applaud the commissioners for doing their due diligence, developing a reasonable plan, and giving the citizens a chance to prove they can handle their new role. Just as the kids got their chance with the skateboard park, the adults will have their opportunity now, too. My guess is that, in the final analysis, it won't be a big deal as few people will probably get into it anyway and those who do will find out how costly and time consuming it really is and bail out on their own.

In the meantime, I will always be grateful for the public debate as it provided me the opportunity to write the very best headline ever for my column in the last issue. In case you missed it, it was: "All the Poop and Scoop about Chicken Coops and Other Backyard Adventures."

Focus on Business

2023 PACC Annual Meeting: A Most Remarkable Year of Success

By Rande Davis

The Poolesville Area Chamber of Commerce (PACC) held its 2023 annual meeting at the Poolesville Town Hall on February 23. PACC president

Tom Kettler welcomed attendees at the newly-revamped business meeting that was followed by a social event at the House of Poolesville later in the evening.

The program highlighted many accomplishments of the local chamber that had a remarkable and robust year of progress despite vestiges of the pandemic still influencing much of the year.

Their accomplishments included: Increased membership to 150 by year's end; hosted twelve monthly Businesses

Continued on page 25.



Kevin Schramm received the 2023 PACC community service award. Board members Cheryl Kenly (M&T Bank), Katie Horan (Sweet Lemon), Tom Kettler, president (Kettler Forlines Homes), Hilary Schwab (Hilary Schwab Photography), Dr. Tim Pike, vice president (Pike and Valega, DDS), Kevin, Jeff Eck (UMCVFD and Poolesville commissioner), and Jeffrey McCloskey (Truist Wealth).

The Monocacy MONOCLE

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Tidbits

Do You Have a Child Who Will Be Five Years Old by September 1?

If so, Poolesville Elementary and Monocacy Elementary Schools are now accepting early registrations to attend the schools this fall. Parents/guardians may register online at <http://bit.ly/MCOS-ParentVUE>. If you are new to the school, you may create your parent account at the site as well. If you are uncertain as to which school your child is assigned, visit <http://bit.ly/MCPS-School-Assignment>. Residents of Poolesville may choose Monocacy.

Looking for Donations for Silent Auction

Hope Garden Children's Ballet Theatre will have a fundraiser on June 10 at the Riverworks Arts Center festival, Taste of Riverworks, to benefit HGCBT.

They are seeking items and/or services of varying value, for example: works of art, jewelry, crafts, decorative housewares, small furnishings, vacation opportunities, restaurant offerings, art lessons, photography sessions, event tickets, clothing, etc. We may also conduct an online auction in addition to the in-person event if we receive enough contributions. HGCBT is a registered nonprofit; all in-kind donations are tax deductible to the full extent of the law.

If you have something you wish to contribute, please feel free to contact Beth Jones (putprint@gmail.com) or board member, Kimberly Yourick (kimberlyyourickinvestigations@gmail.com).

The KC Chiefs: Poolesville's Super Flag Football Team



Front row: Anthony DePasquale, Landon Puglisi, Kabeer Bakshi, Nick DePasquale, Dean DePasquale. Back row: Christian Hayes, Nirav Sabin, Matt Puglisi (coach), Liam Slonski, Keegan Slonski, Vidhur Sai, Dean DePasquale (coach). Not pictured: Reid Kimball.

Matt Puglisi, the coach of the Poolesville's flag football KC Chiefs sent us a note about the amazing success of the local flag football team. This past October, the team, the KC Chiefs for players in six through eighth grades, completed their third undefeated season in a row. They are the only Poolesville flag football team to have an undefeated season and never have lost since the league's inception. Coached by Matt Puglisi and assistant coach Dean DePasquale, the team has four core players that have been there since its inception: Landon Puglisi, Anthony DePasquale, Dean DePasquale, and Nick DePasquale. Congratulations!

Historic Medley District Is Seeking Help for Remembrance Marker Ceremony

The Montgomery County Lynching Memorial Project, the Historical Medley District (HMD), and other community partners are working to install a marker at

Continued on page 21.

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Senior News

Poolesville Seniors Presents Virtual and In-Person Programs

Are you looking for activities that stretch your mind, renew your body, and lift your spirits? Then visit the website for Poolesville Seniors, poolesvilleseniors.org, or call 301-875-7701 to register for a wide variety of virtual and in person events. **Registration is required, but all events are open to the community.** Most in-person events are located at Speer Hall at Poolesville Presbyterian Church.

March 2

Everglades Adventure

Join local adventure enthusiast Mark Bolgiano as he entertains us with tales of his canoe trip into the most challenging depths of the Florida Everglades. Mark will share with us his adventure in all its pictorial splendor. 7:00 p.m. Virtual.

March 3

CPR Training

The Upper Montgomery County Volunteer Fire Department brings CPR Training to Poolesville. UMCVFD will provide the training. There is a \$45 fee which covers the cost of the student training materials and the American Heart Association CPR card. 9:00 a.m. Class size is limited to twelve. Registration required. *Speer Hall*.

March 9

Spring into Savings

Join Larissa Johnson, MoCo's Residential Energy Program Manager, for a Jeopardy-style event where you can win prizes while learning how to reduce energy usage in your home and keep money in your pocket! 7:00 p.m. Virtual.

March 16

Historic Ag Reserve Properties with Kenny Sholes

Explore the next historic Ag Reserve properties with local historian Kenny Sholes who brings us the stories of an array of impressive historic homes, those who built and lived in them, and the important part they played in American history for centuries. 7:00 p.m. Virtual.

March 20

PS Book Club

Have You Seen Luis Velez by Catherine Ryan Hyde is the story of Raymond, a boy who doesn't fit in at school, with

either divorced parent, or in the neighborhood. When his only friend moves away, he forms an unlikely friendship with his blind elderly neighbor and agrees to do her shopping and help her find Louis Velez. 7:00 p.m. Virtual.

March 23

Downsizing with Eleanor Bateman

Eleanor Bateman of Redeemed Interiors will discuss the process of downsizing your belongings. Whether you are moving to a smaller place or attempting to clear out forty years of "stuff," learn how to "get your house in order." Registration required. *Speer Hall*. 7:00 p.m.

March 24

Friday Movie Night: A Man Called Otto

In this comedy-drama, Otto Anderson (Tom Hanks), the neighborhood grumpy old man, is changed by his reluctant friendship with an immigrant family, and he begins to soften his gruff personality. Deals with suicide. PG-13. Snacks will be provided. Registration required. *Speer Hall*. 7:00 p.m.

April 2

Croquet

The Sugarloaf Citizens' Association will host the Poolesville Seniors' croquet afternoon. Instruction will be provided, and there will be access to restrooms. Two croquet courts will be set up for a maximum of twelve players. The event is weather-dependent. Registration required. *Linden Farm, Martinsburg Road*. 1:00 p.m.

April 6

European Travel Planning

Join travel specialist Barbara Paulson to discover how many countries/cities to include, how to pick hotels, money, packing tips, planning on what sites to see, what time of year to go, etc.; ending with getting to the airport. 7:00 p.m. Virtual.

Weekly Events

Mondays, Wednesdays, and Fridays

Indoor Open Play Pickleball. *Poolesville Baptist Church Family Life Center*. 8:30 a.m. to 12:30 p.m.

Outdoor pickleball will resume in April.

Tuesdays

Bridge and Other Games

Snacks provided. Registration required. *Speer Hall*. 1:00 p.m. to 4:00 p.m.

Wednesdays

Tai-Chi with Maureen Ivusic. 11:00 a.m. to 11:45 a.m. Virtual.

Zumba Gold with Karen McPhatter. 1:00 p.m. to 2:00 p.m. Virtual.

Trivia Game Night

If you love Trivia, come join a team with Poolesville Seniors. For more information, email info@poolesvilleseniors.org. 7:00 p.m. Virtual.

Thursdays

Indoor Ladder Play Pickleball.

Poolesville Baptist Church Family Life Center. 9:00 a.m. to 12:00 p.m.

Mahjong with Joyce Kral. Beginner and seasoned players are welcome.

Speer Hall. 10:00 a.m. to 12:30 p.m.

For more information or to register for any of the programs listed here and receive the Zoom link for each, visit the Poolesville Seniors website: poolesvilleseniors.org. Many of these presentations are also streamed live on their Facebook page and recorded for later viewing on their YouTube channel. Did you know that you don't need a computer to participate? You can join the Zoom presentation using your smartphone or just listen in using the local telephone number from Zoom and the Poolesville Seniors meeting ID and Password. Call or text them at 301-875-7701 to learn how.

Of Poetry and Prose

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March

Could sullen Winter, in his mid career,

Call from his magazine of storm
and cloud,

A ruder gale than this How shrill
how loud,

Its angry dissonance assails the ear!

Where be those tokens now which
late did cheer

The trusting heart with hopes that
Spring was nigh?

Ah! as I gaze around, earth, sea,
and sky,

In mournful cadence, seem to
answer "Where?"

Yet wait we patiently a little while—

The boon for which we sigh is
but delay'd;

So sure as Nature's summer charms
did fade

At Autumn's touch, so sure at Spring's
sweet smile

Shall trees again bud forth, and
flowers unfold,

"And all be vernal rapture as of old."

— Rebecca Hey

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Continued from page 1.

Martinsburg Cemetery: Uncovering A Proud but Forgotten Past

Pastor Chuck Copeland, who has deep ties to the Martinsburg Community, provided the group with a wonderful historic overview of the community and the cemetery. Following the remarks from Chuck (and donuts and coffee provided by Link), the group caravanned the approximate one mile trip from the church to the cemetery.

Despite years of vegetation growth over the site, the large group of volunteers—wielding chainsaws, hedge trimmers, rakes, shovels, and brute force—was able to make significant progress in clearing the site. As the vegetation was cleared away, burial markers—frequently simple carved sandstone—emerged from the brush, seeing light for the first time in decades. One notable stone marked the resting place of Nathan Naylor, one of the founders of the Martinsburg community and thought to have been one of the largest African American landowners in the county in the late 1800s.

Overall, the cleanup was a huge success. Not only did more of the site get cleared than the organizers expected (thanks to the great volunteer turnout!), but many of the volunteers found it a moving and meaningful experience. The site, which is the resting place for many individuals who likely started their lives enslaved, is certainly sacred. As a next step, Glenn Wallace will lead efforts to begin mapping the cemetery and working to better understand the names and stories of those buried there—a difficult task when you consider that many of the stones are unmarked sandstone.

A special thanks to the many volunteers who spent their day hard at work to clear and ultimately preserve this very special historic Ag Reserve landmark. Additionally, thanks to the Markoff Family for participating and providing some heavy equipment that made moving fallen trees possible.



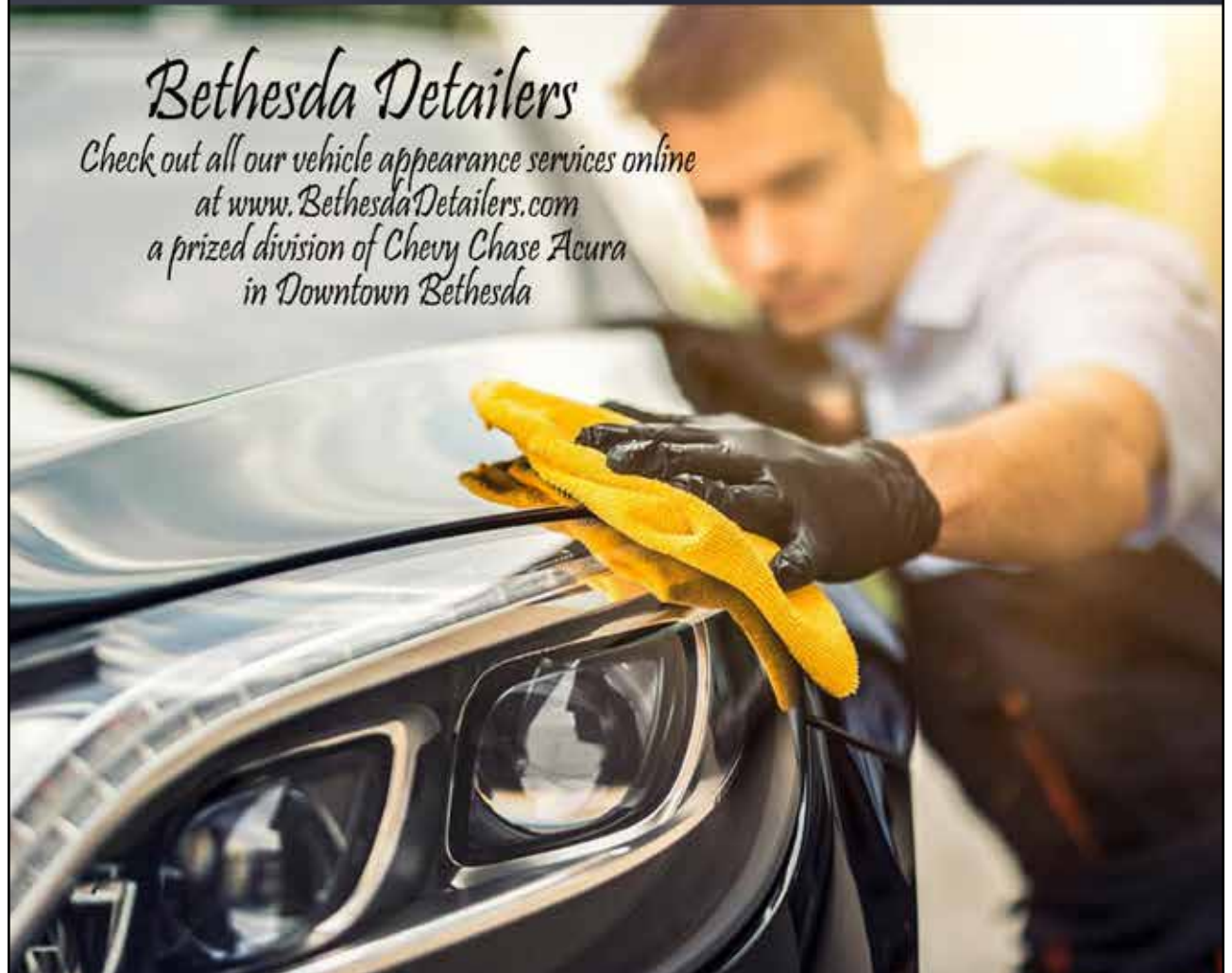
Grave marker of Nathan Naylor, one of the founders of the Martinsburg Community.



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In Your Own Backyard

Lock 24 Stone Etchings: Part 1

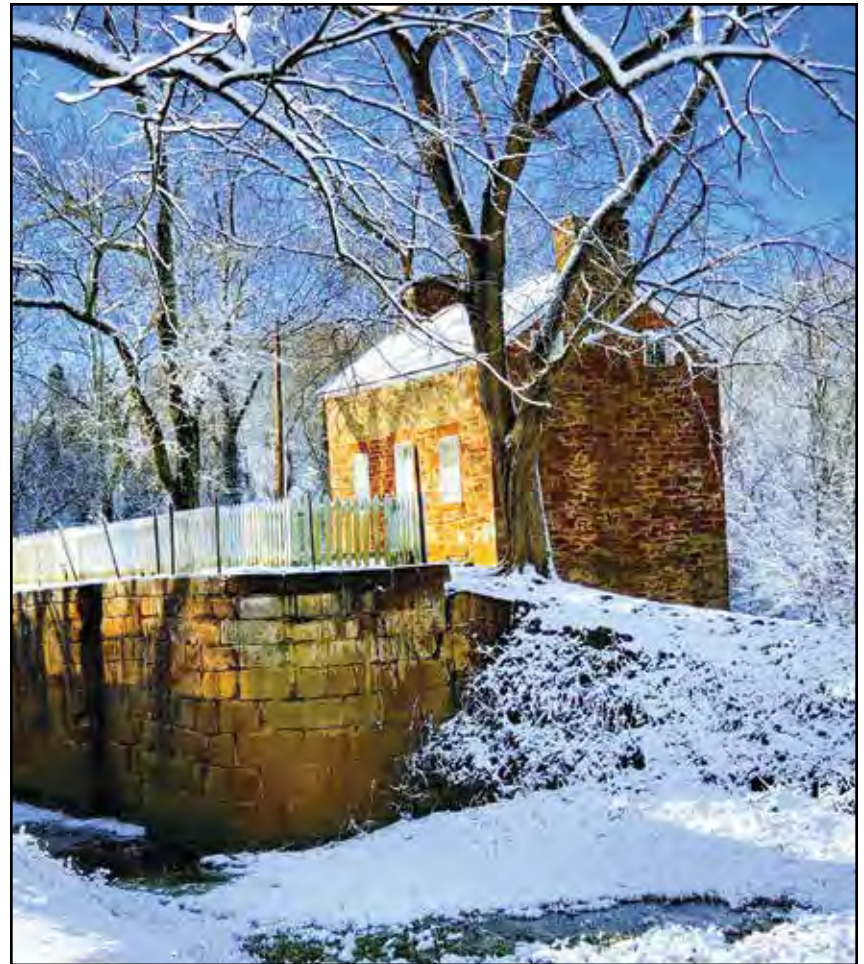
By Jon Wolz

Along the Chesapeake and Ohio Canal, there are many stone structures that remain from when the canal was constructed and was operational in the late 1820s to 1924. These structures include locks, lockhouses, bypass flumes, culverts, aqueducts, bridge abutments, and more. Sometimes I come upon an etching in a stone. Spray paint was not available over a hundred years ago, but the ability to carve something in stone was what some people did. Today, what people etched in stone over a hundred years ago remains for us to see, appreciate, and interpret.

On a walk with some Poolesville Seniors, I led them into the lock at Lock 24, Riley's Lock, where I pointed to the stonemasons' marks on several of the red sandstone blocks that make up the lock walls. On one of the stones, between three and four feet from the ground, I noticed, etched at the bottom of a stone, "WHB" and below it "JB." To the right of the initials is "1870." In the center of the stone, there is a stonemason's mark. The stone etchings had to have been done when the canal was drained of water during the winter months. The census for that location was done on August 5, 1870, and the lock would have had water. Noticing the "B" in the initials and the year, I immediately thought of who the lockkeeper was in 1870, Allen M. Benson. Allen Benson is a long-forgotten lockkeeper along the C&O Canal and does not appear in the C&O Canal National Historical Park's records as being a lockkeeper at Lock 24.

When I got home after the walk, I looked up Allen Benson in the census and on Ancestry.com. From Ancestry.com, I learned that by 1870, Allen Benson and his wife Mary had several children, and two of their sons in 1870 were James, 15, and William, 8. James appears in the 1860 census, but does not appear in the 1870 census and disappears from written record. He may have left home in early 1870 before the census taker came. Did these children carve their initials in the stone?

Continued on page 18.



Lock 24 of the C&O Canal.

WUMCO
Help, Inc. 

Annual Meeting – March 21, 7:00pm

All are invited to WUMCO Help's Annual Meeting,
especially WUMCO's Supporting Members!

If you are interested in what our local Emergency
Assistance Organization does to help our community,
please plan to join us (via Zoom). We will be sharing
how WUMCO has assisted your neighbors in need,
including an update about our healthcare outreach.

Thank you for your support!

Email the WUMCO office at
info@wumcohelp.org for the Zoom
meeting information. It's not too
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Boyd's Presbyterian Church

Holy Week and Easter Services



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PALM SUNDAY, April 2nd

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EASTER SUNDAY, April 9th

6:00AM Sunrise Easter Service – Sugarloaf Mountain
(check our Facebook Page for specifics)

10:00AM Traditional worship service and fellowship

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A Monocacy Moment *Lost in Time*



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Continued from page 1.

Commissioners Pass Chicken Ordinance, Move Ahead with Testing Filtering Technology for PFAS

A number of groups came forward again to make grant requests. Brown repeated that all of them will be considered as part of the budget review that the commissioners will undertake in order to develop an FY2025 budget.

Historic Medley District (HMD), which owns and manages the John Poole House and the Old Town Hall Bank Museum and led the restoration of the Seneca Schoolhouse, proposed that the town consider making a multi-year commitment to the group to help it in planning for ongoing maintenance and restoration work, particularly on the Old Town Hall Bank Museum which has a number of deficiencies. Currently, the building houses a small display of Civil War artifacts found around Poolesville and is not open for much of the time.

Yost proposed that the town work with HMD to survey the building, assess its condition, and develop a plan for making needed improvements and repairs. That could better inform the town as to what is needed and how and whether to make a multi-year commitment.

Scott Graham, the Fire Chief of the Upper Montgomery County Volunteer Fire Department (UMCVFD), next made a presentation requesting the town's support for the annual fireworks display managed by the UMCVFD. The department has to negotiate and sign three-year agreements with the company that sets up and operates the fireworks. The company, Zambelli Fireworks Company, has told the department that costs will be rising. Graham asked for \$30,000 to cover each of the next three years. A Memorandum of Understanding (MOU) will be negotiated between the town and the department spelling out what will be done under the program.

Finally, the Poolesville Swim Team, led by Jeff McCloskey, Everett Lee, and Adele Polson, submitted a request for a grant of \$2,500 to support the annual awards program for the team. They noted now successful the team has been and the importance of acknowledging the accomplishments of the swimmers each year. They also said that there are many other costs for running meets, for example, that the team bears itself through fundraising. In closing, they reminded the commissioners of their support for enclosing the pool, so it can be used year-round.

During their February 21 meeting, the commissioners largely heard final presentations regarding requests for grants and funding. In one important development regarding town business, Town Manager Wade Yost announced that the town had worked out an agreement with the State of Maryland's Department of the Environment (MDE) to allow for the installation and testing of filtering technology designed to remove PFAS on Well #3. The test is likely to continue for about six months. Normally, state approval for such a test would take much longer, possibly months, but the town presented strong evidence that the filtering media in the equipment to be used for the test is very reliable. Further, the town provided the state with test protocols it will use to effectively monitor the equipment. Well #2 will also have a smaller filtration unit installed, but its water will not go back into the system.

Kevin Schramm, the Chair of the Poolesville Day Committee, presented his request for \$35,000 for the upcoming Poolesville Day to be held on September 23. All nineteen planning committee members are returning this year along with one new committee member which brings the Poolesville Day Committee to twenty dedicated volunteers. Last year, the committee implemented some cost-saving measures resulting in over \$3,000 in savings over the previous year. To help improve the event, the committee also made a considerable investment of almost \$5,000 to enhance the agricultural display with the purchase of heavy-duty fencing panels which are used for the live animal pens. He also remarked that, last year, the committee implemented an online map for the festival which was well-received by vendors and visitors.

Link Hoewing, the chair of the Fair Access Committee (FAC), presented a request from the committee for funding of \$95,000. FAC is a committee created by the town, so its request is not for a grant but rather for the funding of its activities as an official body of the government.

Hoewing explained that the committee initially requested \$80,000 in its first year in 2018 and has achieved a number of successes, especially the renovation of Poolesville High School. He said that without the support of other community groups, such as the PTA and PACC as well as the over seven hundred members of FAC, none of this success would have been possible.

Even with this success, the committee had to continue to fight to ensure they achieved all of their goals. For example, the school system originally was not planning to expand the school's main gym or include a full-sized wrestling room and exercise room. With continued efforts by the community and the committee,

it appears now that a modern, main gym on par with those in other high schools is in sight. Hoewing said that could change unless we continue to advocate. The committee also must educate and persuade six new members of the County Council to support policies that benefit residents of the Upcounty.

Finally, David Therriault and Sandy Wright, the owners of Locals and the founders of Riverworks, testified in support of a requested \$10,000 grant. The grant would be used to support the planned renovation and rebuilding of the Old Methodist Church into a center for the performing arts. Design work on the project is already underway, and the estimated construction budget for the project is \$1,900,000 plus an additional \$340,000 that will be used to install state-of-the-art sound, stage, lighting, and other equipment. A state bond for the project is also being considered by the state legislature. Sandy Wright said that any support from the town will help persuade other organizations to offer their assistance as well.

In one final point at the meeting, it was announced that long-time member of the Planning Commission Kevin Schramm is not going to seek reappointment after his term ends in April. His many commitments, particularly his role as Chair of the Poolesville Day Committee, led him to decide to end his service on the Planning Commission.

Fun Fact...

chickensandmore.com

During the late 1800s, chicken ownership and breeding became incredibly popular in a period nicknamed Hen Fever. This was in no short part due to Queen Victoria of England.

In the late 1800s, Queen Victoria acquired Cochin chickens from China, and they were an excellent addition to her menagerie (collection of strange and exotic animals) for two reasons. First, these chickens were not picky about what food they ate, and they were easy to keep. Second, their appearance was completely unique and unlike any bird they had seen before.

Queen Victoria adored them and often sent the eggs of these exotic chickens to other royalty, making them immensely popular across England.

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Garden

The Art of Bonsai

By Maureen O'Connell

As we enter the third month of the new year, we all look hopefully forward to new, brighter, calmer, and healthier times. Our outdoor gardens are hibernating and storing up energy for the coming spring, but we still have the joy of our indoor garden of house plants. May I suggest a new and interesting addition: a Bonsai Tree.

By definition, a bonsai is a potted tree; it is not a kind of tree, but a way of growing trees. It is an art form that one can use to grow almost any tree. Many people think that bonsai trees are genetically modified dwarf-tree species, but that is not the case. They are ordinary trees that are artificially stunted by pruning their roots and branches.

While the art of bonsai has long been associated with Japan, it originated first in China around the year AD 700, and then it spread to Korea and Japan. For Buddhist monks, this was their way of bringing the outdoors into their temples. There is evidence that the first "tray tree landscapes" were brought from China to Japan at least twelve hundred years ago as religious souvenirs.

Many species of trees are signature bonsai subjects, depending upon their flexibility and ability to be trained. The most popular ones are Chinese elm, junipers, flowering tea trees, flowering Satsuki azaleas, miniature boxwood, Japanese red maple, hemlock, cedar, mugo pine, and Golden Gate ficus.

Bonsai trees can live for hundreds of years with constant care and maintenance. It is believed that currently the oldest known bonsai tree, the *Ficus retusa* 'Linn,' is over one thousand years old, and it lives in the Crespi Bonsai Museum in the Italian village of Crespi d'Adda.

I became interested in bonsai trees in 1980. While I was in Maui, the second largest of the Hawaiian Islands, I bought a ten-year-old ficus Benjamina bonsai. He is very healthy; he has lived now for forty-one years on the sunny counter next to my kitchen sink. He is different from many other bonsai, as he lives on a rock and not in soil. This is the growing technique of root-over-rock, a melding of roots and stone together. He is extremely low maintenance. It is an excellent choice for beginners as it is tolerant of low humidity and is very resilient to my lapses of water and fertilizer. Not all bonsai are this forgiving. If you want to successfully grow one, you should consider which tree species suits your needs, climate, and circumstance. The single most important technique to bonsai is pruning. It is a crucial practice used to shape trees and keep them miniature. Your goal is to create a bonsai that accurately replicates a miniature version of a full-scale tree in its natural environment.

Continued on page 20.



The author's flowering Fukien Tea Tree.

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Things to Do

March Event

Riverworks Arts Center: Artist in the House Gallery

Featuring Strands of Time, the work of Susan Due Percy. Selections from her prolific body of work, which connects and highlights the motifs, themes, and sensibilities that carry through over fifty years of art making. *Locals Farm Market Restaurant, Poolesville.*

March 4

13th Annual Knights of Columbus 3-on-3 Half-Court Basketball Tournament

Open to female and male players ages 6 to 99, the tournament's youth and adult divisions ensure lots of on-court action from start to finish. Entry fee is one non-perishable food item per player, donated to WUMCO Help. For more information, contact Donald Patti, Knights Council #6901, at 866-478-8080 or nash Rambler@yahoo.com. *Poolesville Baptist Church, 17550 West Willard Road, Poolesville.* 11:00 a.m.

March 11

Knife Sharpening

No purchase necessary, but donations encouraged! 100% of donations will go to WUMCO Help, Inc. Sharpening courtesy of local veteran, Jim Cappuccilli! *Sweet Lemon, Poolesville.* 12:30 p.m. to 2:30 p.m.

March 12

Veterans Breakfast – Free

Sponsored by the the Disabled American Veterans Chapter 12 (Rockville). All veterans are invited to breakfast. *American Legion Post 86, 2013 Veirs Mill Rd, Rockville, MD 20851.* 11:00 a.m.

March 15

Tribute to African American Schools in Montgomery County

Historic Medley District (HMD) will host a presentation on the African American schools of the Upcounty in the days before desegregation in 1956. The moderator will be Knight Kiplinger, HMD Board Chairman. Introductory remarks will be given by Ralph Buglass, a noted authority on country schools in our region. HMD would like this presentation to be a real community forum, drawing on the memories of senior African Americans whose parents, aunts, and uncles attended these schools. *Old Town Hall Bank Museum, Poolesville.* 7:00 p.m.

March 16

Riverworks Art Center: Storytellers Series

Riverworks is excited to get their Storytellers Series started this year with the first guest, Tony Cohen of Button Farm, with "Harriet Tubman: The Journey to Freedom." *Alden Farms, Beallsville.* 6:00 p.m. to 8:00 p.m.

March 18

Free Community Clinics

Sponsored by WUMCO for persons 18 and over, seniors, insured and uninsured, primary care, perscriptions re-fills, annual checkups, sick consult, labwork, appointments, and walk-ins. Call 240-258-8583. *Poolesville Baptist Church.* 8:00 a.m. to 4:00 p.m.

March 21

PHS Varsity Home Games

Baseball versus Quince Orchard. 3:45 p.m.

Girls' tennis versus Walter Johnson (at JPMS). 3:30 p.m.

Boys' volleyball versus Rockville. 5:30 p.m.

Coed volleyball versus Rockville. 7:00 p.m.

WUMCO Annual Meeting

If you are interested in what our local Emergency Assistance Organization does to help our community, please plan to join us (via Zoom). We will be sharing how WUMCO has assisted your neighbors in need, including an update about our healthcare outreach. Thank you for your support. *WUMCO headquarters, Memorial United Methodist Church.* 7:00 p.m.

March 22

PHS Varsity Home Games

Softball versus Quince Orchard. 3:45 p.m.

Lacrosse versus Paint Branch. 7:00 p.m.

March 23

PHS Varsity Home Games

Baseball versus B-CC. 3:45 p.m.

Boys' tennis versus Walter Johnson (at JPMS). 3:30 p.m.

PACC Murder Mystery Party

Beer, wine, and light bites provided. Members and guests over 21 welcome. \$35.00 per ticket. Details at poolesville-chamber.com. *Calleva Offices, 19936 Fisher Avenue.* 6:00 p.m. to 9:00 p.m.

March 24

PHS Varsity Home Game

Softball versus B-CC. 3:45 p.m.

March 24 and 25

St. Peter's Spring Rummage Sale

Easter items, household and kitchen, crafts, office, electronics, movies and music, art and frames, baby stuff, antique and vintage items, lamps, health and beauty, tools, pet things, sports and gardening, and more terrific stuff! St. Peter's Episcopal Church, Poolesville. Friday: 10:00 a.m. to 5:00 p.m.; Saturday: 10:00 a.m. to 1:00 p.m.

Tall and Small Ball

A dance for all. A semi-formal event for children accompanied by an adult. Open to all K-5 graders with their adult. \$20 per person, A fundraiser for the construction of the Riverworks Art Center outdoor stage. Sponsored by Essence Studios and Hope Garden Children's Ballet Theatre. Register in advance at www.riverworksart.org/tall-and-small-ball. Poolesville Baptist Church. 7:00 p.m. to 9:00 p.m.

March 27

PHS Varsity Home Games

Boys' tennis versus Gaithersburg (at JPMS). 3:30 p.m.

Boys' lacrosse versus Seneca Valley. 7:15 p.m.

March 28

PHS Varsity Home Game

Baseball versus Northwood. 3:45 p.m.

March 29

PHS Varsity Home Games

Softball versus Magruder. 3:45 p.m.

Girls' tennis versus Northwest (at JPMS). 3:30 p.m.

March 30

PHS Varsity Home Games

Baseball versus Northwood. 3:45 p.m.

Girls' lacrosse versus Northwest. 7:00 p.m.

April 6

PACC Businesses

Helping Businesses

Speaker, Claire Jones of Essence Studios. *Essence Studios, 19710 Fisher Avenue.* 8:00 a.m.

Poolesville American

Legion Post 247

Monthly meeting. *Calleva Offices, 19936 Fisher Avenue.* 7:00 p.m.

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Pulpit

Derek Longbrake: A New Ministry At Boyds Presbyterian Church

By Rande Davis

The congregants of Boyds Presbyterian Church are excited to announce that they have selected Derek Longbrake as their new minister. Their excitement is shared by the community at large since Derek, his wife Katie, and three children, who reside in Beallsville, are well known and regarded throughout the area. Katie, as many know, is the executive director of WUMCO, an organization that is highly respected for its charitable work helping persons in need with food sustenance, healthcare, transportation to medical care, and many other personal areas of need.

Most recently, Derek worked in fundraising at the Montgomery County Coalition for the Homeless over the past nine years as both Donor Relationship Manager and Director of Development and Community Partnerships. Before that, Derek was the pastor of a congregation in Western Pennsylvania for seven years and was a director of youth ministries in Albuquerque, New Mexico for five years.

Derek has a Master of Divinity Degree from Louisville Presbyterian Theological Seminary and a Bachelor of Arts in International Relations from College of Wooster, Wooster, Ohio. He is an ordained minister in the Presbyterian Church (USA) and is also a member of the Leadership Montgomery Core Class of 2020 and a founding board member of the Giving Square (thegivingsquare.org), a nonprofit with a mission that recognizes children as leaders in philanthropy. In conjunction with this nonprofit, he is currently leading an eight-week philanthropy club at Monocacy Elementary School for fourth and fifth graders. He is a board member for Community FarmShare (Communityfarmshare.org) and also coaches sixth grade girls' youth soccer.

Reverend Longbrake is excited to begin his new assignment, especially with a congregation with such a long and profound history. He is motivated by the renewed energy he sees within the congregation, exploring with them through conversations matters of church vitality and spiritual sustenance. He sees a mission of supporting each congregant within their spiritual life, reminding them that God loves them and that they can impact the community in a positive way and that they can be everything that God wants them to be. "I am coming to offer support and care, to ask questions about the purpose of the church and who they are and want to be, and to help them with their spiritual mission. The Church is a vital place to empower people and give them spiritual support in these times that can be so hard.

"It is important to believe that there is something more, to have a spiritual foundation or a place to go where you can rely on something greater than yourself, a place to go to confess your failings or sit with others in prayer amid the challenges in your life."



Local resident Rev. Derek Longbrake recently began his ministry at Boyds Presbyterian Church.

Fun Fact...

wikipedia.com

The Ancient Greek *bema* means both 'platform' and 'step', and was used for a variety of secular raised speaking platforms in ancient Greece and Rome, and from those times to today for the central raised platform in Jewish synagogues. The use of a bema carried over from Judaism into early Christian church architecture. It was originally a raised platform, often large, with a lectern and seats for the clergy, from which lessons from the Scriptures were read and the sermon was delivered. In Western Christianity, the bema developed over time into the sanctuary and chancel (or presbytery), and what is now called the Pulpit.

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Youth Sports

Rook, Li, Hancu, and Matia Lead PHS Swimmers to Silver at State Meet

By Jeff Stuart

In the 3A/2A/1A State Swimming Competition held at the Eppley Center at the University of Maryland on February 24 and 25, the boys' and girls' teams both finished second. The girls finished just a single point behind first place Easton, 255-254, and the boys finished behind Rockville, 318-306. This is the first time since the state meet began in 2012 that the boys have not claimed the top spot, but both the girls and the boys continue to compete at a high level. Neither has ever finished lower than second.

New team records were set by seniors Andrei Hancu in the 100-yard back stroke, Charlie Matia in the 100-yard breast stroke, and Anna Li in the 100-yard breast stroke.

Gold medals went to Anna Li in the 200 IM and 100 breast, to the girls' 200 medley relay team of freshman Sophie Huang, Anna Li, senior Avery Ye, and senior Lina Abzakh, and to the girls' 400 free relay, Sophie Huang, Avery Ye, senior Maggie Rose Rook, and Anna Li.

Silver medals went to Maggie Rose Rook, 200 free and 500 free; freshman Ethan Lee, 200 IM; junior William Sheeran, 500 free; Avery Ye, 100 butterfly; the boys' 200 medley relay, Andrei Hancu, Charlie Matia, Ethan Lee, and junior Luke Griffith; and the boys' 200 free relay, Andrei Hancu, Jaden Hou, William Sheeran, and Luke Griffith. Unfortunately, the girls' 200 medley relay team was disqualified due to a technical violation.

Continued on page 24.



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Rural Women's Republican Club (RWRC) to offer \$3,500 scholarship for a vocational, trade school, or certification program, including a certification from a community college during the 2023-2024 academic year.

This scholarship is intended for students attending Poolesville High School, Damascus High School, Clarksburg High School, Gaithersburg High School, Seneca Valley High School, and Northwest High School. Students about to complete their senior year of high school, students already enrolled in a trade school, and non-traditional students under the age of 21 are eligible to apply. The student will need to complete an essay question as part of the application process. All inquiries, as well as any questions regarding the application or essay, may be directed to the following e-mail: hgballet@aol.com

For more information, call/text (301) 466-1906.

Applications and essays must be received by

Friday, April 28, 2023.

Monocacy Hobby

Brian Sheron's Model Railroad

Brian Sheron has always loved model trains. He built his first HO scale layout when he was in grade school. After high school, college, graduate school, getting married, starting a job, settling here in Poolesville, and starting a family, Brian met a neighbor who was a model train enthusiast. This got Brian back into the hobby.

Brian and his wife Kathy moved to Poolesville in 1974, and the house they are living in is their third house here. In each house since his first, he has built a progressively bigger and more complex train layout. Originally from Long Island, Brian models the Long Island Rail Road (LIRR) in HO scale. His current model railroad occupies about three fourths of his basement. He started building it right after he and Kathy moved into their third home in Seneca Chase in 1988. He started by modeling the Port Jefferson Branch of the LIRR, which was the branch closest to where he grew up on Long Island.

Brian and Kathy have two sons, David and Daniel. In 1995, after his youngest son Daniel went off to college, Brian cleaned out a smaller room in the basement (that has all of his sons' stuff), and expanded his layout to model the LIRR's City Terminal Zone, the branch of the LIRR that goes into New York City. This included modeling an elevated subway, high-rise buildings, and a cutaway of the LIRR station platforms under Penn Station.

In 2015, Brian retired after forty-two years of federal service and expanded his train layout into the finished portion of his basement. In this expansion, he modeled the LIRR's Atlantic Branch, which ran into Brooklyn, as well as Holban yard and the LIRR car float docks in Long Island City, both located in the borough of Queens.

The railroad covers about 310 square feet of space. Brian estimates that a complete loop around the layout is about 227 feet, or about 3.7 scale miles. The

time era of his layout was originally modeled as 1964. This was the year of the New York World's Fair in Flushing Meadows in the borough of Queens. The LIRR's paint scheme was modified to commemorate this event, and Brian wanted to model it; however, Brian also loves to run steam locomotives, so when he puts his steam locomotives on the tracks, the time becomes 1954, and he swaps out his 1964-era cabooses for cabooses with the 1954-era paint scheme.

Brian's entire layout is run by Digital Command Control, or DCC. Each of his engines is equipped with a circuit board (called a decoder) and a speaker, so all of his engines sound like real diesels or steam engines when they are running. A small computer, which is controlled by hand-held digital throttles, puts a digital signal out through the rails. Each engine is programmed with a unique digital address, so with the hand-held throttle, each engine can be operated independently of any others on the tracks.

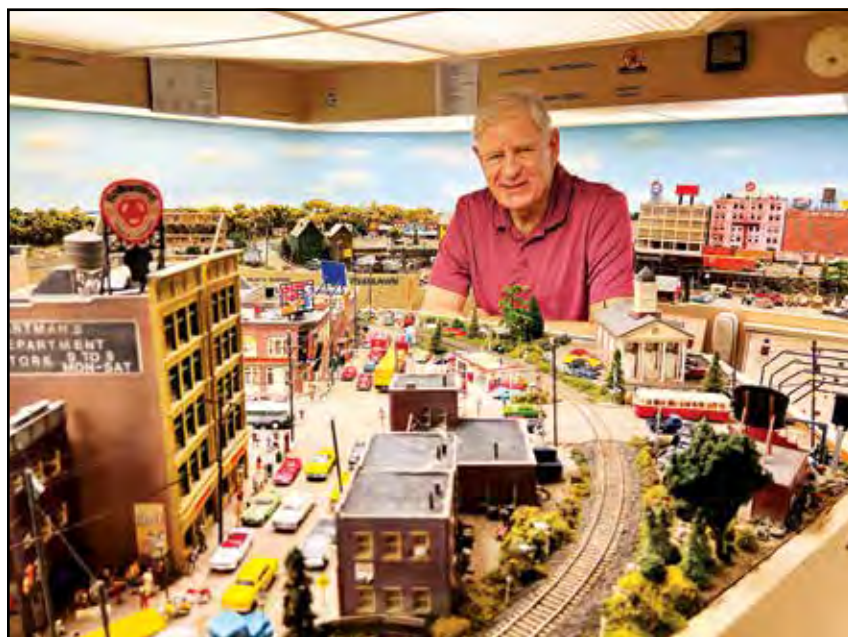
One thing that makes Brian's layout unique is his attention to scenic detail. There are over two thousand HO scale figures as well as over eight hundred HO scale vehicles on his layout. The layout also features operating traffic lights, street lights, flashing neon advertising signs, interior building lights, a dump truck that dumps, a crane that swivels, and semaphore signals that move up and down.

Brian's railroad was featured in a national model railroading magazine back in 1997 and is scheduled to be featured in another national model railroad magazine in the near future.

Brian obtained his BS degree in electrical engineering from Duke University, and his MS and PhD in Nuclear Engineering from the Catholic University of America. He started working for the Atomic Energy Commission in Germantown in 1973 and moved to the U.S. Nuclear Regulatory Commission (NRC) in 1976. He retired from NRC as the Director of the NRC's Office of Research in 2015. In addition to model trains, Brian plays the banjo in a local band called Touch of Grey which performs locally.

For more photos and information, visit Brian's website at <http://lirr.potomacnmra.org/Main/LIRRHome.php>. Brian can be reached at BWSheron@mc.om.

Brian will host an open house on May 20.



Brian Sheron has been building model railroads since his childhood. His focus has been replicating the Long Island Railroad System in amazing detail.

Youth Sports

Poolesville Wrestlers Tough it Out

By Jeff Stuart

The Poolesville High School wrestling program has seen post-season success despite a challenging regular season. The wrestlers had a great two-day showing at the 2A West Region Tournament on February 24 and 25, 2023 at Manchester High School and the weekend before at the Montgomery County Public High Schools Tournament. Senior Sam Stempler placed third in the county and won the region at 145 lbs. On the weekend of March 3 and 4, he will compete at the Maryland State Tournament at which he was the runner up last year. Milla Brizhik placed third in the county at 120 lbs., and senior Jacob Jenkins placed sixth in the county at 160 lbs.

“We lost a lot of seniors last year,” said PHS wrestling coach Damian DeVriendt. “Some kids came out and did not want to continue. Some of the football players did not come out this year—small turnout. That has been a problem for some of the other programs like poms as well. Maybe some of it is COVID-related. For the ones that have come out and stayed with it, it has been tough. We have forfeited on average about five weights every week, so every dual meet we have been laying down thirty points before we even start...but I have seen a lot of growth. We have got senior Sam Stempler, returning state runner up last year. He has lost once this year. (In the post-season tournament, Stempler set a remarkable school milestone of one hundred wins in high school wrestling.) Another senior, Jacob Jenkins, has been a good leader for us. It is his first year in the lineup. We have a couple sophomores, Racer Anderson at 106 and Vinnie Volpe at 132, that are ready to make the jump. We have only one freshman.

“We could not host the Dorsey Duals this year because of all the renovations, but I was fighting for it, so Seneca Valley took it over. We did not have anything to do with it really. Coach Chris Tao and I reached out to them several times and got nothing back. It wasn’t the same. We did not have a lot of teams. The teams that did come were disappointed. There were only seven matches. We used to do ten.



Jaden Knuth, Zach Brooks, Sam Stempler, and Jacob Jenkins.

Continued on page 26.



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Mystery History Redux

Beallsville: The Town Time Has Passed By

By Rande Davis

First published in the August 13, 2004 issue of the Monocacy Monocle.

Judging by the way it looks today, the four corners at Route 28 and Route 109 could almost be called the Ghost Town of Beallsville. Unbeknownst to the unsuspecting passerby, this once-thriving crossroads has had important moments in history.

At one time, this area was the site of what is today St. Peter's Episcopal Church in Poolesville. First chartered in the Monocacy Cemetery area in the early 1700s, the parish eventually moved and built its current church in 1847.

Beallsville has had its moment of political importance since it was here that Maryland's two-party system got its origin. The Potomack-Federalists met here in 1790 to formulate their plans to challenge other political factions in Baltimore. From these early American meetings, the concept of today's congressional district system, as opposed to an at-large system, was developed.

It was here, just a bit south of the four corners on Medley Hill, that the Medley Voting District was established. At the time, it housed the Medley Tavern, owned by a Mr. Baptist. This is where the local historical society, Historic Medley District, gets its name.

Prior to the Civil War, this little township had a blacksmith, general store, post office, chapel, and gristmill. The chapel now standing at the nearby Monocacy Cemetery was built by the Daughters of the American Confederacy. It is a reproduction of the original church that was destroyed and used for firewood by Union troops. The new chapel was built as a memorial for Confederate States of America veterans. There are at least thirty-two Confederate veterans buried in the cemetery which has about five thousand burial sites.

Where Colony Supply now stands, the old Staub's Restaurant was an extremely popular restaurant in the 1980s owned by Ida Fox. Their specialty was great sandwiches with "The Goliath" being the most popular. It offered a six-ounce



Each corner of Beallsville had a gas station at one time or another. Note the repurposed gas station sign restored by Colony Supply.

burger, fried onion rings, blue cheese, lettuce, and tomato, and the juices deliciously ran down your chin with every bite. A gas station has been, at one time or another, in structures previously located on each of the four corners. Its last location was a small vest-pocket space in the middle of the building.

Beallsville is the answer to a great trivia question: What zip code has no post office of its own?

The four corners saw its share of Civil War soldiers with a September 1862 skirmish nearby. Union soldiers used the site as an encampment because of its strategic location and visibility.

In the first part of the twentieth century, the four corners of Beallsville had three gas stations. They were at the Darby Store, at the location of Staub's, which

Continued on page 23.



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Continued from page 8.

Lock 24 Stone Etchings: Part 1

Did the mason whose mark is on the stone carve their initials in the stone? Did someone else do the etchings? The lock stones were cut and laid in the early 1830s, and the Seneca Aqueduct adjoins the lock, the only aqueduct-lock combination of the eleven aqueducts built along the canal. The “B” carved for both initials have similar characteristics that show that maybe the same person did the etching.

Allen Benson first appears in the 1850 census living in Rockville with a cousin, Thomas N. B. Benson, and they were farmers. Allen was born in 1827 and Thomas in 1825. In 1853, Allen Benson married Mary Brashears in Montgomery County, Maryland. Together they had ten children.

By 1860, Allen was living at Weaverton, Maryland, and was a lockkeeper at Lock 31. Living with Allen at the lock was his wife, Mary, 25, son James, 5, and daughter Alice, 1. Living next to the Bensons was Mary’s father, James Brashears, who was a laborer. Living near the lockhouse were two free African-American families. The head of one of those families was a laborer, and the other head was a farm laborer.

After the Civil War broke out, there was a lot of Confederate activity along the C&O Canal from Lock 31 up to the locks across from Harper’s Ferry where canal boats were commandeered with their goods confiscated by the rebels. It may have been too much activity for the young family, and by 1862, they were in Darnestown, where Mary gave birth to a son on September 10, named William Hampton Wade Benson. Throughout William’s life, he only used the “H” for his middle initial, and on his shared gravestone with his wife, it says “WILLIAM H.” on the right side and “NETTIE” on the left side with “BENSON” above both names. The “WHB” carved on the Lock 24 stone in 1870 may very well have been that of William Benson. The “JB” very well may have been that of James Benson.

By 1869, Allen Benson and his family had moved to Medley’s Hill and the Baltimore Sun newspaper reported on February 1, 1869: Fire-The house in which Mr. Allen M. Benson resided at Medley’s Hill, in Montgomery County, Md., was entirely consumed by fire, together with all his household effects, save perhaps

one bed and a few other things. The fire originated in some way from the chimney. Mr. Benson was from home at the time.

In the 1870 census, living with Allen (43) and Mary Benson (36) in the small lockhouse at Seneca were six of their children, ages 12 to two months, and Col. James Brashears, Mary’s father. As mentioned previously, son James was not listed on the 1870 census. Allen replaced Charles Wood as lockkeeper. The census did not indicate whether or not the Bensons’ school-aged children were attending school. Listed above the Bensons in the census, living down the canal at Lock 23 (known as Violette’s Lock today) was lockkeeper James Hoskinson with his wife Martha and their seven children. Their twenty-year-old son Charles was a boatman on the canal, and the other children were at home. Also living with them was twenty-year-old John Connell who was a merchant. Listed below the Bensons was Rolfe Good who was a farm laborer. Living with him was his wife Mary and their twenty-year-old son George who was a farm laborer. There were eight others living at this residence including a boatman James Whitehouse, a stone cutter, and two female Black domestic servants, aged 10 and 11.

To be continued.

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Continued from page 11.

The Art of Bonsai

This past October, I thought that my ficus needed a companion tree on the other side of the counter. I had seen some in garden centers, but their quality was not good. Going online, I found Eastern Leaf Nursery in Chino, California. They featured many different species at very fair prices. I ordered a flowering tea tree (also known as the Carmona or Fukien Tea) and it arrived in excellent shape. It has been trained to an S shape and it produces tiny white flowers and berries. It thrives in a sunny, warm temperature and requires watering about every two to three days. It grows in soil, and it (I must admit) is much more attractive than the ficus. He just might outlive me.

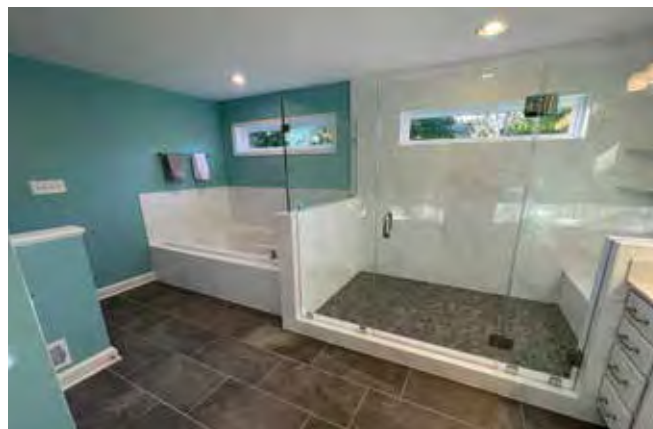
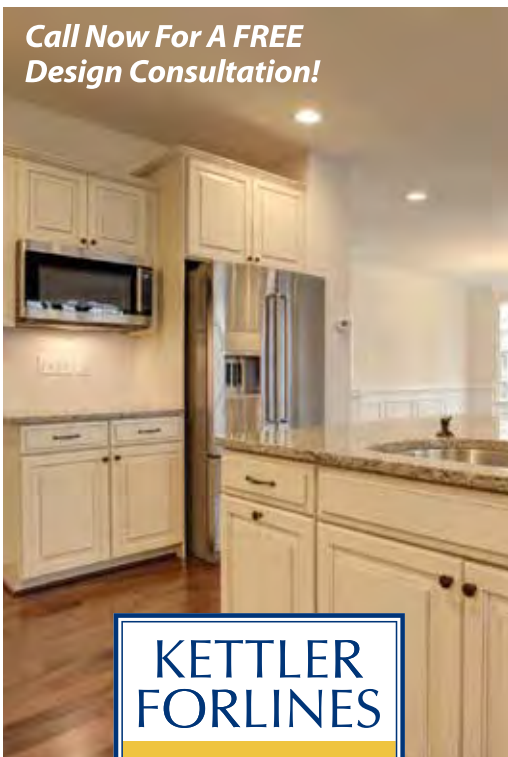
We in the D.C. area are fortunate to have near us the wonderful National Bonsai and Penjing Museum, in partnership with National Arboretum in Washington, D.C. It has an interesting history. In 1976, the country of Japan gave a gift of fifty-three bonsai trees to America for the United States Bicentennial. The trees arrived at the Potomac Bonsai Association. Many volunteers worked with the staff of the U.S. National Arboretum to keep the trees in good display condition. In 1979, Janet Lanman (mother of Lynn Sheehan of Barnesville) discussed with Dr. John Creech, Director of the National Arboretum, the possibility of adding American bonsai to the museum. Bonsai authorities reviewed private bonsai collections and, in 1986, the ten-year anniversary of the gift from Japan, the National Bonsai Foundation announced that they would be building the American Bonsai Pavilion to showcase a collection of North American bonsai. It was to be called the National Bonsai and Penjing Museum. It is located on the 446-acre campus of the U.S. National Arboretum on New York Avenue in northeast D.C.

On Mrs. Lanman's death in 2018, she was honored for her over-forty years of volunteer work at the museum. "She was a model for all museum volunteers."

We owe a debt to the Japanese and Chinese artists for developing this beautiful art and fostering it for almost 2,500 years. Their patient stewardship allows us today to enjoy the Bonsai Experience.

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Continued from page 5.

Tidbits

the John Poole House recounting events surrounding the lynching of George Peck in 1880. In November of 2019, citizens of Poolesville, Beallsville, and the wider Montgomery County gathered for a moving soil collection ceremony remembering those tragic happenings in 1880.

As a lead-up to the installation of a future site marker ceremony, there are plans for a Remembrance Journey event, tracing the path that led to the death in 1880, and plans for a subsequent exhibit, capturing the powerful and uplifting aspects of the Remembrance Journeys and Soil Collection Ceremonies that honored the victims of all three of the lynchings that took place in Montgomery County in 1880 and 1896.

The four sites proposed for the Mr. Peck Remembrance Journey are: Beallsville, where Mr. Peck lived and worked, where the alleged attack occurred, and where several of those on the “jury of inquest” are buried; a farm site along the road from Beallsville to Poolesville, upon which Mr. Peck was carried, tied, and shackled and held until the local sheriff arrived to make an arrest; in central Poolesville, where he was held and ultimately lynched without trial; and finally at the Elijah Church and Cemetery, where Mr. Peck’s body was reinterred by the community in which he resided.

For each site, the committee is seeking hosts willing to invite journey participants and a couple of small busses to that location. They need a community spokesperson to present the vibrant communities and life of those times. They need more photos, documentation, and stories of life circa 1880. Finally, they need to hear from folks who are descendants of people who were part of the Beallsville, Poolesville, Elijah Church, and Jerusalem communities of that time.

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Youth Sports

Poolesville Poms Support, Entertain, and Compete

By Jeff Stuart

Mayra Mejia and Adrienne Embrey, head coaches of the Poolesville Poms, have been around the program since they were in elementary school. Both participated in the PAA Poms program through high school and were members of the Poolesville varsity poms team. They were on the team for all four years there. Now they're wives and moms raising families in the same town in which they grew up, the town they love so much, and they returned to coach the program four years ago.

"We have a group of stellar dancers this year," said Embrey. "The captains, Caroline Gotlewski, Melissa Ohmen, and Natalie Stanford, have done an incredible job leading the team this season. They have kept morale high and have ensured that each girl has felt connected to the girl next to her. It's all about the camaraderie. You join a sport because you love the sport. It is an outlet. It is simple as that. The members of the poms team love to dance. It is their passion, and it has shown in every practice and in every performance. They are a dedicated group of young ladies, and we feel honored to coach them."

MCPS has three divisions for poms. For the last six years, Poolesville has worked hard to maintain a D1 standing.

"Our most memorable routine from this year was at the last football game where we honor our seniors. It was sentimental and emotional for all involved, dancers, coaches, parents, and administration. It's the end of a chapter. The captains crafted an amazing routine knowing that it would be their final performance under those Friday night lights. The best part was cheers they received from the little kids waiting on the sidelines to greet them after they ran off that field for the last time."

"One of our most coveted routines is our annual Halloween show. The team performs at Markoff's but not before getting zombie-fied by their talented team of makeup artists. It has become a spooky-fun tradition.

"Poms is a two-season sport. They perform at halftime at home varsity football games in the fall, and at home girls' and boys' varsity basketball games in winter when they also compete against other MCPS poms teams. They also participate in town social events such as the Poolesville Day Parade and at the Tree Lighting on the Commons at Christmas time."

The post-COVID climate has been challenging.

"The average number of members on the poms team varies per season," said Embrey, "but we did not have a lot of newcomers coming in this year. Participation across the board, for MCPS poms and athletic teams in general, has been much lower since being out for COVID. A whole year and a half of the program building was lost, and for the poms squad, the team's current seniors are one of the last from the feeder program that was once known as PAA Poms, a dance program designed for kids in K through eighth grades who lived in Poolesville and the surrounding areas. This program acted as a pipeline for the PHS poms program. It brought in a steady flow of dancers each year who not only had a clear understanding of the sport of poms but had the skills necessary to try out for a varsity pom team as a freshman.

"Routines are choreographed and taught by the team captains with guidance and instruction from coaches, from music selection to team technique and choreography additions such as levels and visual effects (kickline and ripples). Alumnae involvement is huge and very helpful. Alumnae provide support and act as a new set of eyes providing different perspectives and critiques on routines. PHS poms has always been very fortunate by having large alumnae involvement which in and of itself shows the success of the poms team throughout the years. You are family, even after you graduate.

In theory, coaches could take everyone who attends a tryout, but it's a fine line to determine where to compromise skill for the sake of numbers.

"To boost next year's numbers, the team performed their first showcase at JPMS this season. It was an opportunity to provide incoming high school freshmen with a glimpse into the poms program. The coaches hope to make this a standing tradition. It should be a great way to get prospective students interested before they even enter PHS."



Back row: Julia Kolotov, Isabel Wu, Sequera Valmonte, Kendall Davis, Emily Ponciano, and Isabella Sabett. Front row: Melissa Ohmen, Caroline Gotlewski, and Natalie Stanford.



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Continued from page 17.

Beallsville: The Town Time Has Passed By

at one time was a Hudson-Studebaker Auto Dealership, and at the Beallsville garage, now abandoned and most recently a horse-trailer repair shop. As a gas station, it had Mobil's "flying red horse" out front. A log cabin that once stood in what is now Staub's parking lot was taken apart, piece by piece, and moved to West Virginia. They restored an original gas station sign on the property.

The Darby General Store closed its doors in the 1940s. It had the old-fashioned merchandizing setup of requiring the customer to request items at a counter and the storeowner then retrieving the items. As you entered the store, there were dry goods on the right, which included overalls, shoes, hats, and yards of clothing material. On the left were the food items which were largely canned goods and items sold by the pound.

The late Bill Griffith recalled the days when you could get a ham sandwich for ten cents and a bowl of bean soup for fifteen cents, and the best part was the chocolate meringue pies baked fresh daily by Mrs. Darby.

Payment was by account and recorded in ledgers kept by Mr. Darby showing each transaction. It is said the once-thriving general store began its last days one day when, as Mr. Darby was standing on a tall ladder at the very peak of the building with a bucket of paint in one hand and a brush in the other, he was advised by a well-informed neighbor that his store no longer met the zoning codes, and that if he was planning to spruce up the commercial establishment, he was simply wasting his time. He thought about it for a few moments, descended the ladder, and never again attempted to "fix up the old place." A most intriguing tidbit about the store is that it was originally about twenty-five feet to the left of Route 109. The county bought the property, moved it to its current location, and restored it.

On the adjacent corner, stood the home of C.W. Roberts, which also served at one time as a general store serving the rural community. This building was condemned and demolished in a controlled fire drill by the Upper Montgomery County Volunteer Fire Department (UMCVFD) in 1983.

When the Maryland National Capitol Park and Planning Commission purchased the Darby property, the plan was to rent the property and use the family home as the offices of the Woodstock Equestrian Center which borders the Darby property. The goal to have a showcase venue for large equestrian events never developed. The million dollars invested to restore and move the Darby store still awaits further investment to realize the grand plan.

Ever wonder about the small log building on the UMCVFD side of the four corners? It was a smokehouse on the Griffith family property. It was built in the late 1800s where John Belt and Francis Griffith ran a country store. They smoked meat to sell in the store. The most thrilling part is that it seems a murder took place right here! We will keep the suspense going and promise to run a Mystery Redux by Kenny Sholes about this amazing store in April.

With so much history lost and buildings gone or left empty, the future of the little town that time passed by remains bleak, yet, in the hearts and memories of many local area residents, there remains a fondness of days gone by and perhaps of better days to come


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Pitts Quips



Ginger is striving for that seventies look.

By Terri Pitts

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Remembrances

Christine Mary Rabida

Christine Mary Rabida was born January 2, 1940 in Bathavon, Keynsham, County of Somerset, England. She lived in England until 1959 when she accompanied her new husband Michelangelo Morabito to Sicily, Italy where she lived for twenty-seven years, leaving in 1986 to accompany Gregory Rabida to the United States. In the U.S., she lived in Virginia Beach, Virginia for nine years and finally Germantown, for over twenty-five years. She became a U.S. citizen on September 14, 1994.

In her time in Sicily, Christine had three children: Vincenzo, Riccardo, and Stefano. Christine traveled extensively throughout Europe, including the Netherlands, Belgium, Portugal, Spain, France, Switzerland, Italy, Malta, Austria, Germany, Monte Carlo, Liechtenstein, and San Marino. Christine worked for Lloyds Bank in England; the U.S. Navy in Italy at the Naval Air Facility/Station Sigonella as an Italian local national; and for a short time for a dentist in Virginia Beach, Virginia.

Chris's father passed away in 1965. Chris's Mum passed away in 2012. Chris last saw her mother for her hundredth birthday in 2010.

Chris divorced her first husband, Michelangelo Morabito, on December 22, 1988. He died in January 1989.

In her younger years, Christine was a member of the Church of England, and for several years, she was an active member of St. Peter's Episcopal Church in Poolesville, along with being an active member of the Women of St. Peter's.

Prior to her illnesses, Christine enjoyed cooking, crocheting, quilting, gardening, traveling, entertaining, reading, and taking care of her home, husband, and cats.



Christine Mary Rabida

Douglas "Dougie" David Whalen, Jr.

Douglas "Dougie" David Whalen, Jr., 72, passed away on February 22, 2023. He was the loving husband of Barbara Whalen for forty-four years.

Born on September 4, 1950 in Olney, he was the son of the late Douglas David, Sr. and Dorothy Mae (Sterling) Whalen.

Dougie was a certified welder for Montgomery County Public Schools for over thirty-seven years. He was a lifetime member of the Montgomery County Fair, a member of the Montgomery County Agriculture History Farm Park, a member of the American Welding Society for thirty-four years, and a member of the Izaak Walton League for twenty-eight years. Dougie loved to hunt and go to auctions, flea markets, and yard sales.

Dougie was survived by his wife; siblings, Helen Kaelin (Norbie), Dorothy Snyder (John), and Joyce McElfish (Jack); father-in-law, Edward Gregg; two brothers-in-law, Franklin Gregg (Tammy) and Wayne Gregg (Carol); and numerous nieces, nephews, great-nieces, and great-nephews along with great-greats as well. Dougie was preceded in death by his brother, Johnny Whalen; one sister, Peggy Clark; his mother-in-law, Frieda Gregg; and one nephew, Little Frankie Gregg.



Douglas "Dougie" David Whalen, Jr.

William "Willy" Richard Young

William Young, 79, of Dickerson, passed away on February 15, 2023.

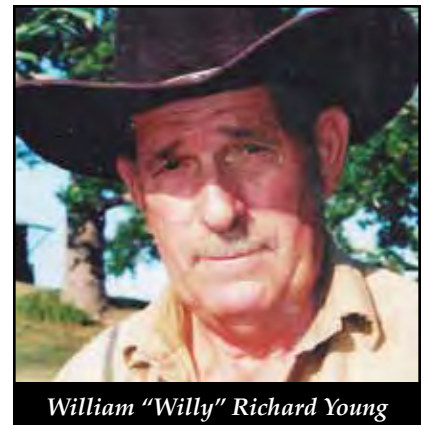
Willy was the loving husband of Margaret Joyce Young. Born on June 3, 1943 in Maryland, he was the son of the late Richard Thomas and Zora Alta (Dove) Young.

Willy's hobbies were farming, flower gardening, fishing, and collecting treasures (junk).

Willy is survived by his wife; three children Robin Leigh Walker (Glenn), Sandra Lynne Savage (Bruce), and Frankie Knott; five grandchildren, Lacey and Garrett Walker, and Cody, Cory (Cameron), and Colin Savage; and one great-granddaughter, Carter Sav-age. He will also be greatly missed by his dog, Lulu; two sisters, Doris Barker and Betty Crown (Dennis); one brother, Robert Young (Mary); three sisters-in-law, Carol Ann Young, Betty Davis (Bob), Patti Mack (John); and numerous nieces, nephews and cous-ins.

Willy was preceded in death by three brothers, John, Charles, and Roy Young; and three sisters, Myrtle Jimmerson, Bertha Smith, and Stella Young.

In lieu of flowers, the family asks that donations be made in his memory to Frederick County Hospice, 516 Trail Avenue, Frederick, MD 21701.



William "Willy" Richard Young



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Continued from page 14.

Rook, Li, Hancu, and Matia Lead PHS Swimmers to Silver at State Meet

Bronze medals went to Andrei Hancu, 100 fly and 100 back; and Charlie Matia, 100 breast.

Sheeran placed fourth in the 200 freestyle. Freshman Justin Jarczynski was fourth in the 500 freestyle. Abzakh placed fifth in the 50 freestyle, and Jarczynski placed fifth in the 200 IM. Nicholas Lowell placed fifth in the 100 back. In the boys' 400 freestyle relay races, senior Jaden Hou, William Sheeran, Luke Griffith, and finished fourth.

Regional diving champs, Ava Lee and Gabe Hermann, placed seventh and eighth, respectively.

Remembrances

Tina Louise Haga

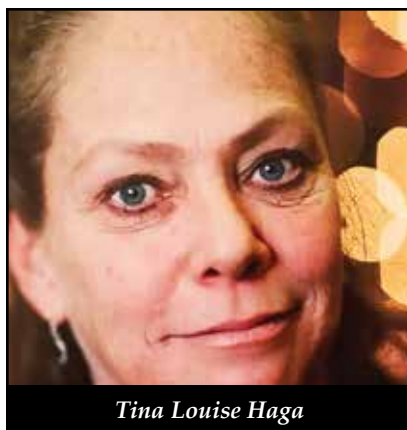
Tina Louise Haga, 60, of Poolesville, passed away peacefully February 4, 2023, with her loving and devoted husband of forty-three years, Larry Haga, Jr., by her side. She was born on February 5, 1962 to Robert Bernard and Janet Louise (Watkins) Marsh.

Tina is also survived by her three sons, Larry C. Haga, III (Lynda), Alan S. Haga (Kelly), and Matthew B. Haga (Kirsten); nine grandchildren, Alan "Shane," Kyla, Olivia, Charlotte, Madelyn, Henry, Sophia, Aiden, and Oliver; and two sisters, Sandra White and Denise Bobo.

She was preceded in death by her parents; one brother, Robert Marsh; and one sister, Wanda Burris.

Many people in the community know her for the twenty-five-plus years she worked for Woodhaven Kennels, Peachtree Vet Clinic, and My Family Vet.

She was a loving wife, mother, and grandmother. She will be forever missed but will never leave our hearts!



Tina Louise Haga

Forest Lee Hough

Forest Lee Hough, 91, went to be with the Lord on Friday, February 3, 2023.

Born on December 12, 1931 in Maryland, he was the son of the late Jasper Fox Hough and Myrtle Lee Burdette.

Forest was a Montgomery County school bus driver. He also helped run the family business, Hough Orchards, in Dickerson. He was a long-time member of the Poolesville Odd Fellows Lodge #97.

Forest is survived by his life partner of sixty-one years, Alice Jean Stine. He is also survived by nephew, Michael Hough of Adamstown; niece Susan Helmick of Jefferson; and several great-nieces, nephews, cousins, and extended family.

A special thank you to the Hospice and Frederick Health Hospital staff for the care given to Forest while he was there.

He was predeceased by his brother Jasper "Jack" Hough and nephew Mark Hough.

In lieu of flowers, memorial gifts may be made to the Forest L. Hough Endowment Fund c/o The Community Foundation of Frederick County, 312 E. Church St. Frederick, MD 21701, or at FrederickCountyGives.org/foresthough.



Forest Lee Hough

Jean Evans Tetlow

Jean Evans Tetlow, 70, of Poolesville, passed away on February 22, 2023.

She was the loving wife of the late Arthur Roland Tetlow, III.

Born on July 27, 1952 in Maryland, she was the daughter of the late Marion Wilson and Helen (Rutter) Beall.

Jean is survived by her children, Kristi Cox and Justin Tetlow; ten grandchildren; and four great-grandchildren.

She was preceded in death by one daughter, Kirsten Tetlow; two brothers, John William Beall, Sr. and Wilson Beall; and one sister, Doris Beall Glass.

In lieu of flowers, donations can be made to Memorial United Methodist Church.



Jean Evans Tetlow

Continued from page 4.

2023 PACC Annual Meeting: A Most Remarkable Year of Success

Helping Businesses Grow Breakfast Meetings each month during the year; held various Happy Hour events, including joint event in spring at Landmark Brewery when they invited members of the Gaithersburg/Germantown Chamber of Commerce to join them; awarded 2021 PACC Community Service Award to Dr. Amar Duggirala; continued assorted support of community events, including Fourth of July fireworks, SpringFest, Poolesville Day, and Holiday Lighting; co-sponsored with Monocacy Lions Club, Poolesville Day 5-K, and had record number of over 375 runners and record proceeds to distribute to local groups (PHS track team, WUMCO, Poolesville Seniors, Community Farm Share, Madison House, and Shine on Together); reinstated PACC Welcome Bag program with new residents of Poolesville (Welcome Bags contain assorted information on local businesses, and the Town of Poolesville helped fund Welcome Bag purchases; over thirty bags were distributed between September and December); published and distributed over five thousand free 2022/2023 Community Business Directories to residents and businesses in the Upcounty (PACC advertisers provide needed funds to print and distribute the directory); hosted 2022 Town of Poolesville Commissioners' Forum prior to new election for residents to hear and ask questions of candidates (thanks to Brian Hundertmark, PACC member, for once again moderating the forum); joined the Fair Access Committee to co-host the Rally in December to support "Reopening White's Ferry" (the rally was attended by over three hundred people and was covered by several local TV stations); welcomed three new board members, Katie Horan, Cheryl Kenly, and Jeff McCloskey (Woody Hilton and Jim Brown completed their terms [the PACC also mourned the loss of board member Roger Hayden, Esquire this year]); held seven ribbon cuttings to celebrate PACC new business openings and expansions (Basset's, Poolesville Vision, WUMCO, Essence Dance Studios, Calleva, Heather Sorkin Photography, and Crazy Running); and continued to monitor Poolesville government and provide input on the Ten-Year Poolesville Comprehensive Plan and Food Truck Ordinance.

A highlight of every PACC annual meeting is the selection of an individual to be recognized for his/her community service. This year's recipient is Kevin Schramm, who only recently stepped aside as the Poolesville Planning Commission chairman. He will continue as the Poolesville Day Committee Chair after many years with both groups. He has a long history of service with Poolesville Memorial United Methodist Church, the Fair Access Committee, and the Poolesville school cluster's PTSAs, especially Poolesville Elementary PTA fundraising with organizing Spring Carnival on Whalen Commons.

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Do you have any interesting local history or fun facts to share with our readers? The *Monocle* welcomes your contribution.
 Send to editor@monocacymonocle.com

Continued from page 16.

Poolesville Wrestlers Tough it Out

"An individual match so far that stands out: At the Falcon Individual on January 21, Sam Stempler wrestled a kid from Winters Mill that was undefeated. He had had a bad tournament up to that point—not bad in the way that he lost—but he was beating kids by one point that he should have beaten easily. I talked to him about it. In the finals he ended up beating the kid, 14-5, a major decision. He gave the kid his first loss. I was like, 'There you go.'"

"I think our best team match of the year was our opener against Clarksburg. We gave up thirty points in forfeits and only lost 42-39, and they are undefeated right now, so it was a good showing for us."

"I had a couple of bad matches before the final at Winters Mill," said Stempler. "I was pretty disappointed in myself, but before the final I felt good. I was excited. This guy was undefeated. I knew I was better than him, but I knew I had to work my moves, had to have proper technique. I think I did that. My conditioning was good. That was probably one of my better matches in all the years I have been here. My favorite move is the fireman's carry."

"My shoutout goes to Racer Anderson. He has improved a lot. He has been through a lot of adversity. In the past, he had issues with technique and not having a lot of confidence shooting, but now he is taking more risks. He is more confident, and it is showing. He is winning more matches."

"I don't want to single out any individuals as I look to the tournament season. I want to win every match. I expect to win every match. I want to win everything I can. I don't want to ever go into the losers' bracket."

"My most memorable moment," said Jenkins, "was during my junior year at the regionals. I was down 6-2 in the semifinals with one minute left. I came back to win, 9-8, with seconds remaining. I moved on to the final, winning 9-4 over Jason Hibbits of Glenelg. My favorite match this year was against a guy from Woodson at the Dorsey Duals. He was talking trash and I beat him, and it felt pretty good. I think our best team match was against Kennedy. We won, 66-6. My shoutouts go to Sam who has done really well, and to Racer who has improved a lot."

Another favorite moment was in a match last year against Century High School where he came from behind in the third period to win.

The Falcons closed out their dual meet season on a positive note by beating Gaithersburg despite the forfeits, 38-36, in their second match of a tri-meet on Senior Day at Poolesville of February 4. They lost their opening match to Magruder, 48-34. Vinnie Volpe, Nathaniel Tao at 138, and Stempler recorded falls in both matches. Jenkins won a 9-0 major decision against Magruder and

recorded a fall against Gaithersburg. In the nine matches actually wrestled against Magruder, the Falcons outscored the Colonels, 28-24. At 182, Calvin Witt won a 9-7 decision in overtime against Gaithersburg. Andrew Frazer at 195 won by a fall. Shimma Wexleer at 152 lost a tough 9-8 decision after leading for much of the match. Ben Ren, at 126, also competed for the Falcons.

In the opening match, Stempler's technique was on full display. Before his second period pin he executed a perfect switch for a reversal. For most of the Falcons, the double arm bar seemed to be the move of choice. They used it effectively.

Senior Jaden Knuth says his favorite moment was being at the top of a human pyramid during the lunch break at the Dorsey Duals in his freshman year. He is enrolled at Randolph Macon College.

Senior Zach Brooks says his favorite moment came last year when he got a takedown with two seconds left to help secure a victory over Clarksburg.

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Changing a Pet's Diet

Peter H. Eeg, DVM

There are times when we need to change your furry friend's diet; however, if a pet refuses the new food recommended or required medically, you may be quick to give up because "food is the language of love." It's not easy to resist a sad face that is saying, "Where's the good stuff?"

Another problem you may face is food aversion, which may occur after your friend has been hospitalized or is receiving medical treatment.

Providing food that contains the correct nutrients to meet your pet's needs at different life stages, and in the face of different diseases, is one of the most important pet parent duties. For this to be successful, the food must be palatable. Palatability can be defined as the characteristics of a food that entice a pet to consume it. Flavor, texture, smell, and appearance are key elements for success and are painstakingly tested by pet food companies.

Preference testing can be done by offering your pet several foods to see which their "favorite" is. A compromise between what is tasty and nutritional content may have to be made, especially in diets designed for pets with chronic kidney disease, liver disease, obesity, gastrointestinal disease, or diabetes are needed for your pets. These taste tests should result in a diet that will be consumed most of the time, with "most" being the key word! There will always be special situations where your pet is very difficult with food choices, so here we have to get creative. Pets can be just like children—some eat anything and everything with gusto, while some are "picky" eaters.

Just as with medication, if a new food is not accepted by your pet, there is a frustration for you and a potential for difficulty treating a condition for your veterinary team.

The human-animal bond has multiple components, but one of the most important revolves around the emotions you feel when feeding and giving treats to your furry friends. For this reason, we should give a lot of thought to how we can successfully transition to a new diet.

Online sites often recommend "transitioning/changing/switching food in dogs and cats by mixing the old and the new food over 7 to 10 days, gradually increasing the new food until that is all that is given." In my experience, this is not always successful. Cats are usually suspicious of

any change in their food. When given mixed food, dogs may try to pick out what they want, but more likely will refuse to eat at all. Most of us will relent very quickly and let our pet have what they will eat.

Switching diets

What can we do differently for a higher likelihood of success?

1. Do NOT mix the foods together
2. Use the bowl that is currently being used (or a favorite bowl) for the new food
3. Put the old food into a new bowl
4. Place the two bowls side by side, increasing the new food daily and reducing the old food daily

To avoid gastrointestinal upset and ensure that some food is eaten, use a 7-to-10-day plan to increase the percentage of new food and to decrease the old food, as shown in the table below. I prefer a slow and steady approach, and if the new food is refused, this 10-day plan can be extended by sticking to one of the ratios for several days in a row until the pet eats what is in both bowls before moving on.

Using this technique can give you the best chance of getting your furry pal to eat the new food. Always discuss your plan with your veterinarian first.

Day	New Food %	Old Food %
1	10	90
2	20	80
3	30	70
4	40	60
5	50	50
6	60	40
7	70	30
8	80	20
9	90	10
10	100	0



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