- The Monocacy MONOCLE

Keeping an Eye on Local News

A Biweekly Newspaper

July 9, 2021 • Volume XVII, Number 9

Town Mourns Passing of Legendary Coach and Teacher Fred Swick By Rande Davis

Poolesville High School's beloved Coach Fred Swick passed away at the age of seventy on June 29 after a courageous seven-year battle with multiple myeloma.

A Poolesville resident since 1979, he accepted a position as a physical education teacher at PHS, and in 1983, he became the boys' basketball coach.

After becoming the all-time winningest coach in both boys' and girls' basketball history at the school, he became the Poolesville Athletic Director in 2006. He had similar success coaching baseball for thirteen years, football for ten years, and softball for four years, all while teaching five classes a day.

After retiring as the school's Athletic Director, Fred returned to coaching in 2010. His girls' basketball teams went 20-4 in 2015-2016, 21-4 in 2016-2017, 27-0 in 2017-2018, 19-5 in 2018-2019, and 20-5 in 2019-2020. His undefeated

There was a huge outpouring of love for Coach Fred Swick as the community celebrated his life at Whalen Commons on July 7.

team in 2017-2018 gave him and Poolesville High School a long-awaited state championship.

An open-air celebration of his life was held on July 7 at Whalen Commons with hundreds of area residents in attendance.

The *Monocacy Monocle* published an extensive tribute to him by its

sportswriter Jeff Stuart in June of 2020 which provided not only a presentation of his many accomplishments as a coach and teacher but included numerous accolades from past associates, players, and friends. That tribute to him follows:

Continued on page 11.



Kevin Gross performed at the

Presbyterian Church's summer concert.

See more in Family album on page 2.

Thomas Mears stands by the river

entrance to the Goose Creek River

Lock where his great grandfather,

Charles William Wood, ran between

Lock 25 and the river lock as a young

child to deliver messages. Read more

The annual Fourth of July fireworks display drew patriots with a variety of hats. See more event pictures on page 14.



Lina Abzakh took fifth place in the state in 100m hurdles. See PHS sports wrap up on page 20.

Homes for Our Troops Chooses Poolesville Site By Rande Davis

Homes for Our Troops is happy to announce that it is coming to Poolesville to build a new specially-adapted custom home for army Sgt. Emmanuel Melendez-Diaz. Sergeant Melendez-Diaz was injured when his vehicle hit an improvised explosive device while serving in Iraq. As a result of the blast, Sergeant Melendez-Diaz lost his right leg above the knee and endured severe nerve damage in the left foot, severe pulmonary disease, and severe intestinal damage.

Homes for Our Troops is a 501(c)(3) nonprofit, non-partisan organization whose mission is to build and donate specially-adapted, custom homes nation-wide for severely-injured post 9/11 veterans to assist them in rebuilding their lives.

We are having a special Community Kickoff event to welcome Sergeant Melendez-Diaz to the Poolesville community and to celebrate the



The Melendez-Diaz family will soon receive a new home in Poolesville from Homes for Our Troops.

groundbreaking and building of his future home on Saturday, July 17, 2021. The Community Kickoff launches the start of the home building process and is a critical event that helps rally support within the community in which the veteran has chosen to build his or her forever home.

If you would like to learn more about Sergeant Melendez-Diaz, please visit www.hfotusa.org/melendezdiaz.

on page 10.



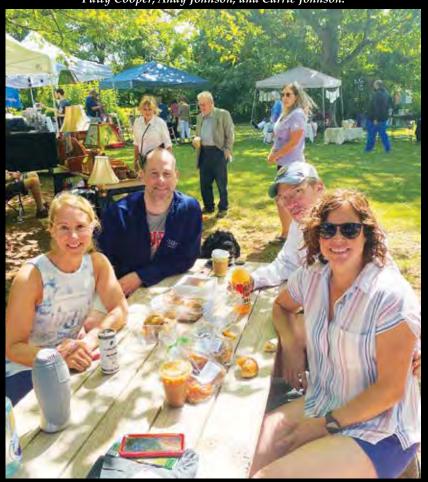
Haley Runaldue, Jimmy Runaldue, Chris Johnson, Patty Cooper, Andy Johnson, and Carrie Johnson.



Learning to be good stewards of the Earth.



A variety of artists and crafters offered their wares on the lawn of the John Poole House during the Locals Restaurant special event.



Shannon and Joe Helfert and Amy and Keith Sobel at the Locals Meet and Greet Artists and Makers Event.



Attendees at Poolesville Presbyterian's summer concert.



Shoppers sought fresh local produce and baked goods.

Town Government

Commissioners Hire New HR Firm to Review Town Personnel Practices

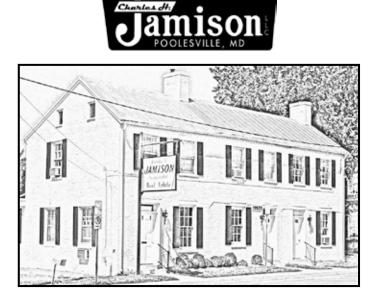
By Link Hoewing

At their June 21 meeting, the commissioners of the Town of Poolesville voted unanimously to hire the Human Resources consulting firm MMC Consulting to undertake a series of projects centered around modernizing and improving the town's personnel practices and policies.

Two firms, MMC Consulting and Bryant and Bryant, presented at the previous commissioners' meeting. Both firms have the background to do the job, according to town consultant Wade Yost who contacted people who recommended the firms to check on their backgrounds and performance, and did an analysis comparing the costs of the two firms. Yost said that, given the relative uncertainty of the scope of the work that needs to be done, a "time and material" contract would be the best way to proceed. He remarked that one of the firms, MMC, had a higher hourly rate for the principal company experts who would be involved. Despite this, costs can be controlled by carefully managing the hours that are spent on tasks and carefully identifying the work that needs to be done. He also pointed out that it is possible that the estimates made by Bryant and Bryant about the amount of work that would be needed were "a little shy" which may explain why their cost estimates were lower. Finally, Yost said that MMC's staff lead for the project is very impressive, and the firm seems to have a broad range of contacts to get expertise when needed.

In the end, the commissioners decided to award the contract to MMC. It was highlighted that a lot of the costs may well be "front end loaded" as the initial work the consultant must do is intensive in nature, involving things like rewriting the town's personnel manual, assessing town policies and procedures to ensure all workplace laws are being faithfully executed, and assessing employee

Continued on page 13.



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Rande(m) Thoughts The Spirits of the **Beloved** Live On

By Rande Davis

Sadly, June has brought a unique level of sorrow to our community with the passing of three area residents whose lives deeply touched the community: Legendary Coach Fred Swick, whose death and accomplishments are chronicled in our headline story in this issue; Andrea Stump, the wife of former town commissioner; and Mieke Davis Frishman, my eldest daughter.

Andrea had a long and distinguished career as a Software Architect spending her entire career with IBM/ Loral/Lockheed Martin/Leidos. She helped design and build many of the air traffic management systems in use today in the U.S. and Europe.

Mieke was a graduate of Poolesville High School and George Mason University where she earned her B.S. in Biology. After graduating college, she worked as a research scientist in the study of female cancers. Later she transitioned into a career in scientific equipment sales starting with Digenes Corporation in Germantown and advanced to her most current position as Senior Account Manager with Thermo Fisher Scientific Electron Microscopy Life Sciences at Thermo Fisher Scientific Washington, D.C. where her lead client was the National Institutes of Health.

The public outpouring of love and appreciation for all three wonderful people clearly testifies that many people hold a piece of the dearly departed's spirit within themselves.

A profound theologian once explained to me the difference between a spirit and a soul. Remarkably, this wise man turned out to be my grandson, Leif Frishman. When this now-six-foot-three eighteen-yearold young man was only about seven years old, he expressed some wisdom far beyond his youthful years.

I remember the day so clearly. It was around Halloween and, as grandfathers and grandsons can do, we were in a discussion about Halloween monsters and ghoulies and ghosts. When he said he might be scared if he ever really saw a ghost, I asked if he would be scared if someday my spirit left heaven and came back down to Earth to visit him, perhaps even during Halloween. He responded, "Opa, you can't do that." In asking him why not, I was half afraid that his answer might be that he thought I might not make heaven. With his big, beautiful, dark eves looking straight up at me, he explained, "Opa, your spirit cannot come down from heaven because it won't be there. It is your soul that that will be in heaven. Your spirit will always be here on Earth."

Such amazing insight by anyonenever mind someone so young.

The souls of Fred, Andrea, and Mieke are now in heaven, but as Leif so clearly pointed out, their spirits are still here on this Earth, living within the hearts of each one of us whose lives they so wonderfully touched.

Even in our tears, we smile with the great blessing of having had each of them as part of our lives, knowing so well that love is greater than death, all ways and always.

Special Announcement: The celebration of life for Mieke Davis Frishman is arranged as follows:

Visitation-July 9 from 6:00 p.m. to 8:00 p.m. at the Loudoun Funeral Chapel at 158 Catoctin Circle, S.E., Leesburg, Virginia.

Funeral-July 10 at 11:00 a.m. at Timothy's Catholic Church, St. 1387 Poplar Tree Road in Chantilly, Virginia. To watch the funeral online go to: https://vimeo.com/566089828



Letter to The Editor

I've been enjoying reading The Monocacy Monocle for the past few issues. Recently, I noticed an error on page 19 of the June 18 issue, in the article about the Poolesville High School boys' tennis team.

Towards the end of the article, it says, "Alternates were Amoson Shu and senior Daniel Liang." The name of this student is actually Daniel Ling, and he is a freshman. I would greatly appreciate it if you would run a

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correction for this error in the next issue. -Michelle Ling

Editor's Note: The author of this fine piece, Jeff Stuart, sent me a corrective note on the this and the spelling of the name, but I failed to pass it on to our copy editor. With the spelling of my name being so unique, it's always so ironic whenever I err on a person's name. Having lived a lifetime with such errors, you would think I would be better at this than most. Alas, I am not.

-Rande Davis



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Garden

Goodbye to Two Historic Old Oak Trees

By Maureen O'Connell

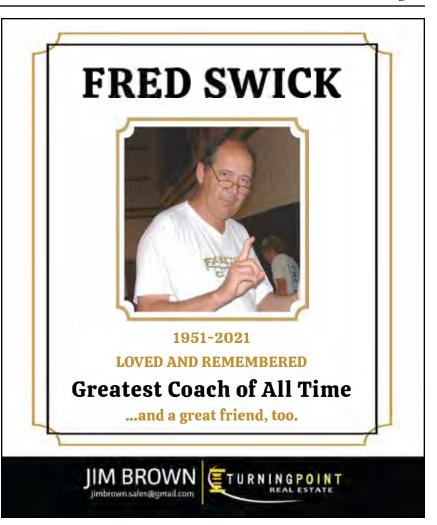
The next time you are driving on River Road towards Poolesville, you will notice on the left, right before the intersection of River Road and Partnership Road, a building constructed of red Seneca sandstone. This is the one-room Seneca Schoolhouse. It was built in 1866 by farmer and miller, Upton Darby, and his Seneca neighbors to educate the children of Seneca's farmers, C&O canal workers, and the stonecutters who worked at the Seneca Quarry. It sits on two acres of the surrounding Seneca State Park. Classes met in the school until 1910 when education became more formalized in Montgomery County. For a time after that, the little schoolhouse was owned and lived in by a local farmworker. After a while, it fell into disrepair.



Seneca Schoolhouse circa 1876.

In 1980, the local historic preservation organization Historic Medley District signed a lease agreement with Seneca State Park to restore and operate it as an authentic 1800s one-room schoolhouse and museum. To this day, it is a very popular venue for school field trips for second- to fourth-grade students from public, private, and home-schooled groups from D.C., Virginia, and Maryland. They step back in time to experience a school day in 1867 with authentic soapstone as pencils, slate boards as writing tablets, a pot-belly stove for winter heat, a dunce cap and stool in the corner for those misbehaving, and recess games of relay races, baseball with walnuts and a tree branch, drop the handkerchief, jump rope, and hoop and stick. The carefully-researched nineteenth century school day is taught by a costumed schoolmarm, Julie Shapiro, but Miss Darby to the children.

The picture accompanying this article is from the book Country School Boy-Adventure in a one-room schoolhouse at Seneca, Maryland in 1876. It was written in 1999 by Bess Paterson Shipe with illustrations by Carol Stuart Watson. The book's



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Senior News

Poolesville Seniors Present Virtual and In-Person Programs

Join Poolesville Seniors for activities and virtual programming to keep the mind, body, and spirit engaged. To register for these events please visit www.poolesvilleseniors.org or call 301-875-7701. All events are open to the entire community.

Mondays

Tai-Chi with Maureen Ivusic. 10:45 a.m. to 11:30 a.m.

Wednesdays

Zumba Gold with Karen McPhatter. 1:00 p.m. to 2:00 p.m.

Trivia Game Night

If you love Trivia, come join a team with Poolesville Seniors. Email info@ poolesvilleseniors.org for more information. 7:00 p.m.

Fridays

Breath-Mind-Body with Kathy Jankowski. 12:00 p.m. to 12:45 p.m. Please register for each Friday class.

July 15

Historic Properties with Kenny Sholes

Local historian, Kenny Sholes, will introduce the history of several homes in the Agricultural Reserve to help us better understand the land and the people whose dreams, goals, and struggles shaped the Agricultural Reserve. 7:00 p.m.

July 22

Genealogy & You: Discovering Your Family's Past

If you ever wondered about your ancestry, join Maggie Nightingale Library's own Sharat Buddhavarapu when he explains how to access the genealogy and family history resources available through our Montgomery County Public Libraries. 7:00 p.m.

July 26 Book Club

Join Poolesville Seniors as we discuss Britt Bennett's novel, *The Vanishing Half*, which explores the consequences of both the past and race as the Vignes twins live in different worlds, one black and one white. 7:00 p.m.

July 29

Summer Garden Maintenance

Join Bernie Mihm for gardening maintenance demonstrations and tips to keep lawns, trees, shrubs, and flower and vegetable gardens looking their best through the summer. This event will be held in person on Budd Road in Poolesville. Exact address will be provided after registration. Please register early to reserve a spot. 7:00 p.m.

August 5

Jump on the Butterfly Bandwagon

Lauren Hubbard, Certified Chesapeake Bay Landscape Professional and Master Gardener, will explore the subject of biodiversity and how we can help to bring back butterflies and other pollinators by using native plants in our yards and gardens. 7:00 p.m.

Watch for the return of some in-person programs. For more information or to register for any of the programs listed here and to receive the Zoom link for each, visit the Poolesville Seniors website: poolesvilleseniors.org. Many of these presentations are also streamed live on their facebook page and recorded for later viewing on YouTube. Did you know that you don't need a computer to participate? You can join the Zoom presentation using your smartphone or just listen in using the local telephone number from Zoom and the Poolesville Seniors meeting ID and password. Call or text them at 301-875-7701 to learn how.



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Continued from page 5.

Goodbye to Two Historic Old Oak Trees

appendix states: "This story is woven on a framework of fact about education in Montgomery County, and particularly at Seneca School in the last half of the nineteenth century. One of the students who, at the age of six, entered Seneca School, was Mr. Lewis Allnutt, who was born at 'Rockland,' Seneca, Maryland, on January 2, 1875. He described the school and recalled his school days in an interview with Virginia G. Hersperger on January 25, 1974." The drawing shows the schoolhouse with children arriving for classes by walking or horse and buggy. Behind the school, you will notice two very tall white oak trees. They are the ones that Ms. Darby and children said goodbye to this past June with many fond memories of the days they played under the trees' strong, noble branches and limbs. The trees were dead, and they were cut down on June 1. These two towering, majestic trees watched over schoolchildren for 154 years. An arborist estimates that the two trees were there well before the schoolhouse was built, perhaps by fifty or sixty years.

The white oak tree, Ouercus alba, is one of the preeminent hardwoods of eastern and central North America. In 1941, it was designated as the official state tree of Maryland. It has a short trunk with massive horizontal limbs. The wide-spreading branches form an upright, broad-rounded crown. The average life span for most white oak trees is between one hundred and three hundred years, but there are some that well exceed the averages. The oldest living white oak tree, at six hundred years old, was in Basking Ridge, New Jersey. It died on April 24, 2017. The Wye Oak, located in the village of Wye Mills in Talbot County, Maryland, estimated to be nearly five hundred years old, was the largest white oak tree on record, both in Maryland and the nation. It died on June 6, 2020, at ninety-six feet tall and an average crown spread of 119 feet. Experts say that today fewer white oak trees are replicating the very old life spans we have seen in the past. Several factors-drought, invasive insects, diseases, and climate change-can greatly harm trees which, in turn, makes them more susceptible to damage as they age.

This coming fall, Miss Darby and schoolchildren will plant another white oak tree on the grounds of the Seneca Schoolhouse. May it live a long life and look after the schoolchildren of Miss Darby for many years to come. Bethesda

2021

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Tidbits

UMAC Champs

Page 8

The 10U PAA Black Team won the UMAC 10U spring championship on June 9. It was a hard-fought game tied at 1-1 going into the fourth inning. PAA Black had great defense and



Rear: Ryan Duncan, Liam Slonski, Landon Puglisi, and JP Williams. Front: Klay Dimmerling, Patrick Mercer, Lola Morris, Nicolas DePasquale, Dean DePasquale, and Anthony DePasquale. Coaches: Matt Duncan, Kevin Williams, and Dean DePasquale.

offense to pull ahead and win, 6-1, against the UMAC 10U Orioles.

Boy Scout Awards

BSA Troop 496 would like to congratulate its Spring Awards recipients, Jack Welsh (recipient of the first ever Meritorious Scout Award), graduating Eagle Scout Connor Ransom, and Victor Velasquez, Den Chief Award for his service to Cub Scout Pack 694. During his Scouting career, Connor Ransom earned 53 merit badges, 144 camping nights and completed 256 hours of service.

Do You Know a WWII Vet?

The Poolesville American Legion is trying to identify every World War II vet living within our area. Do you know one? Often these heroes from the Greatest Generation do not like to publicize their historic contribution, and the American Legion relies on their friends and relatives to send us their names and contact information. The legion wants to provide a special thank you to them for Poolesville Day. If you can help, email Nick Markoff at Chief@ calleva.org.



Jack Welsh, Connor Ransom, and Victor Velasquez.



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Order pies in advance or on site (limited to availability)

Things To Do

July 13

UMCVFD Pit Barbeque

Pulled pork, beef sandwiches, coleslaw, and baked beans. *Beallsville Fire Hall*. 11:00 a.m. until sold out.

July 14

Poolesville Planning Commissioners' Meeting

Poolesville Town Hall. 7:00 p.m.

July 15

Special Poolesville Seniors' Event: Historic Properties with Kenny Sholes

Local historian, Kenny Sholes, will introduce the history of several homes in the Agricultural Reserve to help us better understand the land and the people whose dreams, goals, and struggles shaped the Agricultural Reserve. 7:00 p.m.

Annual AA Potluck Dinner Meeting

Open to all members and their families/ friends. The group will provide chicken, cake and drinks, and members are encouraged to bring a side dish, pizza, or dessert. Dinner will be followed by speakers from both AA and Al-Anon. St. Peter's Church. 6:30 p.m.

July 16

Friday on the Commons: Date Movie Night

Featuring *The Princess Bride* (free). Beverage sale: Manor Hill beer and assorted wines. Beer or wine is \$5.00 per glass. *Whalen Commons.* 8:30 p.m. to 11:00 p.m.

July 17

Homes for Our Troops Kickoff Event

A special Community Kickoff event to welcome Sergeant Melendez-Diaz to the Poolesville community and to celebrate the groundbreaking and building of his future home. Ceremony will be followed by lunch. Volunteers are needed for this event. For more information or to get involved, please contact Q. Bailey at qbailey@hfot.org or 774-226-5173. *Poolesville Baptist Church*, 17550 W. Willard Road, Poolesville. Check in at 9:30 a.m., start time 10:00 a.m.

Locals Farm Market

Open mic entertainment. Also featuring fresh-baked goods and produce. Noon to 2:00 p.m.

Poolesville Presbyterian Church's Summer Events

Concert: Not the Choir Band. 2:00 p.m. to 3:00 p.m.

Special Presentation of Poolesville in the Civil War by Rande Davis. 3:00 p.m. to 4:00 p.m.

Evening Concert: Bobby Lewis Band. 4:00 p.m. to 6:00 p.m.

July 19

Town Commissioners' Meeting *Poolesville Town Hall.* 7:30 p.m.

July 19 to 23

Poolesville Memorial United Methodist Church Vacation Bible School

Discover God's great light at Adventure Island. In-person and virtual. Register by July 12; call 240-674-6206. 6:30 p.m. to 8:00 p.m.

July 22

Genealogy & You: Discovering Your Family's Past

If you ever wondered about your ancestry, join Maggie Nightingale Library's own Sharat Buddhavarapu when he explains how to access the genealogy and family history resources available through Montgomery County Public Libraries. 7:00 p.m. *See Senior News on page 6 for Zoom details.*



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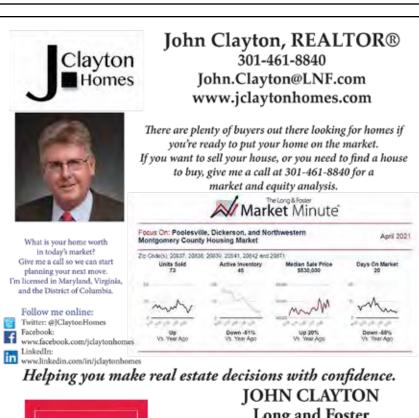


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- VIRTUAL = supply box for each attendee/family (to be picked-up Sunday, July 18th from 9:30am-12:30pm) and ZOOM link

• Space is limited

Questions?

Call 240-674-6206 or email BKing21710@gmail.com.

Register by July 12th at: Visit Poolesville-Memorial-UMC.MyCokesburyVBS.com

or PMUMC.org and click on scrolling ad for VBS

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In Your Own Backyard

Lock 25–Edwards Ferry: Part Three

By Jon Wolz

The 1870s and 1880s were the C&O Canal's most profitable years. The year 1871 was the peak year for the canal with over 900,000 tons of cargo transported along its waterway. Edwards Ferry was a thriving canal town and saw a period of prosperity too. Former Confederate officer Elijah White and his battalion surgeon during the war, Dr. Edward Wootton, purchased the general store, the ferry, and a granary at Edwards Ferry.

In 1870, Richard Collier, Sr., appears in the census as the lockkeeper for Lock 25. The census incorrectly spelled his last name as "Colyer." He was born in 1823 in Virginia and died at Great Falls, Maryland in 1894. In 1870, he had personal assets valued at \$150. Living with him at the lockhouse was his wife Mary Frances (Daley) who was born in 1824 in Virginia and died in Potomac, Maryland in 1904. She was listed in the census as "keeping house." Richard and Mary were married in 1849 in Washington, D.C. Their seven children lived with them: John, 20, Thomas, 16, Fannie, 12, Henry, 8, Valentine, 6, Richard, Jr. 5, and Mollie, 3. Richard, Jr. and Mollie were born in Maryland; the other children were born in Virginia. Nothing is mentioned in the census as to the occupations of the children or whether any of them attended school. Franklin Soper, 18, lived at the lockhouse, too, and there was no occupation given for him. In the 1873 payroll records, Thomas Collier was a canal laborer making \$33 per month with \$11 taken out for rent, and he received a net pay of \$22 from the Canal Company. Richard, Mary, and six of their seven children are buried in the Monocacy Cemetery. I was only able to find a marriage record for Richard and Mary and no other records prior to 1870.

There was a news report of a fire on the C&O Canal at Edwards Ferry. The steam packet, Eureka, was destroyed at midnight, December 13, 1870, while lying at Edwards Ferry for the night. Philip Craig, the captain from Georgetown who also owned the boat, was asleep with his crew on the boat. Had it not been

Continued on page 18.



Descendants of Charles Worth Wood and Columbia Whalen Wood, who were once lockkeepers at Lock 25, Edwards Ferry, standing behind the gravestones of Charles and Columbia Wood. From left to right are: Dave Mears, Tom Mears, Robert Mears, Gary Mears, and Bob Mears. Robert is a third great-grandchild, and the others are second great-grandchildren.





Continued from page 1.

Town Mourns Passing of Legendary Coach and Teacher Fred Swick

Fred Swick: Tributes to a Coach, Friend, and More

By the time the recently-retired Fred Swick accepted the Athletic Director position at Poolesville High School in 2006, he was already the winningest boys' basketball coach at Poolesville and the winningest girls' basketball coach. He had similar success coaching baseball for thirteen years. He also coached football for ten years and softball for four years, and he taught five classes a day for thirty-two years.

"My first head coaching job was as the boys' varsity basketball head coach at Einstein from 1979 to 1983," said Swick. "I tried to improve as a coach by reading and watching current coaching videos. I tried to coach as if I were coaching my own kids, teaching them to be prepared each day, whether it was practice or game or in life, to do their job. My favorite memories were the relationships I had with the kids even after they graduated. There is nothing I'd redo. I was out of coaching three years as the AD from 2006 to 2009."

There was more. Fred returned to coaching in 2010. In the last five years, the girls' basketball team went 20-4 in 2015, 21-4 in 2016, 27-0 in 2017, 19-5 in 2018, and 20-5 in 2019. Of course, the undefeated 2017 season brought Poolesville its first Girls' State Basketball Championship. Fred was named the Montgomery County Sentinel Coach of the Year.

"First, I would like to congratulate Coach Swick on his retirement from coaching," said current PHS Athletic Director Gina Grubb. "There are so many wonderful things I could say about Fred as a coach, person, and most of all someone I can call a great friend. He has positively impacted so many young people through his years of coaching. He has worked with all levels of abilities and has been able to get the most out of each of his players He always looked to grow as a coach and make necessary changes in his style of play for his teams to be successful. He was a leader, mentor, and a positive role model for each and every player that went through his program. He is a legend in the Poolesville community and will be deeply missed on the sidelines. I know he is going to enjoy watching his grandchildren grow in the activities they love, and we hope to see him at PHS watching and cheering on our teams."

"Swick is someone I looked up to even before he was my coach," said Erin Green, a big part of the championship season. "He's been a figurehead at Poolesville for so many years, and I am so honored that I got to be a part of the state championship team and undefeated season my senior year. Since playing in college, I have used a lot of what he has taught me and applied it to my game at the collegiate level. I am so grateful for everything that he has done for the basketball program and the community as a whole! We will miss him dearly, but the legacy he leaves will be remembered forever."

"Coach Swick was a great coach through my four years at PHS on and off the court," said Kelliann Lee, another prominent member of that title team. "He pushed me to become a better player and leader for the team. I liked that he was always focused on us playing our best no matter who we were playing and what their or our standings were. He never let any distractions affect us playing basketball. Coach Swick has continued to be my coach and friend after graduation. He is a genuinely goodhearted guy, and I think the whole Poolesville community is thankful for Coach Swick."

Fred went to Richard Montgomery High School where he played basketball from 1967 to 1969. He was voted Second Team All-County in 1969. He attended Montgomery College from 1969 to 1971. He was named to the First Team All-State Junior College Team at MC in 1971. He graduated from Frostburg State, where he also played basketball, in 1974,

Here are a few random items from his basketball career. On January 2, 1972, Fred, a 6'3" guard scored twenty-two points for Frostburg on a Czechoslovakian basketball tour in a 76-74 loss to Spartlake Roudnice. On February 17, 1971, Swick scored twenty-one as Montgomery Junior College trounced Essex Community College, 96-72.

At Richard Montgomery and at Frostburg, he played with Jim Riggleman, the former manager for the Washington Nationals. "My long-term relationship and friendship with Fred go back to Broome Junior High School," said Riggleman. "He was a year ahead of me in school. We were teammates in high school and in college. Fred had all the attributes you look for in a man, and an athlete and a teammate, a coach and a leader. He was just a total class act. He was calm, very humble, very quiet, very unassuming. He was kind of a fun guy. He had a quick subtle wit. He would come up with funny things to say that would keep us loose. We called him a 'quiet assassin' on the basketball court. He didn't demand the

ball, but we wanted to get the ball to him because he was our best shooter."

"When you say the name Fred Swick, the first thing that comes to mind is G.O.A.T, short for Greatest of All Time," said Town of Poolesville Commissioner Jim Brown. "Fred will go down as one of the best coaches in Montgomery County history, if not all of Maryland. His coaching job during his Poolesville varsity girls' recent run to the state championship was pure Fred—steady hand on the throttle when needed while always out-coaching his opponent and getting maximum Smart Effort from his own team.

"The fifteen years Fred and I have run the Falcon Basketball Camp together have been some of the best weeks of our lives. Every year, the staff



(including Fred's daughter Kelly and my main man Ted Gardiner) can't wait to catch up, talk hoops, and hang out with our Poolesville kids all week. It seems like half the camp, coaches and players, are somehow related to the Swicks! Thanks to Fred, it's truly a family affair, and that translates to a great camp experience for our kids. I'm super happy to be a part of his family, and I can't wait to see Fred's wry grin and crooked finger at our next Falcon Basketball Camp! Love him like a brother."

"Fred has completed his career as he began it," said former Poolesville Athletic director Ed Ross. "He was always the standard of steadiness and professionalism as an excellent teacher-coach. He was loved by his players and well respected by their parents."

"Coach was very dedicated to his student-athlete," said Amy Poffenbarger, the coach of the Middletown High School girls' basketball team that had a memorable playoff game with Poolesville in that 2017 season. "When it came to basketball, he always had his girls prepared to play. I knew at the end of the season I would receive an email from coach, he is very generous with his time and knowledge. His emails are always very complimentary of our season and wishing us the best of luck for the next year. I know if I ever have a question or need advice, he is just a phone call away or an email. He was a blessing to our sport but mostly a blessing to his student-athletes. God Bless and thank you, Coach!"

"Swick has always been my favorite coach to play for," said former player Whitney Carmack. "He knew how to bring out the best in every player, and he always pushed me in finding my potential in basketball, but more importantly he showed me how to be a leader for my team and my community."

"I have had the honor and privilege of coaching with Fred Swick for the past ten years," said new girls' basketball coach Katie Hackey. "I have learned so much from him, not only about basketball, but the importance of relationships with our players, parents, coaches, and the community. Coach Swick has touched so many lives in his time here at Poolesville with his expertise and knowledge of the game, his work ethic and, last but not least, his personality. He will be missed by the entire Poolesville community and me. He has left big shoes to fill, and I will strive to do my best to make him and the program proud."

"It was a pleasure to not only have had Coach Swick as a mentor but to have been able to play for him for four years," said former player and current assistant coach Kelsey Carnahan. "He has made a huge impact on girls' basketball in the Poolesville Community. Coach Hackey and I will have big shoes to fill, but we are excited and eager for the opportunity,"

> Do you have any interesting local history or fun facts to share with our readers? The *Monocle* welcomes your contribution. Send to editor@monocacymonocle.com



Commissioners Hire New HR Firm to Review Town Personnel Practices

salary and benefit packages. As this work is completed, costs should decline as the tasks involved will likely shift to things like providing advice and guidance to the new town manager on an "as requested" basis. Yost added that the contract includes a standard thirty-day termination notice the town may exercise at its discretion.

The commissioners next turned to a brief strategic planning discussion. Much of the discussion involved the role of the commissioners in setting out "big goals" for the town and identifying which goals are likely to be most important for the welfare of the town going forward.

Commissioner Jim Brown said that overall the commissioners should "be the big picture people." That would not negate at all focusing specific projects as required, but commissioners can "fill in the gaps if we have a good big picture framework" in place.

Yost noted that a "big picture" framework can include broad categories such as "growth, economic development, sustainability, community livability" and so on in order to ensure the town remains focused on key initiatives.

Commissioner Ed Reed said that with the right strategic framework, the commission can "help shape the culture of our community." He advocated a series of "listen and learn" sessions to gain more insights from town residents.

Yost added that a wide variety of projects that town has identified or is focused on—such as a Wellness Center for students and a community center—fit with a broader vision.

At the end of the discussion, no firm set of next steps was set out. It seemed the discussion was being spurred in part by the fact that the Planning Commission is moving ahead now with initial work to revise the town's master plan.

During the town manager's segment of the meeting, Yost said that live meetings at town hall will resume on July 6. The town is working to have the capability to continue to "live cast" its meetings via YouTube, so residents can attend in person or watch proceedings online.

Yost reported that the special citizens' committee set up to review applications for the town manager's position and identify viable candidates to recommend to the commissioners is planning to be ready to report at the July 6 commissioners' meeting.

Yost also said that the town is contracting with Kathy Mihm, who has done work for the town in the past, to do an assessment of the town's water system and its adequacy. The assessment will consider factors relating to climate change.

Finally, Yost noted that the summer meetings of the commission are slated to be held on July 6, August 16, and September 7.

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America, and we are sending three

boats (fifteen kids, including some

Poolesville kids). Our club has only

ever qualified one boat before, so we

org. The coach can be contacted at

The web site is denationalrowing.

are really excited about it."

Youth Sports

Do You Want to Join the Crew?

By Jeff Stuart

If you have driven on the George Washington Parkway, you have probably seen the four- or eight-man crews paddling in sync along the Potomac near Georgetown. Now you can watch or join in the action much closer to home. The D.C. National Rowing Club, open to high school students, grades nine to twelve, launches out of Seneca Creek near Riley's Lock, about nine miles from Poolesville High School.

The DCNRC evolved from the Churchill Crew club which was established by two Churchill High School students, Alisa Dan and Julianna Hsing. Both graduated in 2012.

Montgomery Boat Club, created in 2015, wanted to open the club's mission to a wider range of high school rowers in Montgomery County.

MBC became D.C. National Rowing Club in 2019, hoping to continue to teach high school students the art of rowing. They have had participating athletes from Churchill, Bullis School, St. Andrew's Episcopal, the Lab School,



DCNRC was able to continue opera-

"We will be attending the Youth

tions during the pandemic by offering

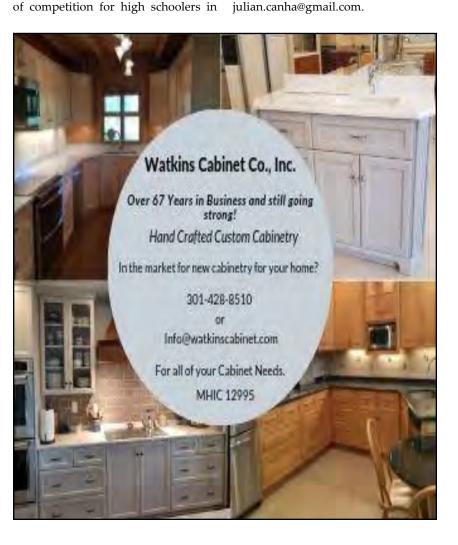
National Championships in Sarasota,

Florida June 10 to 13," said Coach

Julian Canha. "This is the highest level

summer and fall seasons in singles.

Wootton, Sherwood, St. Anselm's Abbey School, and the Heights School. They have several students from Poolesville High School. They practice six days a week and row out of Calleva, the largest outdoor education organization in Central Maryland, in the fall and spring.



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- We partner with the Rio Grande Café in Germantown for WUMCO Wednesday on the first Wednesday of each month, with 10% of food sales being donated to WUMCO.
- We continue our relationship with the Mexican Grill for WUMCO Wednesday on the third Wednesday of each month, with 10% of food sales being donated to WUMCO.
- We partner with the new K2 Café/Poolesville Athletic Club (formerly Cafe 109) with a basket to receive food from patrons.
- We partner with the new Friendly Thrift Shop, leaving membership envelopes and getting baskets for food collection.
- We continue our partnership with four restaurants, Mexican Grill, Bassett's, the White's Ferry Grill, and Cugini's, who give WUMCO members 10% off their check when they show their membership cards.
- We are partnering with Jennifer Freeman and her Community Farm Share, which buys CSA (Community Supported Agriculture) shares for WUMCO to donate to clients, who get weekly deliveries of fresh produce throughout the growing season. We also partner with Sustainable Barnesville and their Plant an Extra Row Program, inspiring local gardeners to add a row of veggies to donate to food pantries.
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Questions? Please write Adam DeBaugh at wumco2@gmail.com or call the WUMCO office.





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Continued from page 10.

Lock 25-Edwards Ferry: Part Three

for someone on shore rousing the boat occupants, they would have perished in the fire. The loss was \$5,000, of which \$3,000 was to be paid by the Aetna Fire Insurance of Harford Connecticut.

Living near the lockhouse in 1870 was Charles F. Elgin 38, who was a "boss on canal," and his wife Helen 33, keeping house, and their three children, Mary, 5, Charles W., 3, and John, 1. In the 1873 canal payroll records, Charles F. Elgin earned a salary of \$47.50 of which \$10 was withheld for rent, and he received a net pay of \$37.50. William Bozzell was living with the Elgins in 1870. He was twenty-three and was a canal laborer at the time. He enlisted in the Confederate Army in 1864 and was a private in the 35th Virginia Cavalry Battalion. His father George was once a lockkeeper at Lock 25 several years earlier. William Bozzell does not appear in the 1873 canal payroll records.

Also living in the Edwards Ferry community in 1870 was Samuel Mansfield, 35, who was the ferryman for Edwards Ferry. Living with Samuel were his wife Margaret and their three young children. Samuel would become a lockkeeper by 1880 for a lock farther down the canal in Montgomery County. During the 1870s, after Samuel Mansfield stopped being the ferryman, Elijah White hired a black who was known to everyone as "Old Harper" to run the ferry.

Another family associated with the canal living at Edwards Ferry in 1870 was that of Charles Worth Wood, 35, and his family. Charles was a canal laborer. The 1870 census indicated that he could neither read nor write. His wife Columbia Whalen Wood, 30, kept house. Charles and Columbia would become lockkeepers at Lock 25. Living with Charles and Columbia in 1870 were their children, Charles William, 10, John 6, Howard 2, and Lottie, four months. Also living with them was Columbia's brother John Whalen, 23, who was a canal laborer. John eventually would become lockkeeper of Lock 27 and married Fannie Collier who was the daughter of the aforementioned Richard Collier at Lock 25. Charles and Columbia were married in 1859; however, Charles appeared in the 1860 census as living with his parents, and Columbia was not listed with the Wood family.

Charles Worth's father was Charlesworth Wood, age 57, who was a stone mason, and Charlesworth's wife was Theresa, age 47. Both Charles Worth and his twin brother Edward were stone masons, age 24. They lived on the family farm that was off of what is now Partnership Road. The father and his two sons

most likely were employed at the Seneca Stone Cutting Mill. Charles and his wife Columbia had their first child Charles William Wood in May 1860. The census for 1860 was done in June. It is possible that Columbia was at the home of her parents where she would have received help after the birth of her son. Columbia's parents, her son Charles William Worth, and her siblings do not appear in the 1860 census.

In 1863, Charles, Jr. was the lockkeeper at Lock 24 at Seneca. He most likely was present along with wife Columbia and their young son Charles William Worth when Confederate Major General J.E.B. Stuart and his cavalry crossed the Potomac River at Rowser's Ford in June 1863 near Seneca where they plundered canal boats, burned several boats, and captured several Union soldiers at Lock 24. After leaving Seneca, the Confederates headed to Gettysburg, Pennsylvania. Charles enlisted with the 43rd New York Regiment in November 1863. He was a private; however, there is no record of him seeing action during the war. He was injured in training, and he fell while boarding a train, went home, and hired a substitute. He was discharged in May 1864. While in the army, Charles suffered an eye injury. Charles Worth Wood appears on an 1865 map of Montgomery County as the lockkeeper at Lock 24.

By 1873, Richard Collier was no longer lockkeeper at Lock 25. Appearing as lockkeeper on the payroll records that appear on the C&O Canal Association's website was Mrs. C. W. Wood. She earned \$52 a week which was \$2 more than lockkeepers who only had one lock to maintain. Columbia was responsible for both Lock 25 and the Potomac River inlet lock that was two-tenths of a mile down from Lock 25. It is uncertain what her husband Charles was doing then. According to Thomas Mears, a descendent of Charles William Worth (the oldest son of Charles and Columbia), as a young boy, he ran back and forth between Lock 25 and the inlet lock carrying messages. Also, Thomas Mears mentioned that "as a young man, Charles William Wood regularly crossed the Potomac to attend Saturday evening dances 'near Leesburg.' Initially he was not welcomed with open arms because 'his father had not taken a position on the Civil War.' One Saturday, the musician was ill, and Charles, who played the violin, which he learned on a violin he made himself, stepped in to provide the music. After that, he was welcomed and began to court Sarah Frances Miskell, a local lady."

Charles, Columbia, and their family continued to operate Lock 25 and the inlet lock through the rest of the 1870s and into the 1880s.

To be continued with the year 1880.



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Police Blotter: Past and Present

By Jack Toomey

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that he was the one that police were looking for in the stealing of a truckload of hogs. Burdine, not knowing anything about missing hogs, questioned the man and learned that, in Selby, North Carolina, a truckload of hogs had been stolen by this man and driven to Danville, Virginia where they had been sold at auction. Fortenberger had then gone on a spending spree that ended when his money ran out. Burdine contacted the chief of police in Danville and learned that the stolen truck was indeed parked at the auction house. Arrangements were made to return the man to North Carolina.



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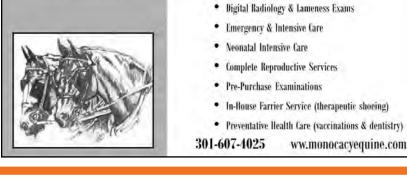
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Continued on page 22

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Youth Sports

Playoff Wrap: Xu and Padmanabhan Win 2A Boys' Doubles Tennis Championship

By Jeff Stuart

On Friday, June 18 at the Wilde Lake Tennis Center in Columbia, the Poolesville boys and girls' combined team finished second in the 2A State Tennis Finals. Hereford finished first with seventy-five points to sixty-five for Poolesville. The Falcons took home the title in boys' doubles with Robert Xu and Jeeva Padmanabhan defeating Grayson Hammann and Kevin Ross of Hereford (6-1, 6-0).

In girls' singles, Poolesville's Angelina Zhao placed second, losing by default to Ana Castro of Kent Island in the 2A finals. In boys' singles, Jae Yi lost (6-2, 6-0) in the semifinal, and in girls' doubles, Falcons Suzanne Xu and Kaviya Kandaswamy lost in the semifinal round.

At the 2A Track and Field Championships, also on Jun 18 at the Prince George's Sports and Learning Complex in Landover, Poolesville sophomore Lina Abzakh led the way, finishing fifth in the girls' 100m hurdles, setting a personal best time of 17.54. In the 2A West Region Championships at Century High School on June 12, Abzakh finished fourth in the high jump. Freshman Gabrielle Orns led the way for the girls finishing fourth in the 300m hurdles and fifthe in the 100m hurdles. She set a personal best in both events. Gabrielle also set a personal best, finishing sixth, in the 400m dash. Sophomore Anna Bodmer finished fifth in the 1600m, setting a personal best. Senior Lillian Hsu recorded a PR, finishing seventh in the 3200m run.

The Monocacy Monocle

The 4x800m relay team of freshman Daisy Dastrup, junior Caroline Simons, senior Melany Martinez, and Anna Bodmer placed fifth, and the 4x400m relay team of Dastrup, Abzakh, junior Angelina Kolomiiets, and Orns finished seventh.

For the boys, sophomore Caleb Dastrup led the way, finishing third in the 3200, and senior Chris Stallard finished eighth. Aaron Longbrake placed fourth in the 1600m and seventh in the 800m, setting PRs in both events. Freshman Dylan Derewonko set a PR, finishing sixth in the 1600m.

The 4x400m relay team of junior Jace Welsh, Longbrake, Derewonko, and freshman William Boehm finished eighth. In other playoff action, the Falcon softball team won its first playoff game in several seasons, defeating Oakdale on the road, 11-5, on June 7.

Pitcher Ainsley Hagen struck out nine, allowing seven hits.

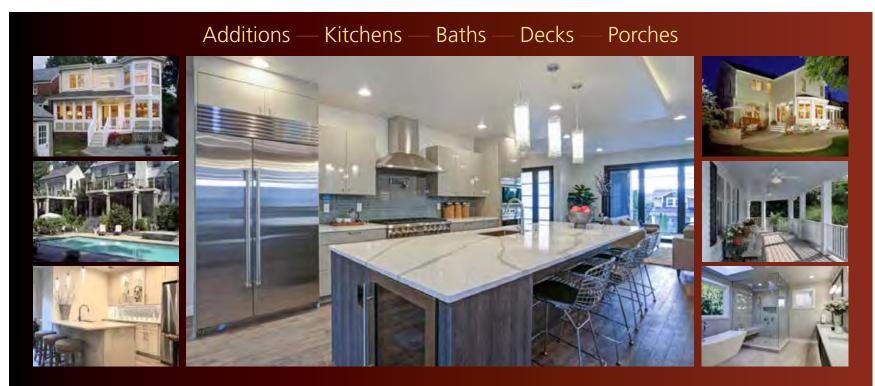
"We took advantage of Oakdale's pitcher who struggled in the beginning of the game," said coach Laurie Wohnhas. "She walked several batters. We got ahead early which helped with our confidence instead of having to work behind in a game.

"As a team we had ten hits. Colleen Hueting broke open the game in the top of the seventh with a three-run homerun over the centerfield fence." Hueting had three hits in the game. Hagen and Lexi Burdette each had two hits. Emma Orders, Catie Galant, and Gabby Jacobs added a hit each. PHS lost to Middletown in the region semifinal.

On June 9, at Poolesville, the Falcon baseball team dropped a 5-4 decision to Middletown. In the bottom of the seventh with the score tied, 4-4, Luke Pearre tried to score from second on a long single by Tommy Miles. In a bang-bang play at the plate in a cloud of dust, Pearre, representing the winning run, was ruled out, and Middletown won in extras.

Continued on page 21





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Remembrances

Fred Allen Swick

Fred Allen Swick of Poolesville, a beloved Montgomery County teacher and coach, passed away at the age of 70 on June 29, 2021 after a courageous seven-year battle with multiple myeloma.

Fred was born on April 17, 1951 to Allen and Lou Swick in Winchester, Virginia. His parents predeceased him. The Swick family moved to

Maryland where Fred grew up in the Rockville-Twinbrook area with his three brothers, Mark, David, and Todd. After graduating from Richard Montgomery High School in Rockville in 1969, Fred went on to play basketball and study physical education at Montgomery College and Frostburg State University.

An accomplished basketball player with a deadly outside shot (and remember, this was way before the three-pointer!), Fred was second team All-County at Richard Montgomery his senior year. Fred would go on to play at Montgomery College, earning First Team All-State Junior College honors, and at Frostburg, from which he graduated in 1974.

In the fall of 1970, while a student at Montgomery College, Fred met Donetta Hyre of Wheaton. They married on July 29, 1972. Fred and Donetta shared a love for family, especially enjoying their annual family beach vacations in the Carolinas and frequent trips to Disney World. During their fifty years together, they liked to take road trips to various cities and states, some of their favorites being trips to Hawaii, New Orleans, Memphis, and San Francisco, and they finally made it to Italy in 2018.

Fred began his career in 1974 as an elementary physical education teacher at Garrett Park Elementary in Kensington. He then taught at North Bethesda and Randolph Junior Highs, followed by several years as a PE teacher and coach at Albert Einstein and Walter Johnson High Schools. A Poolesville resident since 1979, Fred was delighted when a physical education teaching position opened at Poolesville High School, and in 1983, he became the head boys' basketball coach at PHS. By the time he accepted the Poolesville Athletic Director position in 2006, he was already the all-time winningest coach in both boys' and girls' basketball history at the school. He had similar success coaching baseball for thirteen years, football for ten years, and softball for four years, all while teaching five classes a day.

After retiring as the school's Athletic Director, Fred returned to coaching in 2010. His girls' basketball teams went 20-4 in 2015-2016, 21-4 in 2016-2017, 27-0 in 2017-2018, 19-5 in 2018-2019, and 20-5 in 2019-2020. His undefeated team in 2017-2018 gave him and Poolesville High School a long-awaited state championship. As humble a man as he was, Fred would never flaunt that accomplishment, but that team and season were something of which he was immensely proud.

Fred loved and was devoted to teaching and working with children. When he wasn't teaching and coaching as part of his employment, Fred ran basketball camps in Poolesville, including the Falcon Basketball Camp, and helped coach some of his grandchildren's basketball and baseball teams.

Fred enjoyed Friday morning breakfasts with his retired PHS buddies and playing golf with them and many of his former players/students, so many of whom became lifelong friends. He and Donetta kept busy in retirement, attending and supporting their grandkids' various games and performances.

In addition to his wife, Fred is survived by his children, Andy and his wife, Christina of Darnestown, Kelly and her husband, Ted Gardiner of Urbana; and his six beautiful grandchildren, Maddie, Brady, and Emmy Gardiner, and Lily, Rhett, and Wyatt Swick, all of whom he loved dearly and who brought him great joy and pride.

An open-air service to celebrate Fred's well-lived life will be held at Whalen Commons in Poolesville on Wednesday, July 7, 2021, at 10:00 a.m. Attendees are encouraged to dress comfortably and bring lawn chairs or blankets to sit on. A private inurnment will be held at a date to be determined.

In lieu of flowers, the family suggests that donations be made to Girls on the Run (girlsontherun.org) or Good Sports (goodsports.org), a nonprofit organization providing lifelong benefits of sport and physical activity by providing equipment, apparel, and footwear to children in need.

Hisle G. Beach

Hisle G. Beach, 90, of Dickerson, passed away on June 20, 2021.

She was the loving wife to the late James Norman Beach, Sr.

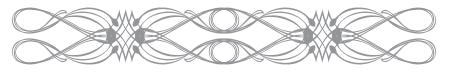
Born on June 13, 1931 in Maryland, she was the daughter of the late Thomas and Gail (Carter) Dodson.

Hisle is survived by her two sons, Ron Lee Beach and John T. Beach; two brothers, Donald Dodson and William Dodson; one sister, Margaret Dodson; ten grandchildren, Alice, Daniel, Pamela, Sarah, Mark, Matt, Christina,

Jennifer, Daryll, Amanda; fourteen great-grandchildren, Megan, Shelby, Joey, Charlee, Travis, Jacob, Brandy Jo, Shanna, Caitlyn, Autumn, Olivia Jean, Dallas, Dalton, Kenny; and numerous nieces and nephews.

She was preceded in death by one daughter, Agnes Marie Beach; one son, James Norman Beach, Jr.; one brother, Bedford Dodson; and two sisters, Peggy Ray and Mable Mulinex.

In lieu of flowers, the family asks that donations be made to Ronald Beach to help with funeral expenses: Ronald Beach, 19410 Wasche Road, Dickerson, MD 20842.



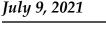
Continued from page 20.

Playoff Wrap: Xu and Padmanabhan Win 2A Boys' Doubles Tennis Championship

After failing to score with the bases loaded in the first, the Falcons took a 2-0 lead in the second. Middletown scored four runs in the top of the third. That was the only bad inning for pitcher Miles. Poolesville scored a run in the bottom of the third and tied the game with another in the bottom of the sixth.







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Fred Allen Swick

Continued from page 19.

Police Blotter

Luther Thompson of Gaithersburg reported that, while he was driving on the Rockville-Gaithersburg Road, someone in a green roadster came alongside him and fired a fusillade of gunshots at him. Officer Linthicum investigated the case and could find no trace of a green roadster nor were there any bullet marks on Thompson's car.

In a closely-watched case, the leading attorneys of Washington and Maryland were prepared to appeal the conviction of three men who were arrested by county police for violations of the states' Blue Laws. The men were moving furniture from a house in Washington to a new home in the Somerset section of Bethesda when police arrested them for working on Sunday. The law, enacted in 1723, had stood the test of time since then. Clarence Darrow, one of the most famous attorneys of the day, was said to be arriving soon to join the appeal before the Maryland Court of Appeals.

Some sort of record was broken when county police arrested a man running a still, took him to court, and the man was convicted—all within ninety minutes. It seems that the Kensington officer received word of a still being run in the woods near Layhill. He, Chief Moxley, and Officer Snyder approached the still on foot and found a horsepower steam generator being run by Alfred Crum. Crum was taken to Rockville where court was in session, and he decided to plead guilty right away. Judge Woodward gave him the choice of a \$150 fine or four months in the House of Corrections.

Police were called to the Congressional Airport on Rockville Pike for an unusual occurrence. A plane that was landing struck a parked car, and both the pilot and owner of the plane awaited the officer's decision about who was at fault since the car was parked at the edge of the runway, the plane seemed to have been operated reasonably, and the incident happened on private property. Officer Gaither told both parties to seek redress with the Department of Commerce which handled such matters at the time. With that, Gaither hopped on his motorcycle and rode away.

Some of the material in this column was obtained from the archives of the Washington Post.



Fireflies are probably one of the more popular species of Lampyridae (which in Greek means "to shine"), a family of winged beetles. Their light is created by a chemical reaction during which oxygen combines with calcium, adenosine triphosphate (ATP) and luciferin with the help of the enzyme luciferase. When they are larvae, fireflies use their bioluminescence to scare off predators. Some glow blue or green while others glow orange or yellow. www.ecowatch.com



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Celebrating 32 Years of Service

You Know it Is HOT! Think about Your Pets' Safety! Peter H. Eeg, DVM

When it comes to pleasing humans, dogs and a few cats are professionals. From pulling the wagon to chasing the frisbee 100 times, they are ready for action (okay, I have not seen a cat chase the Frisbee).

This kind of loyal service can get them in trouble during extreme temperatures. You may have missed it, but there is a 100-year heat wave scorching the western US, and we have been toasty here on the East Coast.

Here are some tips and cool water to keep your pets safe:

- 1. Do not choose now to start preparing for that marathon with your pet.
- 2. If you go hiking, for a walk or run, choose early in the morning or late in the evening. Do not go at the height of the day's heat.
- 3. Always bring plenty of water for you and your pet. Be sure you have a collapsible bowl for your pet to drink from. Stop frequently, dogs do not pull your leg to ask for water.
- 4. Test the pavement for temperature. Take the back of your hand and touch it to the pavement. If you cannot keep your hand on the pavement, it is too hot for your pet. Their pads will burn, just like the back of your hand. Also, do not stand in the shade talking while your pet stands on the pavement waiting. Be heat smart.
- 5. Treat the extreme heat like a rainy day. Stay home, get some things done around the house, let your pets sleep in their favorite spot. Even indoors, be sure there is plenty of water for all.
- 6. Do not leave your pet outside without close supervision. Even shade and water may not be enough to keep your pet cool in temperatures above 95 degrees. For your pets to cool, they must pass air cooler than their body temps over

their tongue rapidly. If the outside temp is just as hot as your pets' temperature, they cannot cool down.

- 7. A metal bowl even full of water left in the summer sun becomes extremely hot water that is too hot for your pet to drink. Check and change the water every 1-2 hours during the sunny day.
- 8. If you are out with your pets, and they begin to wobble or fall, exhibit tremors, start panting, and stop walking or just stop all together. This is a critical time for you to get your pet out of the heat and cooled off with cool not cold water. Maybe a trip to the veterinarian is in order.
- 9. Pets whose body temp goes above 105-107 for more than 10 minutes can suffer life-threatening brain, heart, kidney, and liver failure.
- 10. Leave your furry pals at home when you do errands. Leave them home if you go to a party. Leave them home out of the heat.
- 11. Pets and children left in a car, even with the windows down, can develop heat stress and/or heat stroke in as little as 5 minutes. At 90 degrees, a car's interior can reach temperatures over 170 degrees—in 5 minutes.

Do not be fooled. Leave your pet at home. Take your kid with you. Keep them cool; do not be a fool.



Poolesville Veterinary Clinic

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