

The Monocacy

MONOCLE

Keeping an Eye on Local News

A Biweekly Newspaper

May 11, 2018 • Volume XIV, Number 5



Dr. Eeg talked to JPMS students about becoming a vet. Find out why in School News on page 12 with even more pictures in Family Album on page 2.



Sometimes a helping hand means climbing a ladder. Find out why in Local News on page 7.



Parker Zweber has been busy making some improvements in his life. You can discover what in Your Health on page 9.



Hannah and Haley each scored 100 goals in lacrosse as the team went on to win its division. Read more on page 20.

Upcounty Protection Network Receives Grant From Town

By Link Hoewing

The Upcounty Protection Network (UPN), a local organization focused on “using information and positive opportunities to prevent Poolesville children from falling prey to unhealthy lifestyle choices,” including drug addiction, received a grant from the town at its May 7 meeting.

UPN’s grant request was the first item on the commission agenda. UPN’s president, Charlotte Boucher, gave the commissioners an overview of what the organization has been striving to accomplish, what it has done in recent months, and why it needed a grant. Boucher noted that UPN was begun three years ago as concerned citizens, teachers, parents, and community leaders met to discuss applying for a federal grant to fight drug, alcohol, and substance abuse.

Continued on page 18.



Students, Ethan Rolls, Andrew Sojka, and Cornell Oberman, with UPN chairperson Charlotte Boucher.

PHS Senior Takes On Daunting Task to Preserve Poolesville History

By Rande Davis

Since 1974, the Historic Medley District, Inc. (HMD) has been the guardian of some of Poolesville’s most important historical sites, including: the John Poole House and Trading Post, built in 1793; the Seneca Schoolhouse, on River Road, a one-room facility built in 1866; and Poolesville’s Old Town Hall and Bank Museum.

Over those forty decades, the organization has been the recipient of hundreds of documents and artifacts that collectively tell much of the story of the town’s history. Those records, while maintained and secured, have not been organized and categorized in an efficient and effective manner until this past year, when Poolesville High School senior, Clara Jackson, made doing so her senior project.

Continued on page 11.



PHS student, Clara Jackson, presented her senior project on archiving historical documents and artifacts on behalf of the Historic Medley District, Inc.

Family Album

JPMS ANNUAL CAREER DAY EVENT



JPMS students, Alaina Sorrell, Kaviya Kandaswamy, Kelsey Hobbs, Jolie Orns, and Marta Brannman, with hero dog.



Upper Montgomery County Volunteer Fire Department.



David Wilson, owner of security firm, Response Masters.



Bill Beyer, director of news for Fox 5-WTTG with daughter, Natalie.



Learning about leadership skills from PHS guidance counselor, Ed Reed.



The U.S. Navy Band Sea Chanters is the United States Navy's official chorus.



Julien Singh, retired marine and owner of a veterans' recruitment firm, and his son, Adam, joined MCP mounted police officer, Megan Lau.

Town Government

Leventhal Visits Commissioners

By Link Hoewing

George Leventhal, an at-large county council member who is running for county executive, spoke at the May 7 commissioners' meeting. Leventhal said that he has long been involved in Ag Reserve issues and has met frequently with farm leaders in the county. He pushed for a resolution to place signage on major roads in the county so drivers will know where the Ag Reserve starts.

Leventhal is focused on three policy areas in his run for county executive. He wants the county to have a "culture of customer service" and provide answers, services, and support quickly and with courtesy. He also lauded the PHS magnet programs and said all kids should have choices of education programs that "meet their dreams." Finally, he believes healthcare needs to be improved in the county and noted that he had been instrumental in founding special clinics for seniors that now exist in many areas.

Several commissioners pressed Leventhal about the lack of support that Poolesville receives from the county. Commissioner Jerry Klobukowski said, "We feel ignored," and he pointed to the more than twenty years of testimony that he has presented to the council and school board about the needs of Poolesville High School. Commissioner Valaree Dickerson said she has been working on seniors issues for a long time and has seen very little support from the county. Commissioner Jim Brown said that he has heard over and over again that "you just don't have the numbers" and went on to say, "We don't count for less. Our students don't count for less. Our seniors don't count for less."

Leventhal acknowledged that the county needs to be a better partner, and he said that he was committed to working actively with the town on its key needs.

Under new business, a resolution was briefly discussed to create a "water conservation plan" in Poolesville. While the town does have provisions in its code to promote water conservation, it does not have rules laying out what happens in severe drought situations, a water conservation public alert system, or guidelines specifically promoting water-saving devices. The resolution provides rules on these and other matters and, in discussing it, town engineer John Strong said that the resolution was part of the town's efforts to once again receive a "Sustainable Municipality" citation from the Sustainable Maryland program. The resolution will be discussed in more detail at a future meeting.

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Editor's Note

Would you like to voice your opinion on an important issue? The *Monocle* welcomes responsible commentary on a wide range of topics, although Upcounty issues are a lot more likely to get printed. Articles for this page are subject to our discretion and may be edited. No anonymous articles will be considered.



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Rande(m) Thoughts Sense of Being Gone Astray?

By Rande Davis

As my hair gets whiter and thinner, it is so easy to become distraught about our society's future. That's what silver peeps do. We worry about everything: about the direction of today's youth, about society's seemingly overdependence on technology, and about the abuse of opioids by so many that now appears to be so out of control. We are upset by fake news and fake history. Sometimes, I even worry about having so much to worry about!

Of course, I admit my emotion of despair is no more unique than the time-honored whine of each generation toward the next—heck, there's even a song about such worries: "What's the Matter with Kids Today," a tuneful lament in Bye Bye Birdie that seems to be the theme song of each sunset generation.

Look around: so many young folks dying of opioid abuse. What are we to do? We appear to have a younger generation seemingly discarding the call to reach deep within themselves to solve and overcome life's fears and uncomfortable challenges. They don't seem to be up to the challenges of living. Do they really think drugs and government are the answer to their life's concerns?

What's causing this? Is it the manifestation of a fast-paced, fast-changing technology that evolves so rapidly that a whirlwind of information destabilizes their psyche? Are they so lost in front of an overwhelming array of choices that they cannot find themselves, their role, or even a sense of purpose?

Is there a dangerous tipping point affecting our spiritual health yet to be discovered due to our overuse of technology? Is there a moment when the issue is not simply about the androids, drones, and bots taking completely over, but rather at what one point do we lose ourselves so much we become "bot-light"? Will we reach a point upon waking in the morning that we'll rise, touch Siri on our iPhone and ask, "Siri, am I awake?"

Our personal communication, one to another, is already morphing into a cold, stale form of steely dialogue: texts instead of actual phone calls, group emails rather than personalized notes, emojis rather than words. None of these by themselves are thought to be harmful and might actually be considered beneficial but, collectively, they can be devastatingly impersonal.

Is this dehumanizing phenomenon the underlying cause of the problem addressed in our headline story, the opioid crisis? The more we connect to hundreds and hundreds—even thousands of people—at once, are we actually becoming profoundly more isolated, so much so that the spiritual pain remaining leads many to use pharmaceuticals improperly?

Despite my worry, this issue of the Monocle gives me hope. All is not lost. Our headline story is about neighbors joining with neighbors to lead a charge against opioid abuse right here in Poolesville. The Upcounty Prevention Network, a seriously-dedicated group of volunteers who began to address this issue locally a couple of years ago so this community, already much better than most others when it comes to drug misuse, will remain that way. Learning that our town government obligingly steps in to help with a much-needed grant is also very hopeful. Hooah, we're in this fight together.

The second front-page story is about a young person using her own initiative to safeguard the "societal glue that binds" our common history and heritage. When the world is awash with fake news and an emerging fake-history, a narrative of history that so many millennials seem to mischaracterize if not downright misunderstand, we discover that the nearly-forgotten history of Poolesville gets found and saved due to a year's work of archiving by a young but wise-beyond-her-years PHS senior, Clara Jackson.

Read our two front-page stories and you'll learn that there really are warriors among us, helping to insulate our town, our families, and, most importantly, our children from the harm emerging elsewhere. It is because of people like those in UPN and students like Clara Jackson that we in Poolesville don't really have to be so worried about our future.

Local News

A 'Grand' Tradition at Poolesville Day

By Link Hoewing

Poolesville Day has been in existence for twenty-five years, but, as far as we can tell, the annual celebration of our town did not include a grand marshal until 2004 when Earl Moore, then the chief of the Upper Montgomery County Volunteer Fire Department, and Sgt. Frank Brown, then the head of the police district that included Poolesville, were selected to be grand marshals. Every year since, Poolesville Day has honored a person or persons who have shown extraordinary dedication to our town through their leadership, service, and contributions by selecting them to be grand marshals and asking them to lead the parade that kicks off the day.

Nominations for the honor of being grand marshal are submitted by residents from the Poolesville area to the Poolesville Day Committee. The committee chooses among the nominations, trying to bestow this honor on someone whose contributions to Poolesville and its community have been extraordinary and significant. In most years, honorees are local individuals who have been leaders in the town in some way, often in voluntary organizations, but, on occasion, organizations have been chosen to be grand marshal, such as the Odd Fellows Lodge of Poolesville which was selected for the honor in 2008.

In another case, a notable leader was given a post mortem honor as grand marshal. The original organizer of Poolesville Day, Jake Perkins, sadly passed away at a young age. In his honor, his parents, Judy and David Feigin, were selected to be grand marshals in 2007.

The grand marshal position is far more than simply a pretty face or a popular name to "headline" the Poolesville Day parade. It is a meaningful and important part of the Poolesville Day celebration and is intended to honor individuals or organizations who have gone above and beyond in contributing to our town and its success.

The following is a complete list of past grand marshals:

Continued on page 21.

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Published and Edited by
John Clayton and Rande Davis

John Clayton
Production
Financial
301.349.0071
jclayton@monocacymonocle.com

Rande Davis
Advertising
Circulation
301.509.9232
rdavis@monocacymonocle.com

Dominique Agnew
Copyediting
dqagnew@gmail.com

editor@monocacymonocle.com
advertising@monocacymonocle.com
www.monocacymonocle.com

Monocacy Press, LLC

John Clayton, President
Rande Davis, Vice President
P.O. Box 372
Barnesville, MD 20838-0372
301.349.0071

Contributing Writers

Dominique Agnew
dqagnew@gmail.com
Kerri Cook
Kerrimcook@yahoo.com
Andie Devynck
andie@frederickhealingarts.com
Link Hoewing
linkhoe@aol.com
Maureen O'Connell
mafoconnell@msn.com
Susan Petro
bsusan424@gmail.com
Heidi Rosvold-Brenholtz
Heidi@HealthyEdit.com
Jeffrey S. Stuart
sark10@juno.com
Jack Toomey
jacket21262@aol.com
Ingeborg Westfall
ingeborg560@comcast.net

Contributing Photographer

Terri Pitts
terri.pitts@gmail.com

Layout and Graphics

AnyArt Solutions LLC
sales@AnyArtSolutions.com

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Fallen Heroes Day

On May 4, 2018, Maryland State and town flags were lowered to half-staff for Fallen Heroes Day. This day honors Fallen Heroes who have lost their lives in service to our state during the last year.

Garden

'The Art of the Possible'

By Maureen O'Connell

Several weeks ago while I was visiting Freeport, Maine, I had the pleasure of visiting the Coastal Maine Botanical Gardens (CMBG) in Boothbay Harbor, about an hour's drive north of Portland. It is the largest botanical garden in New England and offers changing garden and sculpture displays, educational programs, and special events. There are many such botanical gardens all over the world, but each one is unique in its story, its size, its scope, its geography, and the climatic conditions in which the plants live. Their mission, though, is common to all: A garden dedicated to the collection, cultivation, and display of a wide range of plants labelled with their botanical names. They may contain specialist plant collections such as cacti and succulents in the Desert Botanical Garden in Phoenix, Arizona, or they may be ranked in the list of the top ten botanical gardens in the world.



Coastal Maine Botanical Gardens.

The origin of botanical gardens can be traced back to European medieval medicinal gardens known as physic gardens. The Chelsea Physic Garden was established as the Apothecaries' Garden in 1673 in London, England to study the medicinal qualities of plants. It became one of the most important centers of botany and plant exchanges in the world. It is still in operation today, located in central London, a short walk from Sloane Square and is well worth a visit. Today, there are over two hundred botanical gardens in 150 countries. I have visited several in the top ten: New York Botanical Gardens; Kirstenbosch National Botanical Garden, Cape Town South Africa; Botanischer Garten Munchen, Munich, Germany; Orto botanic di Padova, Padua, Italy; Jardin Botanique de Montréal, Montréal, Canada; Longwood Gardens, Philadelphia, Pennsylvania; and Kew Botanical Gardens, London, England, which has the honor of the number one ranking. The top ten deserve their lofty rating, but by no means are they the only ones worth visiting. In our area, there is the United States Botanic Garden in Washington. In Philadelphia, you find Bartram's Garden, the earliest botanical garden in the nation, and it is still alive and thriving.

Continued on page 8.

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In Our Own Backyard

Spring 2018 along the C&O Canal

By Jon Wolz

It has been a very wonderful spring to be outdoors and walking along the C&O Canal either by myself, with Violet or Rosie, with Steve Horvath, or with my wife Pattie. The weather has been cold and at times mild with a few hot early May days. We had an early spring snowfall in late March. The day after the snowfall, I headed to the Monocacy Aqueduct and walked through the freshly-fallen snow to Lock 27 and the lockhouse there. I visited the nearby waste weir and then across the canal prism at Culvert 69 to the berm side of the culvert. The Little Monocacy River flows through this culvert beneath the canal to the Potomac River. After visiting Culvert 69 and enjoying the scenery, instead of climbing up a steep hill and back to the towpath, I decided to walk through the woods to the parking lot. As I approached the parking lot, I noticed the canal prism widened all the way to the granary ruins by the parking lot. The prism here is now a forest. The Monocacy granary or Trundle granary is a red Seneca sandstone structure built by Otho Trundle in the nineteenth century. Canal boats would pull up to the granary and be loaded with corn and grain to take to 2markets along the C&O Canal.



Spending a warm, sunny day with your special friend among the C&O Canal's bluebells—Patti Wolz doesn't know if it can get any better than that.

On a walk with Violet on March 25, from the Monocacy Aqueduct to White's Ferry, the snow had mostly melted but still covered the north slopes of hills on the berm side of the canal. On that day, the Virginia bluebells were just beginning to sprout. By the middle of April, these beautiful native flowers were in full bloom and are my favorite flowers of the park's numerous spring wild flowers. The bluebells could be seen along the towpath, in the woods, and on the islands on the Potomac River. Pattie, Violet, Rosie, and I visited the beautiful patch of bluebells at Lock 27. If you did not see them this year, they will be back in 2019 for a repeat performance.

There are invasive plants in the park including garlic mustard that threatens the native wild flowers. The C&O Canal Association and the C&O Canal Trust conduct garlic mustard pulls in April and May with the help of volunteers.

Another plant I have noticed making its return for 2018 that visitors should be aware of are the stinging nettles. This native plant "stings" and, to me, it resembles a severe burn. It can "burn" through clothing, too. The effects last a few hours. I first encountered this plant when I was a Boy Scout and we were playing capture the flag at White's Ferry. Several scouts screamed as we came in contact with the plant. The leaves and stems are very hairy, and their needle-like tips come off when touched. Fortunately, with the first frost, the plant dies off for the cold months.

With spring the wildlife along the canal becomes more active.

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Rev. Kevin P. O'Reilly, Pastor

Rev. David Cahoon, Deacon



MASS SCHEDULE

Saturday at 5 pm / Sundays at 8, 9:30, and 11 am
Confession Saturday at 4:15 pm

MOTHER'S DAY

MAY 13

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Local News

Neighbors Helping Neighbors

By Ray Hoewing

For more than twenty-five years, Helping Hands Poolesville has participated in the county-wide effort to renovate houses for income-qualified homeowners whose residences have serious issues that affect quality of life, safety, and health. It was, therefore, no surprise that HHP participated in this year's Rebuilding Together on Saturday, April 28. The difference in this year's effort from many of the past is that two houses were selected for work. More than fifty volunteers repaired walls, painted inside and outside, replaced appliances, addressed plumbing issues, etc., and made two local families very happy. HHP is a local Christian service organization supported by Poolesville churches that supplied some of the funding and all the volunteers for the two homes.



Painting a home in need of care for someone in need of help defines the mission of Helping Hands.



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May 12:



Minus One Blues Band

May 19:



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Things To Do

Poolesville Area Senior Center (PASC Events – Poolesville Baptist Church)

Pickleball: Monday, Wednesday, and Friday: 9:30 a.m. to 11:30 a.m.

Free Form Movement: Wednesday at 10:00 a.m. in Rm 129.

Zumba Gold: Wednesday in gym at 1:00 p.m.

For a fun evening, the UMCVFD softball league has games on Wednesdays and Fridays starting at 6:30 p.m. Join friends for hot dogs for dinner and a game.

May 11

PHS Varsity Home Game

MPSSAA Girls' lacrosse playoff game versus Damascus or Seneca Valley. 6:00 p.m.

May 12

UMCVFD Pork & Beef BBQ

Sales at the *Beallsville Fire Hall*. 11:00 a.m. to 3:00 p.m. (unless sold out sooner)

PHS Varsity Home Game

MPSSAA Boys' lacrosse playoff game versus Middletown. 2:00 p.m.

May 13

Mother's Day!

Don't you dare forget Mom this year! Husbands, remember you need to help the younger kids with a gift and card for Mom. Bassett's, House of Poolesville, and Cugini's are great places to take Mom for her big day. Remember, most local businesses offer gift card options.

May 16

Poolesville Planning Commission Meeting

Poolesville Town Hall. 7:00 p.m.

May 17

Maggie Nightingale Library Senior Book Discussion

Enjoy and discuss *Before the Fall* by Noah Hawley. Copies will be available at the Circulation Desk. *Maggie Nightingale Library*. 7:00 p.m.

May 18

UMCVFD Annual Earl Moore Golf Tournament

To benefit the fire department. Teams: \$500, Individuals: \$100.00. For more details, visit umcvfd.org. *Poolesville Golf Course*. Sign-in begins at 11:00 a.m.

Monocacy Garden Club Annual Flower Show

Free and open to the public. *Buckingham's Choice*, 3200 Baker Circle, Adamstown. 1:00 p.m. to 5:00 p.m.

May 19

8th Annual Poolesville Springfest

Featuring a beer- and wine-tasting tent. \$20. Music by Mojo Priests Band at 2:00 p.m., and Little Bit A Blues at 5:00 p.m. *Whalen Commons*. 2:00 p.m.

May 18, 19, and 20

The Blue Hearth Market Weekend

Discover new ideas for decorating your home or that perfect gift. Friday: noon to 8:00 p.m.; Saturday: 10:00 a.m. to 6:00 p.m.; Sunday (featuring the Common Ground Market): noon to 5:00 p.m.

May 21

Poolesville Commissioners' Meeting

Poolesville Town Hall. 7:30 p.m.

May 22

Sustainable Poolesville

Poolesville Town Hall. 7:00 p.m.

Republican Candidate Forum

Congressional, county, and state office seekers. *Poolesville Town Hall*. 7:00 p.m.

May 23:

Poolesville Wellness

Wednesdays: Lyme 101

Lyme disease is prevalent in Maryland. This class covers prevention, recognition, and adjusting to living with Lyme. If you or a family member have been affected by this disease, this is the seminar for you! Instructor: Christina Murphy, a certified health coach and Lyme certified care coach. Author of *Embracing Healing: A Slow Down Thirty Day Practice*. *Poolesville Town Hall*. 6:30 p.m. to 8:00 p.m.

May 24

Special Event: Focus on Health

Dr. Meghan A. Potemra will be discussing common, everyday pharmacy questions and easy solutions. This program will cover drug usage, storage, disposal, and much more. No registration required. *Maggie Nightingale Library*. 7:00 p.m.

Would you like to announce a meeting, club, or upcoming event in **Things To Do?**

Then let us know!

Send it along to editor@monocacymonocle.com

Continued from page 5.

'The Art of the Possible'

"The Art of the Possible" very aptly describes the process of the creation of the Coastal Maine Botanical Gardens. It was on the cutting edge, taking risks and embracing what was considered impossible in 1991. After sixteen years of planning, the grand opening of CMBG was celebrated on June 13, 2007. This ambitious project began in 1991 when a group of mid-coast Maine residents founded the grassroots organization, whence sprang this wonderful garden. They, and those who came after them, shared the belief that northern New England in general, and Maine in particular, needed their own botanical garden. In 1996, after an exhaustive search for an appropriate location, the CMBG purchased 128 acres of pristine land with 3,600 feet of tidal shore frontage in Boothbay. This was all possible due to the amazing and unhesitating willingness of the founders to use their own homes as collateral. As you enter the garden through the Great Lawn, there is a small plot of land, Founders' Grove, with seven planted trees underplanted with annuals and perennials that deservedly honor the seven founding members. Today, the garden comprises 295 acres of tidal shoreline; it welcomed over 200,000 visitors in 2017.

When I visited the garden at the end of April, visitors could enjoy the sight and scent of 40,000 tulips, hyacinth, and narcissus bursting forth from the dark, loamy soil. Here there are many gardens in one: the Woodland Garden, Slater Forest Park, the Garden of Five Senses, Burbee Kitchen Garden, Hillside Garden, Arbor Garden, Meditation Garden, and the delightful Children's Garden, laid out with fairy houses, tree houses, beautifully-painted and -decorated live chicken enclosures, winding stone paths, a frog- and fish-filled pond, and the very popular Peter Rabbit and Mr. McGregor's vegetable garden. A team of just twelve horticulturists and many, many volunteers work the entire year to maintain the soil, plant, weed, and prune the hundreds of annuals and perennials and the many mostly-native trees and shrubs throughout the garden. They are committed to providing a healthy and beautiful environment for their human and non-human guests. Only organic fertilizers are used, and they follow a practice called integrated pest management, meaning they look out for problems before they become serious and only take action if damage becomes severe. When they act, they use the least-toxic options available. This year, construction began on a new visitor center with expanded exhibits and classrooms for educational events. Opening in June is the new Butterfly House, which will feature their "Botany of Butterflies" exhibit.

As the garden enters its eleventh year of operation, it continues to embrace "The Art of the Possible." Botanical gardens, whether they are as big as Kew Gardens or as small as the CMBG, are the ideal place to find inspiration and our connection to nature. They can help us steward Earth's Green Mantle and guide our own survival in an age of increasing ecological crisis.

"The fallen blossom"

*The fallen blossom,
rising back up to its branch,
is a butterfly.*

—Arakida Moritake

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Your Health

Member Spotlight: Parker Zweber

Parker joined Anytime Fitness Poolesville upon its opening in February 2017. He always knew he wanted to make working out a serious part of his life. He had just moved back to Poolesville, so the timing of the club opening and its convenience were the perfect scenario for Parker. This provided the motivation for him to get started on reaching his health and fitness goals. "I had simple goals when starting out, being: gaining size and strength," he said. After months of consistency and hard work, Parker realized it was time to upgrade his goals. "My goals now are to win as many physique shows as I can, eventually obtaining a pro card, and more importantly, I just want my physique and overall health to progress weekly."

Parker admits that it's not always easy to maintain a consistent balance, but his achievements outweigh his struggles. Not only does he see the positive physical effects of working out, but he also sees the mental effects, stating that working out has given him purpose.

One of Parker's favorite things about Anytime Fitness is that it "provides a comfortable, welcoming, convenient, and well-rounded facility. It will suit just about any fitness goal or style." Since joining, he has learned firsthand that an individual's capabilities are much more than he or she may originally think.

When asked what results he has seen since being a member, Parker explained that physically, he has more than doubled his strength and added thirty-five to forty pounds of lean mass. Mentally and emotionally, his Anytime Fitness membership has provided friendships, fun, commitment, motivation, confidence, and knowledge.

For anyone thinking about joining Anytime Fitness or getting started with a fitness routine, Parker has some advice: "Just do it. Twenty-one days makes a habit, and everyone here has had to start somewhere."

Contact Joy.Hallfors@anytimefitness.com to get to a healthier place.



Parker Zweber, member of Anytime Fitness, has been making his workouts count.

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Continued from page 1.

PHS Senior Takes on Daunting Task to Preserve Poolesville History

As a history buff in her own right, Clara came to the HMD museums as an interested student, but soon became even more intrigued by the significance of the history of the town. She was surprised to learn that almost all visitors came from outside town and that local residents did not seem to have much interest in the museums or facilities. That was when she realized that all the documentation was not well-archived, which, she surmised, might interest the locals more. She became determined to do something about that.

With boxes upon boxes, maps, pictures, and other historical items loosely piled in the bank's basement, claustrophobic crawl spaces, and on the second floor of the John Poole House, Clara started alone early last summer, sitting on a straight-back chair, in the darkened, dreary bank basement pushing cobwebs aside to meticulously sort and categorize each item.

Slowly, five tall, unused old filing cabinets, left over from the town when the building had been the town hall, began to be filled with folder after folder of these historical documents, town records, and, often, even personal notations. Old maps loosely placed on the shelving were placed into cardboard shipping tubes to better protect them. After first writing a description of each item by hand, she ultimately transferred this paper trail onto a computer. The result is a record, by category, of each item discovered and the filing cabinet and folder in which they can be found. The scattered and tattered history of Poolesville has become more accessible than ever before.

"Through this project, I hope to have fostered a greater sense of place and community for residents by better organizing and categorizing historical materials, so the Poolesville citizens can more easily research and connect with the past. I hope that, as a result of my efforts, the Poolesville community will appreciate, utilize, and enjoy the museums of the Historic Medley more. If history is easier to access and is better known in the community, then I believe a sense of place will increase in the community."

Interestingly, what really struck her most while sorting and reading the documents was that, despite Poolesville having a lot of the characteristics of a Southern town and historically was sympathetic to the Confederate cause, a very

strong, independent black community emerged after the Civil War; they were able to control their own livelihoods, which was not very common elsewhere. Both blacks and whites shared the same pride and dedication to agriculture. This tradition, integral to Poolesville and Montgomery County's history, continues today through the Agricultural Reserve.

Clara reports that there is still much more work to be done, and she hopes that others will get involved with Historic Medley and preserve the community's history. Historic Medley will need more engagement (including volunteers, donations, etc.) from the community in order to continue the work. She recognizes HMD as a worthwhile organization that deserves much more of the community's support. "I hope future senior projects will help engage younger members of the community in HMD's work and perhaps inspire them and their parents and friends to get involved with the work of HMD." She sees her project as a starting point for locals to re-engage with their past, through the availability of the documents and the museums. Maureen O'Connell reflected with appreciation upon Clara's long and hard work, "Clara's excellent archival work at the Old Bank Museum this past year was quite an awesome feat which will greatly improve HMD's access to our many historic documents. To her, on behalf of HMD and its board of directors, a very big thank you."

Clara, through her research, learned about HMD's historic arboretum featuring plants, shrubs, and trees indigenous to Poolesville dating back to pre-Colonial times. The arboretum, in disarray today, is another worthy project for town volunteers or perhaps another senior project sometime in the future.

She concluded her project research paper by stating, "With rapid change and development occurring in Montgomery County, and, indeed in Poolesville, the role of local historical organizations like Historic Medley, and the need for the community to support and become involved with them are more important than ever in order to maintain a unique local identity and sense of place."

Do you or someone you know have a special announcement, or milestone you would like to share with our readers? *The Monocle* welcomes your contribution. Send to editor@monocacymonocle.com



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School News

JPMS's Day at the Office

By Kerri Cook

National Take Your Sons and Daughters to Work Day was April 26. John Poole Middle School, however, decided to bring the workers to the sons and daughters. While the sixth graders were learning about financial literacy and the seventh graders engaged in Earth Day activities with L.A.N.D., the eighth grade experienced its annual Career Day. The JPMS counseling team planned a host of activities aimed at introducing students to a myriad of career choices. In fact, the event itself was set up very much like a business conference, complete with a keynote address, breakout sessions, and thirteen-year-olds walking the halls of their school dressed for "a day at the office."

The initial planning for the April event began last summer. JPMS counselor, Kevin Maruskin, said he was extremely impressed by the "showcase of professional talent" that showed up to present to and engage with students. Eighth grader, Rosie Ballman, was particularly struck by one of the organizations, "The intelligence and discipline of the service dogs in the Hero Dogs program was impressive." Indeed, representatives from Hero Dogs, NOAA, MCPS, UMD Medical Center, Amazon, police officers on horseback, the Upper Montgomery County Volunteer Fire Department, and a television news crew were all in attendance.



Garth Seely of L.A.N.D. with students during career day.

Principal Jon Green and the Poolesville High School Magnet Program Coordinator, Allison Wilder, made the introductions. Dr. Josh Funk, a physical therapist in the area of sports rehabilitation, served as keynote speaker. The students made choices about which sessions to attend within certain career clusters. "I was really interested in hearing the ER doctor talk about his internship and what it takes to become a doctor," said eighth grader Caroline Simons. Career clusters included health sciences, engineering, biology and natural resources, and business, to name a few. For eighth grader, Tessa Brizhik, the best part of the day came at the end when the U.S. Navy Chorus "Sea Chanters" performed. Said Brizhik, "Their version of 'The Circle of Life' was incredible."

"Being able to see the link between the middle school and the high school, industries and services, is so important. All of this strengthens our community and eases the anxiety felt by our students—and so much of the experience was hands-on learning, too," said Poolesville parent, Ed Reed. "The day was not just another sit and get." Reed, who presented in the communications cluster, found that students were extremely engaged in the experience. He focused on, among other things, the art of following one's heart. He explained, "Students should always follow their passion first. Their strengths are what will lead them in the right direction—whether that be college or trade school—and ultimately toward a career. At the end of the day, most employers aren't going to look at what school you went to, they will look at what kind of person you are and what you will bring to the job."

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Local News

Former PHS AD Arrested in Sex Case

By Jack Toomey

On May 1, detectives from the Montgomery County Police Department arrested the former Athletic Director at Poolesville High School and charged him with sex offenses that occurred during the 1984-1985 school year while he was a teacher at Rockville High School.

Michael J. Riley, age 63, who lives in Walkersville and now teaches at the Charles E. Smith Jewish Day School in Rockville was charged with Child Abuse as a Custodian and Molestation in School. He was the athletic director at PHS from 1994 to 2010.

Police said that they were alerted to the crimes on April 20 and then began their investigation. The girl was 16 at the time and said that she and Riley engaged in sexual intercourse on numerous occasions while she was a student at Rockville High and he was a teacher. Riley, after being notified about the warrants, turned himself in to detectives.

Riley was hired by MCPS in 1979 and taught at Rockville and Richard Montgomery High Schools. He was the athletic director at Poolesville High from 1994 to 2006. He then went to Clarksburg High from which he retired from MCPS in 2010.

MCPD has asked that if any persons have helpful information regarding the case or others to call the Special Victims Investigations Unit at 240-773-5400.

Riley was released on bond pending trial.

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Tidbits

2018 PHS Athletes Sign Letter of Intent

Fourteen PHS seniors officially signed their letters of intent to accept athletic

scholarships to the colleges of their choice: Charles Brill (track and field, East Stroudsburg University), Matthew Convers (baseball, St. Mary's College of Maryland), Sam Garrett (lacrosse, Averett University), Erin Green (basketball, Lynchburg College), Brooke Hamm (field hockey, Bridgewater College), Julia Hobbs (basketball, Christopher Newport University), Juanita Jaramillo (track and field, Amherst College), Ryan Kasten (football, Gettysburg College), Charlotte Mallow (lacrosse, Juniata College), Glenn Mandary (football, Kings College), Connell Oberman

(football, Wesleyan University), Susanna Schmidt (lacrosse, St. Mary's College of Maryland), Madeleine Thompson (basketball, McDaniel College), and Zach Zeranski (football, Carnegie Mellon University).

(Continued on page 25.)

Continued on page 25.



Scholar-athletes: Front row: Samuel Garrett, Charlie Brill, Juanita Jaramillo, Brooke Hamm, Madeleine Thompson, Charlotte Mallow, Glenn Mandary, Susanna Schmidt, Connell Oberman. Back row: Zachary Zeranski, Erin Green, Julia Hobbs, Mathew Convers, and Ray Kasten.



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PHS Boys' Lacrosse Rides a Winning Streak into the Playoffs

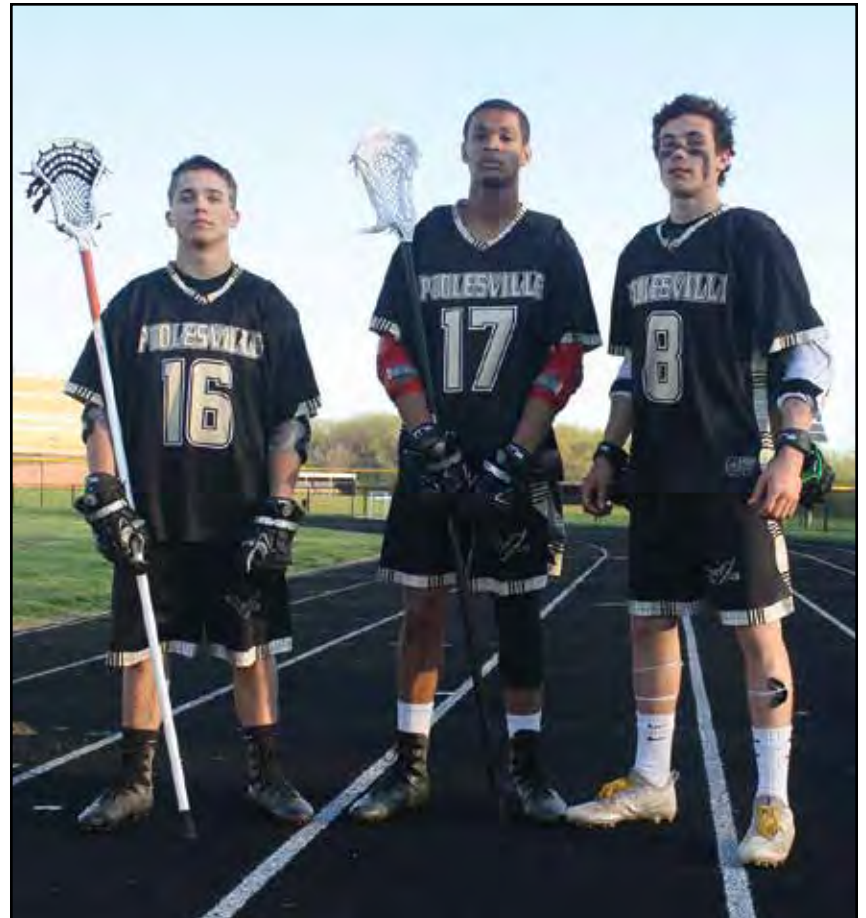
By Jeff Stuart

"It has been an interesting season," said Coach Stuart Orns. "We started out a little slow, losing our first three games. We had been hampered by the weather and a lack of practice. Now we are on a seven-game winning streak, and I feel like we are hitting our stride as the season comes to an end. We have a host of seniors this year who set a great example for our whole team. We do have some underclassmen coming up that will take the leadership role next year. The JV team always does really well here. Coach Tyler Bierly does a great job with them. We think that some of those players can step up and mature into solid contributors for us in the future. The one big game left on our schedule is Northwest, the last game of the season. That was a team that beat us last year, and I felt it was a game we should have won. After that, we wait for the playoff seeding and see who we play."

"As a team, I think we are starting to look a whole lot better than we did at the beginning of the year," said senior Michael Basehore. "As of right now, we are having a pretty good season. The weather has been bad, but it is never really good early in lacrosse season. I think our best game as a team was against Blake. We all worked as one full unit. A lot of us have played together for years. I think all of us are coming around as a team. Colin Hemingway has really stepped up as sophomore on varsity. He has had a big impact and Niko Sofelkanik, a junior, has also done well in the faceoff circle. I am looking forward to finishing out my senior year on a high note. I am having fun. I enjoy lacrosse. We have one of the best coaching staffs. It is just amazing."

"We started out the season a little slow," said Hemingway. "We were just trying to get our chemistry together. We are starting to do a lot better. I think the

Continued on page 19.



Colin Hemingway, Michael Basehore, and Niko Sofelkanik.



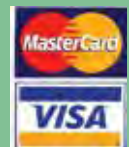
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Focus on Business

Garuda Aviary: A Peaceful Sanctuary for Abused Parrots

By Susan Petro

Garuda Aviary, located on the peaceful, bucolic grounds of the Kunzang Palyul Choling Buddhist Temple in Poolesville, offers a lifetime sanctuary for parrots, many of which have suffered neglect, abuse, or terrible living conditions at the hands of their former owners or breeding facilities. Once these parrots, mostly large breeds like macaws and cockatoos, arrive at the sanctuary, their days of deprivation are over, and their new lives in a safe haven begin.

Christopher Zeoli is the director of Garuda Aviary and the primary caretaker for the flock of birds. In the parrot world, Zeoli is considered the alpha male at the facility. A confident and knowledgeable leader is necessary to earn the trust of parrots who come from difficult pasts. Parrots such as a hyacinth macaw can inflict a painful bite with their beaks that can exert between six hundred and eight hundred pounds of pressure per square inch. "They've evolved to open of the nuts of oil palm trees that humans can only open with machinery," said Zeoli.

Zeoli's first experience with caring for a parrot was anything but positive. When he was eighteen, Zeoli's mother, Jetsunma Ahkon Lhamo, was talked into bringing home a Moluccan cockatoo by a family friend. According to Zeoli, the

cockatoo they named Tashi came with a pre-existing anxiety disorder that caused her to mutilate and pull her feathers out. Mutilated feathers can cause the parrot to bleed to death, and the only way to help the bird is to pull the remaining feather out with pliers, a procedure the parrots definitely do not enjoy.

With Zeoli's mother restraining Tashi so she couldn't bite and Tashi screaming at a deafening ear-piercing volume, Zeoli removed "the bloody, broken feathers with needle-nose pliers, and there's blood everywhere," said Zeoli. All the while, he thought to himself, "This is ghastly! Parrots are not for me."

Contrary to his thought, however, Zeoli continued to care for Tashi, and soon more parrots in need of care came to live with them in Arizona. Garuda Sanctuary was born. By the time Zeoli and his mother returned to Maryland, they had three dozen parrots living at their sanctuary, and caring for these birds became Zeoli's life mission.

Today, there are fifty-three parrots residing at the sanctuary which includes a large indoor facility with climate-controlled separate living quarters where they live in breed-specific habitats with cockatoos in one area and macaws in another. They try to create an enriching and stimulating environment that resembles their natural habitat. In the daytime when the weather is nice, the parrots spend about four to five hours a day in a large outdoor enclosure. Visitors are welcome to come to the sanctuary during visiting hours to see the parrots when they are outdoors.

"Generally, visitors are limited to the outdoor area only," said Zeoli, who added that the sanctuary policy is to not cause the parrots stress. "The worst thing for a parrot is when you alter their routine. By limiting the interactions with visitors to the outdoor area, the parrots know what to expect and they feel like they are in control." This reassurance is vital to this flock who spent much of their lives with no control over their lives or what would happen to them.

By the time many of these birds arrive at the sanctuary, the originally, well-intentioned owners were at the end of their rope when they discovered a parrot needs much more care than a cage in a corner.

Many of the resident parrots were one-time pets which, by the time they found a safe haven at the sanctuary, had been passed from one owner to the next. Some were facing euthanasia because of behavioral disorders that made them unsafe for living in a home environment. Other sanctuary residents have come from parrot mills that lack even the most basic regulations, leading to terrible, unfit situations. "We all know about puppy mills, but parrot mills are much worse," said Zeoli. "Breeders often are trying to produce as many babies as possible. Some breeders keep their stock in darkness for years because they think that they mate better even though no science that proves that." Zeoli believes these conditions lead to much more anxiety and depression in the parrots. Additionally, Zeoli adds that baby parrots raised by humans miss out on learning important grooming and coping skills which leads to feather plucking habits that are almost impossible to cure.

According to Zeoli, the sanctuary receives one to three calls a week from parrot owners begging the sanctuary to take in their bird that they no longer want. "Our primary calling is for those pets that have been rescued from terrible situations. Under that umbrella are parrots that are just not fit to be pets anymore because they are either so damaged by their interactions with people, or they have such behavioral disorders they cannot go to a home," said Zeoli. "They have no hope other than us."

When people call wanting to leave their parrot at the sanctuary, Zeoli tells them that is not the primary mission of the aviary. Birds that have come from an abusive situation thrive at the facility; whereas, an abandoned pet parrot will go through a sometimes years'-long grieving process. "As far as they can tell, they've just been rejected from their flock, and that doesn't happen in nature. They are left emotionally defenseless," said Zeoli. "If they already have a plucking problem, it gets worse. They have the worst time."

Although Zeoli may not be able to help re-home the parrots of callers, he will try to work with the owners to teach them how to deal with their parrot's temperament. "I'm not trying to fix the parrot, I'm trying to train the human to understand what the parrot really needs," said Zeoli who often hears back from once-desperate parrot owners who have forged a whole new relationship with their bird after making just simple dietary changes

Today, Zeoli is fully committed to the care of the sanctuary's parrots and educating the public about the plight of captive-born and wild-caught parrots. Although parrots caught in the wild are no longer imported into the U.S., poaching and habitat loss continue to threaten their existence. Education is another key mission of Garuda Aviary. "Through education like we offer, eventually,



Garuda Aviary's director, Christopher Zeoli, and a Hyacinth macaw that resides at the sanctuary.

Continued on page 19.



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Upcounty Protection Network Receives Grant from Town

She said that the group realized, after further exploration, that these grants were for “communities in crisis.” While Poolesville’s youth faces challenges, she said that the group recognized that the grant didn’t fit “who we are, nor is it why we were motivated to work together in the first place.”

Instead, organizers coalesced around a shared focus on Poolesville’s kids, aiming to “use information and positive opportunities to prevent our children from falling prey to unhealthy life choices.” UPN’s members include parents, law enforcement, teachers, professionals in mental health, faith-based organizations, and government and business leaders.

According to Boucher, UPN has engaged in a number of activities since its founding, aimed at helping kids cope with the stresses of modern life including the hosting of informational meetings about topics such as cyber safety, opioid abuse, and teen depression; providing mindfulness training for students stressing out over their exams; offering opportunities for healthy fun playing knockerball; and convening a youth forum on teen suicide. Boucher pointed out that UPN has also supported the revitalization of the SADD chapter (Students Against Dangerous Decisions) at Poolesville High School, and young people are among the most important UPN members. In fact, students sit on the UPN leadership board.

Boucher said that UPN has gotten off to a great start. Recently, the organization has taken steps to expand its resource base by becoming registered as a nonprofit group. The group had incurred \$700 in expenses in becoming a certified nonprofit organization, and she requested a grant of \$900 from the town to defray these costs and to help the organization begin to raise funds on its own without the burden of overhanging expenses.



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Continued from page 15.

PHS Boys' Lacrosse Rides a Winning Streak into the Playoffs

strength of this team is our defense. Clark Trone, a junior attackman, has done very well this season. My personal best game was against Blake, and we played well against them, but our top team game was against Watkins Mill. We won, 19-1...we started fast and started out strong. That is something we have not done in all of our games this year, and we need to start doing. I really enjoy playing lacrosse." Hemmingway leads the team with seventy-four ground balls.

"We started off a little slow," said faceoff middle Sofelkanik. "We lost our first three games. We have picked it up, though. Now we are playing like a team all around. We are getting ground balls and just working together. I think our best game was against Richard Montgomery. Even though we lost, we came back and scored seven goals in the fourth quarter. I have never seen this team play that well ever. Even though we lost in the last two seconds, the way we played together and the chemistry we had was just unbelievable. When the game is like that, even if we lose, it is just something that really sticks with you. I feel like that was a turning point. We really applied chemistry in our following games, and it's obviously been working."

Poolesville lost to Richard Montgomery, 15-14, on April 5 in the second game of the year.

Senior Pete Barry leads the team in scoring with thirty-five goals. Trone is second with twenty-eight, senior Brian Jacobs is third with ten. Barry and Trone each have fifteen assists. Senior Sam Garrett is second on the team with thirty-eight ground balls.

William Field, Quinn Brenholtz, Luc Branton, Hayden Sabas, John Sartchev, Logan Saar, James Royal, and Stephen Fessenden (goalie) round out this year's senior class.

Nick Beaton, Cole Roy, Ethan Gaddis, Thomas Wilbur, Jalen Inman, and Sam Allgood will be returning next season as well as late season additions, Connor Sorrell, Zach Onderko, Adam Eisenhardt, and Tim Dominici.

Continued from page 16.

Garuda Aviary: A Peaceful Sanctuary for Abused Parrots

[people] will get the idea. I just hope that happens before parrots are extinct in the wild," said Zeoli.


A team of volunteers helps with both the care of the parrots and other off-site logistical and clerical needs. To learn more about Garuda Aviary and all they do to bring attention to the largely-hidden plight of these beautiful and majestic birds, visit garudaaviary.org or visit the sanctuary during its visiting hours as posted on their webpage.

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Youth Sports

Bush and Harkins Reach Goals; Falcons Win Division

By Jeff Stuart

A 17-5 win over Blake on a chilly April 23 evening ensured the Poolesville High School girls' lacrosse team (11-1) the division title. It was their eighth straight win.

"I don't think any of us really expected it," said coach Rachel Stream. "We lost some key players from last year. We didn't really know what we were going to have this year. We were looking for our defense. We thought we were going to be a young defending team, but when we came out and beat Damascus at their place, 7-5, in our third game, we had a feeling we were going to be good. We weren't ready for our first game against Churchill (7-2). I wish we could play them now. It had been brutally cold. We hardly had any practices. We didn't practice any at all over spring break. We were out of shape. We were out of our rhythm. We were really on our heels. It was unfortunate we had to play them right after spring break."



Lacrosse seniors: Andrea Johnson, Katie Morrow, Haley Harkins, Cubby Schmidt, Hannah Bush, and Charlotte Mallow.

Senior Hannah Bush scored the hundredth goal of her career against Blake. "That was super exciting for her and our team," said Stream. "It's a huge accomplishment. It was her fifth goal during the game, and it came right about half time. She knew she was about to reach one hundred, but she wasn't selfish about it. She took her time and still played like a team player, and when her moment came she capitalized and scored. Also her teammates were all about it. They wanted her to reach it as well. They didn't force the ball to her, but when she was open, they gave it to her, so it was a team effort. Lacrosse is a team sport, and I'm sure Hannah would say the same thing."

When Bush scored that fifth goal, the refs stopped the game, and Bush was congratulated on her accomplishment. A few weeks later, this ritual was repeated as teammate Haley Harkins reached the hundredth goal mark on Senior Night, May 4, in a 17-13 win over Northwest, the Falcons' eleventh straight win. It was Haley's second goal of the game and came with seven minutes remaining in the first half.

"It was a great feeling," said Hannah, who leads the team in scoring and assists. "I worked really hard for that all four years, and this is the first year we

Continued on page 23.

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Continued from page 4.

A 'Grand' Tradition at Poolesville Day

Jerry Klobukowski (town commissioner and school advocate)	2017
Tim Pike and Margaret Valega (local business owners)	2016
Grace Sheppard (elementary school teacher)	2015
George Hillard (UMCVD Fire Chief)	2014
Maggie Nightingale (community leader who led the effort to secure a county library for Poolesville)	2013
Jim Brown (local business owner and town commissioner)	2012
Ray Hoewing (local community activist)	2011
Jane Stearns (founder of local charity WUMCO)	2010
Betty Jean and Roy Selby (local business leaders)	2009
Odd Fellows Lodge, Poolesville	2008
Judy and David Feigin (aunt and uncle of Jake Perkins, original organizer of Poolesville Day)	2007
Mary Chiswell (local teacher and member of one of the oldest families in Poolesville who lived all her 104 years in Poolesville)	2006
State leaders of the Lions Club, Odd Fellows, American Legion	2005
Earl Moore (UMCVD Fire Chief) and Sgt. Frank Brown (MCP, Fifth District)	2004

The Poolesville Day Committee welcomes nominations for this important position. Entry forms are available on the committee website and can be submitted directly on the site. The web address is www.poolesvilleday.com/parade. Nominations must be submitted by July 27.

Do you or someone you know have a special announcement, or milestone you would like to share with our readers?
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Police Blotter: Past and Present

By Jack Toomey

Present Crime

Theft: 17500 block of Kohlhoss Road, 17900 block of Bliss Drive, 20200 block of Mouth of Monocacy Road.

Drug arrest: 17500 block of W. Willard Avenue.

Vandalism: 17600 block of Kohlhoss Road.

Liquor law violation: 18200 block of Barnesville Road (wooded area).

Discharging a firearm: 23400 block of Peachtree Road.

Past Crime: 1929

Ten police officers accompanied Chief Moxley on a raid on one of the biggest stills ever seen in Montgomery County. The still, near Brighton, was in full operation when the officers arrived. They arrested four men, and, after seizing several bottles of illegal whiskey as evidence, they dumped over nine thousand gallons of it into the river. They then dynamited the still. Two of the men received a sentence of six months in the House of Corrections, and the other two were sentenced to three months.

James Neal was awakened by the sound of a baby crying, so he went to the front door and found a two-week-old infant on his porch. The police were called to the house near Clarksburg. Originally, Officer Whipp came to the house, but after Whipp called Chief Moxley, Officer Merson was designated to care for the baby. He took the child to police headquarters in Rockville where he notified Estelle Moore who was the social service worker for Montgomery County. Merson and Moore took the infant to the Montgomery General Hospital where nurses pronounced the child in

good condition. It was declared that if the parents were not found, a quick adoption process would be held. The nurses named the child Barbara Lee.

Judge Samuel Riggs heard the morning docket of cases at the Rockville Courthouse and then declared a recess for lunch. An hour later, his body was found lying on the floor of the lavatory in the basement of the courthouse. Police were called; however, no signs of foul play were discovered and it was determined that the forty-nine-year-old jurist had died of a heart attack. He had lived his whole life in Laytonsville.

Officer Notle arrested two young women and charged them with the theft of the automobile of the owner of a roadside stand in the upper section of the county. The owner said that he was about to close his store for the night when the two women happened by and asked to make a purchase. They bought a soda and then, without warning, took off with the proprietor's car. After being arrested, the women told a different story. They said that they had been partying with the owner all day and that he had lent them the car to take care of some business.

Earl Price and several friends went swimming in a large pool at Dickerson (obviously, the Dickerson Quarry). When Price tried to swim the width of the quarry, he went under and his friends called for help. The Rockville Fire Department responded and eventually used dynamite in an attempt to bring Price's body to the surface. On the next day, the firemen brought a long steel rod to the scene and were able to recover the body.

Material in this column was obtained from the archives of the Washington Post.



MATTERS

by R. Adam DeBaugh, Assistant Executive Director

Celebrating our 50th Year

Throughout our Anniversary Year, this column will be featuring the services that WUMCO Help provides to people in need in Poolesville, Dickerson, Barnesville, Beallsville, and Boyds. While we are best known for our food pantry, we are also a financial assistance program. Last year, we distributed \$60,800 in financial assistance to people in need in our service area. Financial assistance comes in three broad categories: housing/auto, medical, and heating oil/propane. In terms of the third category, **heating oil/propane**, we assist clients by purchasing one minimum delivery of propane or heating oil a year. We have arrangements with local heating oil and propane companies who will fill up the client's tank and bill us, enabling our people to remain warm throughout the winter months. We couldn't provide this help for the neediest in our community without your help and generous contributions. Thank you for your support!

WUMCO at Mexican Grill and Bassett's!

On Tuesday, May 1, many people dined at **The Mexican Grill** in Poolesville and also contributed to helping those in need. The Mexican Grill gave 10% of its food income that day to WUMCO Help. The food and service were both excellent, as usual!

In June, we will be gathering at **Bassett's** again for lunch or dinner on Wednesday, June 13! Bassett's will give back 10% of its food sales for lunch and dinner, dine-in or carry-out, to WUMCO Help to assist those in need. We appreciate the generosity and welcome the new owners and the staff at Bassett's.

Visit our Web page and follow us on Facebook and Twitter

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Questions? Comments? Adam DeBaugh at wumco2@gmail.com

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Continued from page 20.

Bush and Harkins Reach Goals; Falcons Win Division

have won the division in my career here. We have had a really strong season. We have a really strong defense which has really helped us along the way. Our best game was definitely against our big rival Damascus. We came out really strong. We went into that game kind of unsure how our season was going to go. After we defeated them, I definitely could tell that we had something going. I would like to give a shout out to Jessica Mense. She is a freshman. She has really stepped up. She is one of our starting defenders and has improved a lot and helped the team out a lot."

"I didn't really set the hundred-goal thing as a personal goal," said senior midfielder Haley Harkins, who is second in the team in scoring and assists, "but it is a really cool thing and marks a level of consistency and achievement, and I am proud to have done it with the help of my teammates. It's been a really fun season. We have done a lot of good things, and we have won a lot...I would also like to point out that Jessica has done really well as a freshman. She has been a key to our defense...My favorite memory here would be getting to play two years with my sister Casey, and I will get to play with her again when I go to American University."

"So far we have had a really strong season," said senior Cubby Schmidt, who is third on the team in scoring. "We have only lost one game, and we won the division...We had a really strong defense against Damascus. That was the first time our defense really clicked. I would like to give a shout out to Maya Rosenbaum, a sophomore. She hasn't really surprised me because I knew she was really good and really athletic, but she has had a huge impact. She seems like she is always there on defense to get ground balls and get us the ball on the ride. She really hustles. The strength of our team is our defense. The backer zone is really hard for other teams to figure out because it is not the same thing that every other team is doing."

The first playoff game will take place on May 11 against the winner of the Damascus-Seneca Valley game.

Seniors are Charlotte Mallow, Katie Morrow, and Andrea Johnson on attack, and Adey Harris on defense. Juniors are Rachel Bupp, Sarah Mullikin, and

Melody Zhang on attack, and Makayla Lemarr and Mackenzie Kovach on defense. Sophomores are Josephine Mallow, Jordan Rendzio, and Kaeli Potts on attack, Kyra Bertolini, Mary Deffinbaugh, and Ariana King, on defense, and Kendall Griffith and Remy Anderson in goal.

Continued from page 6.

Spring 2018 along the C&O Canal

On the March 25 walk, Violet pointed down the towpath at a fawn wagging its tail. It entered the canal and swam to the other side where it left the water and scampered through the trees of the snow-covered hillside.

On a different walk, I spotted a bald eagle's nest near milepost 39; the bald eagle and two babies popped their heads out of the nest. I took Steve Horvath to see the nest, and we spent forty-five minutes watching the adult eagle come and go to the nest and seeing the babies greet the adult when it returned to the nest.

When the temperature began to climb above forty degrees, the painted turtles emerged to sun themselves on logs in the canal. Snapping turtles appeared in late April, and some sunned themselves on the same log the painted turtles had occupied. By Culvert 54 on a walk, I heard what I thought was a group of people talking. As Violet and I went towards the sounds, we came upon a group of twelve cormorants on a log in the river.

On different walks, some of the other wildlife I spotted included a red fox, great blue herons, wild turkeys, green herons, hawks, and a variety of woodpeckers.

With the warmer weather, more people start visiting the canal. Some are walking, walking with leashed dogs, cycling, or fishing. On April 11, Steve Horvath and I walked near Edwards Ferry and met a group of cyclists with the 9/11 Trail Organization. They were on their first day of a twenty-three-day, 1300-mile trip from the Pentagon to the Flight 93 Memorial in Shanksville, Pennsylvania, then to New York City, and then back to the Pentagon. They planned on spending their first night at Lockhouse 28 by Point of Rocks.



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Youth Sports

Falcon Boys' Tennis Finishes Strong Second in Division II

By Jeff Stuart

"The Poolesville boys' tennis team completed a successful regular season," said Coach Andy Johnson. "We finished second in its division with a 4-1 record, and 7-5 overall. Hard-fought victories over division rivals Northwest, Quince Orchard, and Sherwood were season highlights.

"The doubles teams of Alexei Mozolin and Surya Padmanabhan (first), Daniel Fong and Sourabh Vellala (second), and Amit Yavasani and Amogh Narendra (third) finished with winning season records and should be seeded in the upcoming county tournament.

"Top singles player Sam Zhou, a junior, also was outstanding, only losing matches to highly-ranked county players. Senior co-captains Ryan Vinh (second singles) and Rohit Chari (fourth) had match-clinching victories against Quince Orchard and Northwest, respectively. Junior Patrick Rodriguez (third) had impressive wins against Sherwood and Einstein and will return to help lead next year's team."

"I feel like we had a very strong team with lots of depth," said Zhou after the match against Northwest. "Lots of good players throughout from first singles all the way to third doubles. I felt that we would do very well within the division, and we have done that. We won all of our division matches except for one, and I think that shows that we have grown a lot and improved a lot."

"This season went pretty well," said captain Chari at the Northwest match. "We played some tough teams at the beginning of the season, but our division matches went pretty well. Some of them were pretty close like QO. We lost to Walter Johnson (5-0 in the division), but we finished the season strong. Our doubles teams did really well. Our singles did pretty well, too, but our doubles teams were outstanding."



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Continued from page 14.

Tidbits

New Athletic Director and Head Football Coach at PHS

Coach Gina Grubb has been named the director of athletics at Poolesville High School. She had been named the temporary AD when the previous director, Ed Ross, stepped down this past January. Her selection has met with widespread praise by the coaches as well as athletes.

Grubb announced that Justin Sickeri, currently the academic intervention coordinator and lead college and career prep teacher at Northwest High School, has been named the school's new football head coach. Sickeri has been with the NHS coaching staff for six years, serving as offensive coordinator and junior varsity head coach.

In welcoming him aboard, Grubb noted that he came highly recommended as a teacher and as a coach who is highly regarded for his dedication to his student-athletes and knowledge of football, a true student of the game. "His situational knowledge and strategic thought process are extremely effective and successful on the football field. There has never been a time he and his team were not fully prepared for an opponent. More importantly, Coach Sickeri is a leader who conducts himself with high moral and ethical integrity, earning him the respect of all."

2018 Fishing Tournament Winners

The 21st Annual Richard S. McKernon Fishing Tournament was held on May 5 at Stevens Park. This year's grand winner was Ashlee Davidson who caught a whopping 23.25" catfish. The other winners by age category were:

Ages 6-8: Alexis Crawford (19.25"), Kailey Conley (19"), and Anakin Ryall who hauled in a total of twenty-one fish of varying sizes.

Ages 9-11: Mathew Lowe (21"), Meghan Davidson and Canton Ryall tied for second (20" catfish, 9.25" blue gill), with Luke Smuikys catching thirty fish.

Ages 12-13: Eric Clyne (21.25"), Lana Noonan (18"), and Jackie Stoliker catching twenty-four fish.

Ages 14-16: Isaac Feny (9.25" blue), Haili Wilhelm (8.75" blue), and Carter Hottinger catching four fish.

Greeting New Sister

With caution, curiosity, and care, big sister Rosemary Downey greeted her younger sibling, Helena Lyra. Little Laney was born at eight pounds, ten ounces on April 25. Both girls are the daughters of Juliana and John Downey of Braddock Heights. Juliana is a 2001 graduate of Poolesville High School and the daughter of very proud grandparents Laura and Rande Davis.



Happy winners of this year's fishing tournament.



Older sister, Rosemary, says hello to her new sister, Helena Lyra Downey who was born April 25, 2018.

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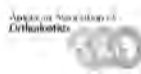
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Adapted by Peter H. Eeg, BSc, DVM, CVLF

Liquid gold, that's the nickname for urine we were taught in veterinary school. We learned that urine was a goldmine of valuable insight into a patient's health or lack of health. Almost like a diamond, its color, clarity, and consistency can say a lot about how your furry friend is doing.

Normal urine in a healthy dog or cat is transparent yellow, also known as straw yellow or pale gold. To check the color of your pet's urine, collect it in a clear plastic cup or on a white plate. Be sure the cup or plate are clean.

Different shades of yellow other than the pale gold can be an indicator of potential health abnormalities. If the urine is very pale or colorless, it could indicate that excessive water intake or retention is occurring, so persistent increased water intake and clear, colorless urine output that lasts for more than a couple of days should be brought to your veterinarian's attention as soon as possible. Additional tests on the urine can be done to look for glucose (diabetes), or kidney/liver changes.

Urine that is very dark yellow could indicate a lack of adequate water intake or access to water. Water is the most critical nutrient to which we and our animals must have ready access on a daily basis. Long term water deprivation can produce kidney, liver, heart, and other organ dysfunction. Be sure that clean, fresh, and safe water is always available to your friends.

Urine that has an orange, brown, or black appearance is an important sign of a potentially-dangerous metabolic change in your pet. It can indicate liver, bile duct, gallbladder, pancreatic, red blood cell, or kidney damage. You should bring your pet to your veterinarian as soon as possible if you see this color urine.

Reddish urine is an indication that there may be free blood in the bladder or kidneys. You should not wait to see if it clears, but bring your pet to your veterinarian as soon as possible. This color change could indicate a bacterial, viral, or, in rare cases, parasitic infection. In many cases, the urine color returns to more normal as the disease progresses, so normal color after a red color is not always an indication of return to normal.

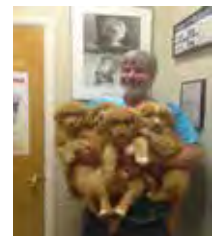
If you have any concerns about how your pet is urinating, take a video to share with your veterinarian and collect some urine as indicated above. Be sure the urine is fresh and not frozen. Do not let it sit for more than an hour before submitting it to your veterinarian. You may also wait and have your veterinarian and staff collect the urine for you.

Every animal pees, and it is a goldmine of information for you and your veterinarian about your pet's health and happiness.

Poolesville Veterinary Clinic



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