



Coyote Phoebe Eng prepares to send it. Read more about Clarksburg field hockey on Page 11.



Rick Arnold kept them smiling at the Lord's Acre Festival. See more pictures in Family Album on Page 2.



Poolesville's Megan Fox in control.



All the insiders will know where the mobile speed cameras are lurking, but at least we can keep bagging the out-of-towners. Read about the cameras in Tidbits on Page 15.

The Monocacy MONOCLE

Keeping An Eye On Local News

A Biweekly Newspaper

September 24, 2010

Volume VII, Number 14.

Poolesville Commissioners Seek to Change Name of Town

By Rande Davis

During the recent Town Charter revision process, the commissioners of Poolesville decided it would be a good time to change the name of the town. At a special meeting called on September 13, the commissioners voted to place the name change proposal on the ballot during the general election on November 2. The newly-proposed name would be the Town of Poolesville.

Although most may not be aware of it, the official chartered name of the town is Commissioners of Poolesville, not Poolesville. That is why residents paying water bills have had to make their payment out to the commissioners. If all goes as planned and the voters approve, the town of Poolesville will finally become the Town of Poolesville.

At another commissioner meeting held on September 20, the Community Economic Development Committee (CEDC) sought approval for a beer and wine tasting event at the 2011 Spring Fest to be held at Whalen Commons. The CEDC reported that such an



November's general election will determine the name of Poolesville.

event was suggested by respondents to a survey of town residents. While funds for the celebration in general were

-Continued on Page 13.

Julie Zetlin Wins Gold at Rhythmic Gymnastics National Championship, Carly Johnson of Poolesville Places 21st

By Dominique Agnew

This past August, Julie Zetlin of Bethesda, Team USA's Olympic hopeful for 2012, and Carly Johnson of Poolesville traveled to Hartford, Connecticut to compete in the 2010 Visa Championships. Twenty-year-old Zetlin placed first in the nation, winning the senior all around title. She was also named USA Gymnastics' (USAG) Rhythmic Athlete and Sportsman of the Year (the latter, named by her peers). Fourteen-year-old Johnson, in her first competition at the national level, placed twenty-first in the junior division. What do Julie and Carly have in common besides their love of rhythmic gymnastics? They both train at Capital Rhythmic under Olga

Kutuzova—a world-renowned gym and a senior U.S. coach, respectively (USAG Rhythmic Coach of the Year)—at the Mary of Nazareth School's Youth Victory Center in Darnestown, right on the edge of the Ag Reserve.

What is rhythmic gymnastics? Take a ball, hoop, clubs, or rope, throw it in the air, do a few cartwheels and turns (toes pointed, back arched, legs perfectly straight, of course), then catch your chosen object with your legs...behind your back...in time to music. Sometimes it's performed in groups of five with different combinations of objects, all being tossed and caught with amazing precision by different parts of the body in time to music. Developed in the 1950s in the Soviet Union,



Carly Johnson performs incredible feats with a ball and gymnastics.

Photo by Diane Bidermann.

rhythmic gymnastics did not become an Olympic sport until 1984. While it may not be a big deal yet in the U.S., in our part

-Continued on Page 7.

Family
Album



The Family Album is sponsored by
Selby's Market
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58th Annual Poolesville Memorial United Methodist Church Lord's Acre Festival



Daytripper

Visiting a Plantation and the Quaint Towns of Northern Virginia

By Rande Davis

It was in 1804 that George Carter was making big plans to build the estate of his dreams. Situated on 3400 acres of beautiful Virginia countryside just six miles south of Leesburg, the great grandson of Robert "King" Carter named this wheat farm, the Oatlands Plantation.

Oatlands is part of a one-day adventure that will provide an intriguing view into the grand lifestyle of the plantation owner and a haunting glimpse of the largest slaveholding plantation in Loudon County. The central attraction is the twenty-two-room federal mansion that Mr. Carter remodeled into the cur-

rent Greek Revival style visible today. Grandly situated on the peak of one of the rolling hills of the estate, the mansion stands above an 1810 greenhouse, dairy, smokehouse, bank barn, and wonderfully-manicured gardens.

The plantation, which was made possible through the labor of eighty-five slaves (records list forty-three males and forty-two females), today hosts many special events annually like the very-popular Christmas holiday decoration festivities, the annual art show, and fall antique fair. It also now offers to the public the use of its facilities for private weddings. In fact, just this past spring, the great grandson of one of the slaves who worked in the gardens and planted trees had his wedding on the very grounds his forbearer helped maintain.

The plantation had its own gristmill and even baked the bricks used to build the greenhouse. After the Civil War, struggling with debts and the loss of slave labor, the Carters operated Oatlands as a summer boarding house that was very popular with the elite of Washington, providing them with an opportunity "get out of the city and rest in the country."

While the property was sold to the cofounder of the *Washington Post*, Stilson Hutchins, he never actually resided on the property. In 1903, William Corcoran Eustis, an avid equestrian and foxhunter, bought Oatlands.

-Continued on Page 9.



The terraced gardens at Oatlands Plantation.

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Letter to the Editor

John and Rande,

Great reading the *Monocle* from Afghanistan. I'm looking forward to getting back to my family and pasture management. Good article in your August 27 issue.

Heard we had a hot summer but are now getting some good rain.

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Focus on Business

Be Whole, Be Well

By Heidi Rosvold-Brenholtz

To be well, you have to live well. This simple tenet was the focus of a lecture presented by Miki (Dolma) Johanison, MA, MAC, LAC, on Friday, September 10, at the Historic Poolesville Town Hall. Ms. Johanison is an acupuncturist and co-owner of the Organic Market and Holistic Center of Poolesville on Elgin Road, formerly Jon's Video. Following refreshments representing a variety of organic fresh and prepared samples from the market, Ms. Johanison addressed an audience of approximately twenty people.

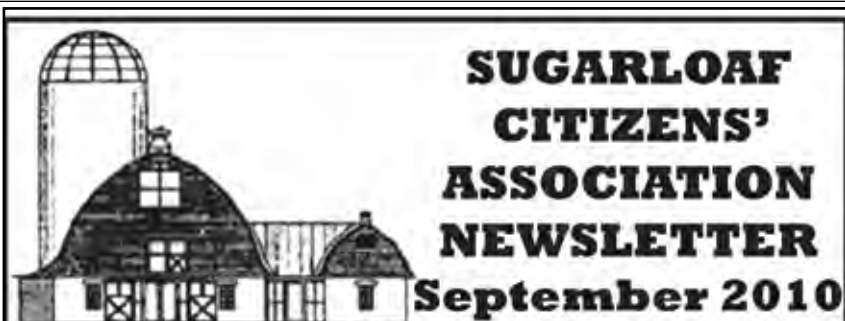
The path to wellness involves recognizing that the mind, body, and spirit are interrelated, explained Ms. Johanison. "Whole body living is basically an understanding that our bodies are

made up of energy with many systems interacting with each other, having conversations with each other, or sometimes not," Ms. Johanison said, in the case of pain or other conditions, for instance.

Ms. Johanison highlighted the important role, food, and exercise play in the mind, body, spirit, connection. She encouraged participants to view their relationships with food as opportunities for having honest conversations with themselves. "What you put into your body has a direct impact on your relationship with yourself and with others," she said. "The idea is to have deep self-honesty and to begin to apply it in other places with your life."

Attendees also were reminded that their bodies were made to move as well as be still at times. Yoga, she explained, can be both exercise and a good supplement to other physical activity. What's unique about yoga, according to

-Continued on Page 13.



SUGARLOAF CITIZENS' ASSOCIATION NEWSLETTER September 2010

"Protecting our rural legacy"

How to contact us:

Sugarloaf Citizens' Association

Anne Sturm, President

Linden Farm

20900 Martinsburg Road

Dickerson, MD 20872

Visit our Web site: www.sugarloafcitizens.org

ANNOUNCING TWO NEW INTERNET SITES!

Two new websites have been set up to promote citizen enjoyment of the Montgomery County Agricultural Reserve. The first is our Sugarloaf site which is designed to support our mission to preserve and protect agriculture. Founded in 1973, Sugarloaf Citizens' Association (SCA) has been at the forefront in solving a long list of problematic issues, such as the expansion of the power plant, the development of the incinerator, curbside recycling, businesses operating in violation of the rules governing the AgReserve, suburban type developments, and the power transmission lines, to name a few.

The new website offers background on all issues that impact the AgReserve and spells out SCA positions and actions. It also tells you how to access our headquarters at Linden Farm and announces upcoming events such the potluck on October 17 (see the website for details). To utilize these services go to www.sugarloafcitizens.org and sign up to be a member and receive monthly e-mail updates, including a copy of our newsletter in the *Monocacy Monocle*.

The other site is: www.sugarloaftrails.org created by our friends at Sugarloaf Regional Trails (SRT). Founded in 1974 under the guidance of Fritz Gutheim, SRT has been a leader in promoting the natural, cultural and historical features of the AgReserve. With the help of local volunteers a series of trail guides were developed in 1978 describing the unique features of the AgReserve and how to explore them by foot, canoe, bike, automobile and rail.

The first trail guides were printed pamphlets that were provided free to all who wanted to enjoy the Reserve. In 1980, and again in 1999, these guides were updated serving as the major source of trail information for the following decade. Now SRT has adopted advanced technology that provides both old and new trails in an upgraded guide on the internet that can be downloaded or used online for mobile devices.

We announce these two websites as a support of whatever attracts you to the AgReserve. Whether you choose to explore the trails in the Reserve or to join the dedicated volunteers who protect agriculture in our region, the information is at your fingertips.

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In the Garden

Relocate, Divide, and Conquer

By Maureen O'Connell

In the garden world, you get the most bang for your buck from perennial plants. Annuals are very colorful and versatile, but you have to buy and plant them every year. Perennials, on the other hand, can be planted once; they usually return every year, often multiplying and spreading. Over time, they can save you money and labor—but you can't ignore them. They all have their own individual rates of growth that can create conditions that result in invasiveness and failure to flower.

As I have said many times, gardens and their resident plants, shrubs, and trees live in a state of evolution; that is one of the reasons that I enjoy gardening. Every day, a flower, such as a rose, can change from a tightly-wrapped bud to a fully-formed flower to a petal-less hip. Its surrounding environment also changes constantly—the soil, the sun/shade proportions, rainfall, wind, humidity, snow, ice, and pest populations can differ from day to day. As these conditions are altered by nature or man, plants undergo responses to these changes.

In looking ahead to 2011, let's take a closer look at your gardens and see where various changes have occurred that affect the overall appearance and health of your plants. Has

the loss of a mature tree from winter-storm damage altered the amount of sunlight and wind protection that plants once living in its dappled shade received? In three areas of my middle garden, I have lost, this past year, a very large white pine tree, a mature white dogwood tree, and the top canopy of an old maple tree. As a result, the hostas, ferns, and toad lilies, which live in the shadow of the pine tree, receive full sun exposure for most of the afternoon; they were badly scorched all summer. They all must be moved to a shadier and moister location. Towards the middle of this narrow garden strip, four varieties of astilbe, a stunning white bleeding heart, four varieties of coral bells, and several species of the graceful *Polygonatum* (Solomon's Seal) have lived quite happily under the shade of the old, white dogwood. He is gone now, so they must find a new shadier home. At the end of this strip lives a majestic, old maple tree. He lost several, large limbs this past winter from ice and wind damage. This newly-opened area of sunlight was good news for his neighbors, the peonies and eight hybrid tea roses, but it was bad news for the hostas and ferns (especially the miniature treasure, the Japanese Silver-Painted Fern) living right under his branches. Another move was necessary.

Changing conditions are not the only reason for moving perennials. Over time, many perennials outgrow their living spaces; they put out fewer and

fewer blooms, and they become leggy and prone to diseases. Digging up and dividing them into smaller plants can solve this problem. You also get more plants for free. Overcrowding is usually the cause of spring-blooming and summer- or fall-flowering bulbs to stop blooming. Fall is the ideal time to divide spring-flowering bulbs. Many, such as hyacinths and daffodils, produce offsets or bulblets. They can be easily pulled away from the parent plant and replanted immediately in the garden. Here is a list of perennial plants that are best divided in the fall.

The beautiful, feathery astilbe is a very temperamental and thirsty plant. Our hot and dry summers are tough on them. They will bloom better in a shady, moist location with regular division every two to three years. The hummingbird and butterfly favorite Bee Balm (*Monarda*) spreads very quickly and becomes quite dense. This sets it up for powdery mildew. Every year, I divide and thin

it; this keeps it from becoming too invasive and unhealthy. Coral bells are easy to divide; you should do this about every three years. Daylilies are tough plants; I have divided them all through the growing season, and they fared well. I prefer to move them in the fall, making sure that each division has two or three shoots. Hosta is one of the easiest plants to divide and relocate. I find it easier to do this in the fall, while you can see the entire above-ground plant. Large hosta plants can be expensive to buy, so take advantage of their ease of division and save some money. This is especially true with the more exotic varieties. Other good candidates for dividing are Lady's mantle, tall garden phlox (such as 'David'), coneflower, Veronica, salvia, and the Shasta daisy.

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"Rhythmic Gymnastics" Continued
From Page 1.

of the world, it's not uncommon for young girls just beginning to stretch on a mat alongside an Olympic hopeful or a junior national champion—under the tutelage of one of the most sought-after coaches in the world.

Carly, this summer, reached level ten, the highest level possible in international rhythmic gymnastics and qualified for the VISA National Championship. Competing since the age of six, when she began rhythmic gymnastics, this was Carly's first individual elite competition. "I love to go to competition," says Carly, "but I'm very nervous." She's also excited because she gets to meet new people and see the friends she's made over the years from California, Washington, Russia, and from all around the world. "I have friends in school, friends in gymnastics, friends in the world."

That's the payoff of training four hours per day, four to five days per week. "I was really excited to go to Connecticut because it was my first nationals," says Carly. "You want to help put your team on the map." As is typical of gymnastics athletes, Carly also did ballet to improve her flexibility and poise. Under Fran Ichijo of Hope Garden Ballet in Poolesville, Carly also excelled in ballet to the point that, in the same year that she reached level ten in

rhythmic gymnastics, she also spent two weeks in New York with the Joffrey Ballet and was asked to train at the Kirov.

Somehow, she also finds the time to attend Poolesville High School in the Independent Studies Program, and she's doing poms.

As the *Monocle* goes to print, Julie Zetlin, who has competed in international competition in Japan, Portugal, France, Israel, and Bulgaria, is representing the U.S. in Moscow at the world championship.



Maybe you can juggle—but can you juggle while doing gymnastics in time to music?
(Photograph by Diane Bidermann.)



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Local News

Maybe the Beatles Saw It Coming

By Rande Davis

In the song "Eleanor Rigby," the narrator saw all the lonely people and wanted to know: Where do they all come from? Finally, we have the answer. They come from cyberspace. People virtually wandering from place to place with their laptops in hand going to nonexistent places like Facebook, Twitter, My Space, you name it, where friends can talk but never meet—high tech, low touch. The world of cyberspace can be a cold, cold place.

Poolesville Presbyterian Church (PPC) decided there must be a better way. Their answer? A ministry of hospitality, an oasis for digital nomads, where people can find a free, friendly, and comfortable place to connect to

the internet, share a cup of coffee or tea with others, listen to music, attend workshops, and when in a really radical mood, actually talk to others. Welcome to Connection Café, located in their fellowship hall: a place to meet others, a café with free Wi-Fi, laptops you may use, serving coffee—and selling it by the pound—along with healthy snacks.


Why would a church open a cybercafé? Rev. Ruth Everhart recognizes that many people spend increasing amounts of time online. Cyberspace has become that "third place" where people go outside of work and family to hang out with like-minded people and build friendships. "In a sense, cyberspace has replaced the front porch of yesteryear. Rather than bemoan the fact, why not build a community—or perhaps many small communities—that include a cyber-component, but also include the tried and true elements of human contact, sharing of common interest with simple snacks and coffee."

On October 2 at 7:00 p.m.,

Connection Café opens its doors in the Fellowship Hall of the church located at 17800 Elgin Road in Poolesville. Pastor Ruth says that at PPC, they are both high tech and high touch. This café is not just for the techie. If you have ever felt left behind by new technology, wishing someone could show you the magic of Google Sketch-up or the basics of Power Point, they are planning workshops to assist you. The grand opening will feature local performer Brian Gross and friends, and there will be special guest: Cynthia Bolbach, the Moderator of the General Assembly of the Presbyterian Church (USA). In church-speak, that means she is the denomination's head honcho.

Café Connection will be open three evenings a week: Monday, Wednesday, and Friday. Mondays will be Genealogy Research night from 6:30 p.m. to 8:30 p.m. Stop by for a demonstration of the online genealogy engine. On Wednesday, Connection Café will have some daytime hours as well, starting at 2:00 p.m. and staying open until 9:00 p.m. This would be a great time to come in and see the art exhibits of local artists. One Friday a month, Connection Café will offer live music from 8:00 p.m. to 10:00 p.m. Their website will offer listings of scheduled entertainers, dates and topics of workshops, and other information to help keep you connected.

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9/28	Volleyball – Girls	Quince Orchard	6:30 p.m.
9/29	Soccer – Girls	Quince Orchard	5:00 p.m.
9/29	Soccer – Boys	Quince Orchard	7:00 p.m.
9/30	Volleyball – Girls	Einstein	6:30 p.m.
10/1	Tennis – Girls	Richard Montgomery	3:30 p.m.
10/1	Football	Walter Johnson	6:30 p.m.
10/5	Tennis – Girls	Magruder	3:00 p.m.
10/5	Field Hockey	Wheaton	7:00 p.m.
10/8	Soccer – Boys	Watkins Mill	5:00 p.m.
10/8	Soccer – Girls	Watkins Mill	7:00 p.m.
Date	Sport	CLARKSBURG	Time
9/24	Field Hockey	Wootton	3:30 p.m.
9/25	Tennis – Girls	Seneca Valley	10:00 a.m.
9/27	Soccer – Girls	Watkins Mill	5:00 p.m.
9/27	Soccer – Boys	Watkins Mill	7:00 p.m.
9/28	Cross Country	Blair	3:30 p.m.
9/29	Tennis – Girls	Magruder	3:30 p.m.
9/29	Volleyball – Girls	Damascus	6:30 p.m.
10/1	Football	Einstein	6:30 p.m.
10/2	Field Hockey	Springbrook	10:00 a.m.
10/4	Soccer – Boys	Poolesville	5:00 p.m.
10/4	Soccer – Girls	Poolesville	7:00 p.m.
10/6	Soccer – Girls	Churchill	7:00 p.m.

"Oatlands" Continued From Page 3.

Many famous persons such as the Roosevelts often visited with the Eustises on weekends.

The guided tour of the downstairs takes only thirty to forty-five minutes, which includes a walk-through at your own pace on the second floor. It is the multi-leveled garden terraces that overtake the senses with serenity, tranquility, and peace. The grounds are replete with many huge and stately trees that shade some picnic tables which visitors are encouraged to use.

The Carriage House visitor center has restrooms and a gift shop. Visitors have to pay an entry fee of \$12.00 for adults, \$9.00 for seniors and teens. For grounds only, the fee is \$5.00.

Today, Oatlands is owned by the National Trust for Historic Preservation. This provides nuptials quite a benefit since expenditures above \$1,000 qualify for tax deductions.

This is also a great time to experience "night-tripper" and a different Oatlands after dark! Make your reservations now for one of their paranormal tours at 7:00 p.m. and 8:00 p.m. each evening from October 23 through October 29. Space is limited to twenty people per tour.

Tour guides will share exciting ghost legends and personal tales of unexplained happenings on the property. Guests will also learn about the findings of the ongoing paranormal investigations at Oatlands. This is a fun tour that is suitable for children about eight or older.

The tickets are \$12 for adults and \$5 for children under twelve. Call 703-777-3174 extension 103 for reservations.

Oatlands is just off Route 15 south of Leesburg, and you will pass a couple of inviting wineries on the way to the plantation. Since it does not have its own eating facilities, you may want to plan your afternoon visiting a few of the quaint towns in Northern Virginia that offer history, antiques, museums, art centers, and restaurants.

Our Daytripper experience had us traveling through Ber-

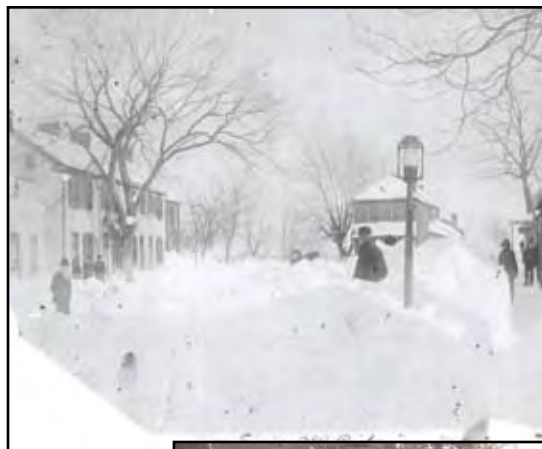
ryville, Round Hill, and Purcellville after visiting Oatlands. These are very special and delightful little towns that offer their own attractions for shoppers, history enthusiasts, antique buffs, and those looking for a great lunch or dinner.

In Berryville, the Battlefield Inn is a historically-quiet little place with noontime specialties, warm and friendly service, and an atmosphere that makes you think that Gen. Jubal Early just might drop by at any moment to get a bite to eat.

After visiting the shops and art galleries in Berryville, Round Hill is just up the road. The town is named after a hill situated just outside of town which is just over nine hundred feet high. A lookout position for both the Union and Confederate troops, the vista from its peak is a wonderful panorama.

Nearby is Purcellville (originally called Purcell Store), a town lined by Victorian homes, which offers its own art gallery, Loudon County Museum, and inviting dining places like the first rate Magnolias at the Mill Restaurant and the country style (informal) White Palace.

Center of Town



Things to Do

September 25

Bassett's Afternoon Entertainment
Mindy Miller and the Lifesavers
Outdoor seating
Special Luncheon menu/\$2 Domestic drafts
2:00 p.m. to 5:00 p.m.

20th Annual Poolesville Day
All day street festival
Special Note: The Poolesville Library has its annual book sale as part of this community annual event. Proceeds support activities at the Poolesville Library. Great time to stock up on some books for those cold winter days ahead.

Pony Boogie Barn Dance
Fundraiser Benefit Personal Ponies
Adults: \$25.00, Children 6 to 16: \$15, Under 5: Free
Chasin Dreams Farm
17401 Conoy Road, Barnesville
301-349-2161
7:00 p.m. to 11:00 p.m.

October 1

2010 Annual Monocacy Lions Club Golf Tournament
Includes: round of golf with carts, driving range, longest drive, closest to pin, contests on all par 3s, Mulligans, tee busters, lunch, beverage cart during play, and closes with a barbeque dinner and awards.
Single play or hole sponsor: \$100
4-Player Team: \$400
Corporate Sponsor (Includes hole sponsorship and four players): \$450
Poolesville Golf Club
Lunch Served: 11:00 a.m. to 1:00 p.m.
Driving range: 11:30 a.m. to 1:00 p.m.
Tee off, shotgun start: 1:00 p.m.
To reserve space, contact: Ed Rothenberg at Golf4Lions@gmail.com or 301-529-7455

October 2

Crab Feed: All you can eat
Includes crabs, fried chicken, beer, and more
Benefit for Carroll Manor Fire Company
Carnival Grounds - Adamstown

Tickets: \$30.00 - Call 301-834-5482
3:00 p.m. to 6:00 p.m.

Grand Opening: Connection Café
Poolesville Presbyterian Church
Free coffee and dessert, see demonstration of an online genealogy engine, and browse photography exhibit, and meet local artist Regina Holmes.
6:00 p.m. to 8:00 p.m.
Live Music Featuring: Brian Gross and friends
8:00 p.m. to 10:00 p.m.

Cugini's Entertainment Night
Featuring: Unwound - Country/Western band
Starts at 8:00 p.m.

October 7, 8, 9

Fall Rummage Sale
St. Peter's Church
20100 Fisher Avenue, Poolesville
Huge inventory of clothes, toys, books/cds/dvds, furniture, household items, sports equipment, appliances, tools, and lots more.
Thursday: 5:00 p.m. to 8:00 p.m.
Friday: 9:00 a.m. to 8:00 p.m.
Saturday: 9:00 a.m. to 3:00 p.m.

October 9

Cugini's Wine Tasting
Featuring: Sugarloaf Mountain Vineyard
3:00 p.m. to 5:00 p.m.

48th Annual Saturday Night in the Country
Benefit for the Mary Davidson Scholarship for PHS, WUMCO Help, UMCVFD, Hands of Love Mission, and Fisher House.
Adults: \$35.00
Children: 5 to 12: \$15.00
Cash Bar: 5:00 p.m.
BBQ Chicken Dinner: 7:00 p.m.
Located at BCC-Izaak Walton League House, 20601 Izaak Walton Way, Poolesville
RSVP by October 2 at 301-972-8609
Event Sponsored by the Rural Women's Republican Club

Clarksburg Cluster PTAs
First Annual 5K Fun Run/Walk
The 3.1-mile course runs through the Milestone community with the start and finish lines at Gibbs Elementary School. The 5k Speed

Run for serious runners will go off first, with a 1K fun run/walk for others. Visit the Clarksburg High School website link to the PTA or email treeisgone@verizon.com.
8:00 a.m.

October 16

Forest Grove Methodist Church - Dickerson
Community Yard Sale
Baked goods and lunch
Table space available - 301-349-5416

8:00 a.m. to 2:00 p.m.

St. Peter's Craft Fair
Crafts and Gifts
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Call 301-972-7205
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Saturday	9:00am - 12:00pm
Sunday	CLOSED

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Youth Sports

A New and Improved Start For Clarksburg Field Hockey

By Jeff Stuart

In its first four years, the Clarksburg Field Hockey team has played some pretty good hockey—just not early in the year. They began their 2010 season at home on September 3, and this time it was different. “We made Clarksburg history by winning our first-ever season opener against Churchill, 3-1,” said Head Coach Sissy Natoli. “Churchill is a very good team, and it was a great battle. Both teams played with great intensity and a competitive spirit. It was a great team effort on our part, and a great start for Coyotes hockey.” The Lady Coyotes scored two goals in the first twenty minutes.

Churchill rebounded by scoring a goal late in the first period and keeping the pressure on Clarksburg heading into the half. The Coyotes scored their final goal shortly after ten minutes into the second period. Scoring for Clarksburg were Seniors Katie Bertrand, Olivia Pond, and Caitlin Scalzi. Bertrand also had two assists. Leading the pack on defense was Senior Melissa Bible in goal with eight saves. Defensive backs, Jessica O'Brien, Phoebe Eng, Judith Vesoh, and Morgan Williams, were also strong contributors. Bertrand, a first team All-Gazette player in 2009, propelled the Coyotes to their first playoff win with fourteen goals and nine assists last year. The Lady Coyotes followed up on their successful opener with their best showing ever in the five years they have participated in the very tough Magruder Tournament on September 11. In the tourney's second game, Clarksburg's usually stingy defense held Magruder to just one goal, but that was all the Colonels needed to post a 1-0 win. Bible



The 2010 Clarksburg High School field hockey team.

had eight saves for the Coyotes. Sweeper Jessica O'Brien, Judith Vesoh, Phoebe Eng, Falen Taylor, and Kayla Geist played superbly. The Coyotes had some good shots on goal at the end of the game. The strongest rifled past the right side of the Magruder goal in the game's final seconds.

With only about thirty minutes to rest after the first game,

Lady Coyotes responded with their best performance of the season so far, defeating a powerful Holton Arms team, 3-1, in the consolation final. Clarksburg dominated after Holton Arms, rested since the end of the 10:00 a.m. game, scored an early goal.

-Continued on Page 16.

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Youth Sports

Defnet, Duncan Lead Poolesville Field Hockey Squad

By Jeff Suart

Led by junior goalkeeper Amy Defnet and senior defender Katie Duncan, the Poolesville High School girls' field hockey team is a young team with twelve juniors and four sophomores on the twenty-player roster. "The girls have been working hard, and I am expecting great things," said Head Coach Gina Grubb.

"We opened up at Richard Montgomery on September 4 on their turf field which was very nice to play on. It made the game fast, and the ball moved well. We had many opportunities to score during the first half, but RM's



Poolesville's Allie Greene scoots one past the goaltender.

goalie had many great saves. In the second half, on a corner, [sophomore] Kelsey Carnahan took a hard shot on goal and [sophomore] Allie Greene was there to deflect it past the goalie to score the only goal of the game." Chantal Agnew (MF/D), Kallan Ludder (D), and Jami Auslander (F) are the other returning seniors.

A self-pass rule has recently been approved by the field hockey rules committee for the National Federation of State High School Associations. Instead of having to drive the ball to a teammate, a player now has the option of keeping it herself. It is expected to create longer possessions for the team with the ball. Teams can use the self pass for pretty much all insertion plays (center passes, sixteen-yard hits, side-ins, free hits, long hits, and all free hits outside of the twenty-five-yard area). The only exception is on penalty corners, which will still require an insertion pass. The rule was also adopted at the college level for the first time this fall.

"The self-pass rule will make the game much faster," said Coach Grubb. "I don't believe it is going to affect us in a negative way. We just have to keep working on when to use it."

There is a strong tradition to live up to. The Lady Falcons finished ninth in

the final Gazette poll last season, after losing to Century, 1-0, in two overtimes in the 2A West Region final. They won their first seven games, finishing with eleven wins overall and just three losses. Then-senior midfielder Lori Defnet was named to the Gazette's first team All-County squad. Cara Craze (2009), a senior defender, was named to the second team All-County squad. Amy Defnet, then a sophomore, received honorable mention. The Poolesville girls reached the state semifinals for every year from


2001 to 2007 at the 1A level and are looking to get back there, this time coming out of the 2A West Region.

The 2010 Falcons had an impressive 4-0 win at Damascus on September 14. Poolesville out-shot Damascus, 18-7. Goals were scored by Allyson Dahlen (Jr-MF), Allie Greene (So-F), Kristina Dalton (Jr-D), and Megan Flick (Jr-F/MF) with assists by Kelsey Carnahan (So-MF/F), Lindsay

-Continued on Page 16.

MONOCACY CRITTERS

Serendipitous Pet and Animal Pictures



Photograph submitted by
Diane and Harry Zisman

Send your unusual pet or animal picture to:
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Monocacy Critters, P.O. Box 372
Barnesville MD 20838

"Poolesville Name Change"
Continued From Page 1.

approved during the budget process, the commissioners held back on allowing use of alcohol in the park until the CEDC could report on the experience of other towns that have already done so.

Karen Michaels, a town business owner and representative on the CEDC, reported that three area towns have had extensive experience in the use of alcohol at publicly-sponsored events without significant negative consequences. The towns cited were Germantown, Kentlands, and Rockville. Germantown's October Fest is in its twenty-eighth year without significant problems reported. The Kentland's October Fest is in its nineteenth without incident, and Rockville has held a Wine Fest for the past three years and also reports no negative consequences.

The tasting will be held in an enclosed area with service provided by persons trained by the county. The commissioners voted 4-1 to approve the request with Commissioner Kuhlman the sole negative vote. Mr. Kuhlman voted against the use of alcohol in a town park, in general, and objected to alcohol being part of a family event.

Also at this meeting, the commissioners addressed a number of resolutions and suggested ordinance changes, approving four of the five. Public hearings on all four are scheduled for October 18 prior to a final vote. The resolutions and ordinance changes which were considered were:

Resolution 006-10, which would have established a special ad hoc committee to review ideas for a uniform design in street and directional signage throughout the town, was unanimously rejected. The commissioners determined that rather than establishing a special committee, the Parks Board should be tasked with the project. They recommended that residents who had previously volunteered to either lead or be part of the proposed ad hoc committee join with the Parks Board in the development

of a uniform signage project.

Resolution 007-10 establishes a new permit fee structure for requesting permits from the town. In stating that the increases in fees impact developers and not individuals, the commission directed the town manager to make both the old fee schedule and the newly-proposed fee structure available to all seeking to review the proposal.

They also approved, in ordinance 181, a change to the town's sign ordinance that removes temporary signage from permitting fees and process as well as defining the allowable weekend hours such signs may be used.

There were two changes to the zoning ordinance. Ordinance 182 specifies any private agreements or covenants between property owners shall not modify the current town zoning restrictions, and that the town is in no way obliged to enforce such private agreements.

Ordinance 183 is an amendment to zoning code regarding any residentially-zoned property having a shared driveway. The change does not allow a special exception use that increases the number of vehicles using the driveway. This restriction would apply even if private parties sharing a driveway both agree to the change in use.

All resolutions and ordinance changes are available at Town Hall or on line, and the public hearing prior to final approval is at the October 18, 2010 commissioner meeting.

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**"Organic Market" Continued From
Page 13.**

Ms. Johanison, is that it can demonstrate the connection between mind and body for the person who practices it.

What keeps most of us from committing to living well holistically? Fear of the unknown, according to Ms. Johanison. "We are also afraid to face the reasons of why we overeat or under eat, or what the pain is about, or coming to terms with true self-honesty."

Other highlights of the lecture included a review of holistic medicines (acupuncture and herbal medicine), holistic modalities (reiki and massage), and their roles in whole body wellness.

Ms. Johanison, a retired U.S. Army officer, spent part of her twenty-one-year military career as a master fitness trainer. After the army, she earned her counseling degree and worked with soldiers and their families. She then became a certified acupuncturist. She came to the Kunzang Palyul Choling temple in Poolesville in

2002 and has been an ordained Buddhist nun for two years.

On October 22 to 24, the Organic Market and Holistic Center will present an in-depth weekend workshop on whole-body living and wellness, yoga, the benefits of holistic medicine and modalities, and organic food preparation, location to be determined. For more information, call 301-349-4041 or visit the market's website: www.itsBetter4you.com.

48th Annual "Saturday Night in the Country"

Sponsored by: The Rural Women's Republican Club

Saturday, October 9, 2010

Cash Bar at 5:00 pm, BBQ Chicken Dinner at 7:00
Adults: \$35.00
Children: 5-12: \$15.00

To be held at:

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Tidbits of the Past

By Jack Toomey

September 2, 1956

The Monocacy Garden Club met at the home of Mrs. A. M. Thomas of Dickerson. Members made plans for the fall show scheduled to be held at the St. Peter's Episcopal Church Hall.

September 4, 1954

Montgomery County youngsters nearly swept the top prizes at the Maryland State Fair at Timonium. John Royce, who lived near Boyds, took home the largest trophy after winning the blue ribbon for his champion Yorkshire hog.

September 7, 1952

Montgomery County schools opened with an increase of 4000 students. Dr. Edward Broome, who had been school superintendent since 1917, announced that eight new schools would open for the 1952 school year with a projected enrollment of 38,000. Among the new schools were

Boyd's Negro School, Wyngate, Four Corners, and Clarksburg. Broome also announced that two high schools would operate on a double shift program where half of the students would attend during the day and the other half in the late afternoon and evening.

September 8, 1954

Residents of Montgomery County were seeking relief from the heat wave that had settled over the county. Temperatures were recorded over 100 degrees at several locations. Families gathered at creeks and other bodies of water to cool off.

September 11, 1954

The General Jubal Early, an all-metal twenty-two-ton ferry boat, made a seventy-five-mile trip from Baltimore to Poolesville without mishap. The ferry was accompanied by a state police escort and was scheduled to provide service from White's Ferry, Maryland to Loudoun County, Virginia.

September 27, 1959

The annual Fall Ham and Turkey Shoot was held at the Izaak Walton League grounds near Poolesville.

September 29, 1951

A ten-man team of 4-H club members was appointed to represent Maryland in the national meeting at Waterloo, Iowa. The team included Bob Dorsey of Boyds, and Arnold and Gordon Keyes of Olney.

September 30, 1951

A new method of milk delivery was taking hold on farms in Montgomery County. The system, which eliminates a milk can, was called "bulk milk pick up" and was being used on the farms of Harold C. Smith, Poolesville; Leslie King, Clarksburg; and McKendree Walker at Gaithersburg.

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Tidbits

If You Liked the Old Speed Cameras, You Will Love the New Ones

You knew it was coming. As would be expected, the stationary speed cameras lose their effectiveness (i.e., revenue-enhancement capabilities) soon after installation as local traffic learns to slow down, at least long enough before speeding back up once past the lens.

Consequently, the county has decided that a mobile speed camera is just the ticket, pun intended. The internet is busy with emails reporting current locations and giving a heads up for unsuspecting friends. So far, no address in our area has popped up, but we'll be on the lookout.

Kudos to the Teachers and Students in Montgomery County

The College Board released SAT scores for the Class of 2010, and MCPS students set an all-time record. The 2010 graduates scored an average of 1653, which is our district's highest score since the "new SAT" was implemented in 2006 and represents a one-year increase of thirty-eight points. Graduates of MCPS outscored their Maryland peers by 151 points and the nation's 2010 graduates by 144 points. Students in all racial subgroups improved over last year, but African American and Hispanic students made the biggest gains, further narrowing the achievement gap. The best news of all is that fifty-one percent of our students scored a 1,650 or higher, meeting the Seventh Key to College Readiness—again, an all-time record.

PES Opens New Playground Equipment

At back-to-school night on September 15, Poolesville Elementary School PTA and

administration officially cut the ribbon introducing new playground equipment for the school. This was a joint project with the PTA raising funds and MCPS also contributing to the cost.

JPMS Fund-raiser

Get great holiday gifts and help John Poole Middle School by ordering Yankee Candles during the JPMS Yankee Candle fundraising sale from September 13 through October 8. Every JPMS student has a Yankee Candle sales packet. Orders will be delivered before Thanksgiving. For more



The PES PTA and administration cut the ribbon on new playground equipment. Jerry Klobukowski, Lynda D'Amelio, PTA President Lynne Rolls, Principal Darlyne McEleney, Lisa Dominici, Juliet Raines, Michelle Hobbs, and Kari Marshall.

information, contact Sharon Armstrong at awakejake1@aol.com or Marilyn Soltis at marilynsoltis@hotmail.com.

**"CHS Field Hockey" Continued
From Page 11.**

Hannah Fann, Zeona Walker-Latney, and Caitlin Scalzi scored for Clarksburg attack with two assists from Bertrand. Fann also had an assist. The Coyotes also got solid performances from Monica Stein, Anna Hackett, and Olivia Pond. Bible had several good saves in goal.

Winners of seven games last year, despite losing their first six (five by one goal and one in overtime), the Coyotes reached the regional semifinals before falling to top-seeded Quince Orchard last fall. "One of our team goals is to go deeper than ever before in the playoffs," said Natoli. Clarksburg continued its early success beating Paint Branch, a 4A state semifinalist a year ago. "The Paint Branch game will be a good measuring stick to see where we are at this point in our season," said the coach before the game. "They are coming off of an excellent

season."

The Coyotes led 3-0 shortly after halftime and, this time, withstood a furious Panther rally. With fourteen minutes left in the half, Anna Hackett scored for the Coyotes, and Olivia Pond followed with another just before halftime. Monica Stein then added a third score five minutes into the second half.

With just three minutes left, the Panthers were able to score two goals. After a Clarksburg timeout, the Panthers kept up the pressure, but it wasn't enough to overcome the Coyote lead. With a tough schedule coming up quickly, the Coyotes look to continue their early success.

The Coyotes have raised the bar.

**"PHS Field Hockey" Continued
From Page 12.**

Poss (Jr-MF/D), and Jocelyn Bodmer (So-D). Amy Defnet had four saves and another shutout.

Then on September 16, in a light rain, Poolesville bested Churchill at home, 3-1, to move to 3-0 on the season. Carnahan scored her second goal of the season with 12:20 left in the first half. The way the Falcons defense was playing, that looked like it might be enough, but Churchill

scored as time expired in the first half. Poss put the Lady Falcons back on top with 22:57 left in the second half, blazing up the middle past the Bull Dog defenders like a basketball player—she also plays varsity basketball—going to the hoop and beating the goalkeeper for her first goal of the year. Sophomore defender Kelly Hughes gave Poolesville some breathing room with a goal at the 22:43 mark in the half.

POOLESVILLE MASTER PLAN SURVEY

www.ci.poolesville.md.us

Every ten years, the Town's Master Plan is revised to cultivate visions and guide future decision makers. The Planning Commission has posted a new, short, and online survey on the town website (click on Master Plan Survey link) and they **WANT TO HEAR FROM YOU**. This is an easy and excellent opportunity to voice your opinion on Poolesville's future. If you do not have access to the internet, please contact Town Hall at 301-428-8927.

Survey ends September 30

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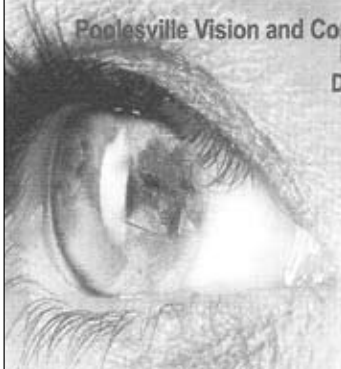
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